CHURCHILL & DISTRICT NEWS

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Gippsland Cancer Care Centre Meet the Team

By RUTH PLACE

ON Tuesday 20 June, I had the privilege of meeting the radiotherapy team of the Gippsland Cancer Care Centre at Latrobe Regional Hospital. I was very impressed by their excitement at starting this new centre, and also their obvious respect for each other and their work ethic as a team. There is no question of their level of commitment as a team and their common goal is the provision of the best radiotherapy service for the people of Gippsland.

This team is assembled from all corners of the globe and they bring a wealth of knowledge and experience.

Dr. Al Abdelaal is the Clinical Director of Radiotherapy and a radiation oncologist. He hails originally from Egypt and after achieving his Fellowship and Ph.D in Scotland, he re-located to New Zealand where he has worked for the past twenty years. He says he wanted a new challenge, and the Gippsland Cancer Care Centre has provided him this opportunity with a facility that has all the latest modern technology.

His commitment to this position is shown by his relocation to the Latrobe Valley. He says he feels so welcome, and the people are so friendly. He is looking forward to providing a radiotherapy service so it can relieve some of the hassles experienced by country people who have previously had to go to Melbourne for treatment.

Dr Al Abdelaal said the immediate focus of the team was to complete the necessary six weeks of commissioning of the radiotherapy equipment before beginning patient services. William Buckland Radiotherapy Gippsland will treat the most common adult cancers including prostate, breast, rectum and lung cancer.

The Gippsland Cancer Care Centre incorporates the

a new energy

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services of Dr John Scarlett- the medical oncologist radiotherapy and chemotherapy. These services are in combination with regional physicians and medical specialist while ensuring the provision of multi disciplinary care for patients.

Jo Smylie is the manager of the radiotherapy unit. Jo has a wealth of experience and a long background in radiotherapy. She did her training in Melbourne, went overseas and then returned to Australia to work in Adelaide. Jo then went to Melbourne's Alfred Hospital and set up the William Buckland Radiotherapy Centre. Her vast experience also took her to work at Peter McCallum Cancer Institute where she was involved in the set up of new services in the rural sector at Bendigo and in the city at Epworth Hospital. The Gippsland Cancer Care Centre is the fourth new radiotherapy service to benefit from Jo's experience.

Jo said the opportunity to help set up the Gippsland radiotherapy service came at a time when she and her husband were looking for a change and a different lifestyle. So they have purchased a forty two-acre property at Currajong South. Jo's husband has retired and he will spend time at the property, while Jo, who couldn't resist this exciting career change and the temptation to be part of the Gippsland Cancer Care Centre's radiotherapy team, will work on until she too retires to their "own personal sanctuary in the hills".

Jo describes her team as great. They will be employees of the Alfred and the extended team will include employees of Latrobe Regional Hospital. Together they will provide a much-needed service to Gippsland.

Continued on page 2



EFFORTS by Churchill Cricket Club Inc to tackle the difficult issue of alcohol management in community sport have resulted in the club receiving a Level 1 accreditation award under the Australian Drug Foundation's Good Sports program.

The program has been designed to assist clubs with the responsible management of alcohol through the development of a code of conduct. It is the first nationwide alcohol accreditation program of its kind.

The program breaks the so-called link between alcohol and club profits and in the process guides clubs to a healthier future by becoming more attractive to a wider range of people in the community.

Churchill Cricket Club Inc spokesperson, Craig Flanigan, said today that "We offer friendly and safe club facilities which comply with Liquor Licensing's legal requirements. An important part of that was to put our bar servers through a training course in responsible service of

alcohol".

"We want people to know the Churchill Cricket Club Inc.'s focus is sport, not drinking. We serve alcohol in a safe responsible manner and it's certainly not our reason for being here. I can assure all members of our community that this is a welcoming and safe place to play, or watch, some great sport without fear of 'boozy louts' ruining your day."

The club will be regularly monitored to ensure compliance with the accreditation criteria.

The Good Sports program was developed following research conducted by the Australia Drug Foundation which showed that by introducing responsible alcohol management policies, clubs were able to improve their image and increase their revenue.

Clubs interested can get more information about the Good Sports program from Dawn Martin from Good Sports on 03 5142 3483.



Peter Kearns (left) presents the Good Sports award to Churchill Cricket Club's Craig Flanigan

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a new energy in community building Community Information Se	Intergenerational Community Hub Community Information Update essions on the for residents of Churchill and surrounding communities. All Welcome
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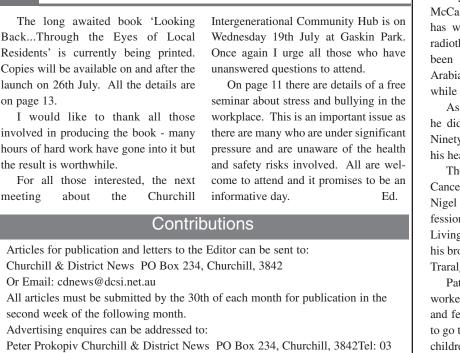
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EDITORIAL



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on State Government matters? For friendly advice and assistance please contact

Need advice, information

Brendan Jenkins MP State Member for Morwell District Nigel Cristofaro has come from the United Kingdom to work in the Gippsland Cancer Care Centre and he is the Senior Radiation Therapist.

Nigel grew up in Melbourne and worked at the Peter McCallum Cancer Institute, but left in the early 90s. He has worked with Jo in the establishment of the new radiotherapy service there. But his experience has also been broadened by working in Canada, and Saudi Arabia. His wife is also a radiation therapist. He met her while working for six years in Lincolnshire.

As a child, Nigel loved to come to Gippsland, where he did bush walks in the high country and fished on Ninety-Mile Beach. Gippsland holds a special place in his heart.

The opportunity to come and work at the Gippsland Cancer Care Centre was marvelous, as it has allowed Nigel to face what he describes as an exciting new professional challenge, while moving to an area he loves. Living in Gippsland will also enable Nigel to be close to his brother and his wife, who are general practitioners in Traralgon, and their family.

Patrick Mink is from Tennessee in the U.S.A. He has worked in radiation therapy for fifteen years. He met and fell in love with an Australian girl who was unable to go to the USA to be with him due to her two beautiful children, so Patrick has moved over here. Both of these people prefer the rural areas. The opening of this centre was a marvelous opportunity for them both to move together, and be part of this exciting project. So they have purchased a wonderful property at Yinnar South.

Patrick already feels at home. Each of the staff has similarities to himself. He feels welcomed, accepted, and needed.

Peter Griffin is newly graduated from RMIT as a radiation therapist. Peter did his Internship at the William Buckland Radiotherapy Centre at the Alfred where he worked with Jo.

When he was offered a position at the Gippsland Cancer Care Centre he jumped at the opportunity to work in a new service being established from the bottom up, and learn all the ins and outs of setting up a new

service.

Gippsland Cancer Care Centre - Meet the Team

Peter chose radiation therapy as he wanted a career in something medical. He sees his work as an opportunity to be involved with the newest technology, while giving something back, to help those in need.

Continued from page 1

Peter grew up in Bairnsdale. This setting brings him closer to his family and he has a girlfriend that has moved down from Melbourne to be with him.

Christy Glenn also studied at RMIT to be a radiation therapist. Her internship was again at the William Buckland Radiotherapy Centre at the Alfred. Christy is a very bright student. She graduated at the end of last year and is already half way through her Master's Degree. Christy worked closely with Jo at the William Buckland Centre through her internship and when Jo asked her to be part of the team, she accepted as an opportunity to be involved with all areas of the Centre's work and she is extremely excited about it.

Christy grew up at Rochester near Echuca. She too is making Gippsland her home and is currently building her first house here. Her boyfriend will hopefully move down here too when work becomes available. Christy is a trained facilitator for the "Living With Cancer" program. In another issue we will find out more about this very practical program.

So the work begins. The official openings and open days are over, the Gippsland Cancer Care Centre will be seeing it's first radiotherapy patients on 11 July, with the chemotherapy and medical oncology services already operating from the Centre. The first patient radiotherapy treatments begin on the 24 July.

The radiotherapy equipment being used is the newest of its type. These people have been involved with the project over a long time and they are very excited about getting started.

The team is dedicated to this purpose built radiotherapy facility and to the patients who will use it.

Be assured you will be greeted with a happy smile and a friendly welcome at the Gippsland Cancer Care Centre.

Identity Fraud

Identity-related fraud is a growing concern in Australia. Today it is possible for some-one to obtain a range of identifying documents and/or information through fraud, deception or theft. Completely false documents can also be created using stolen personal information. These documents can then be misused in order to profit at our expense. For example, bank account details, date of birth and tax file numbers can be used to take funds out of bank accounts or fraudulently apply for loans.

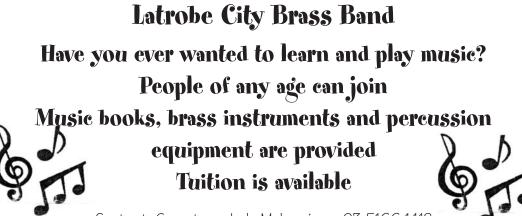
This unlawful use of another person's personal information is known as identity-related fraud. There are a number of simple precautions to take in relation to the disclosure, disposal, maintenance and storage of you personal information in order to reduce the risks of becoming a victim of identity-related fraud.

Disclosure: Do not provide personal information and data to any-one unless you have reason to trust them. In particular, verify the identity of any-one claiming to be from your bank or credit card company, or offering you the chance to receive a prize or other valuable item. This includes internet or on-line transactions. You could do this by checking their address, asking some-one else about them or telephoning them back - even if they are overseas. Be careful of the personal information you convey in public. When disclosing your personal information on the phone or entering a PIN number into an ATM or EFTPOS terminal, make sure that no-one is watching you.

Disposal: Do not deposit ATM, debit and credit card receipts in public places. Take the receipts with you and destroy or shred them carefully. Carefully destroy or shred expired documents such as driving licences, passports, credit cards and old financial records such as tax returns and bank statements. If you wish to retain them, keep them under lock and key.

Maintenance: Maintain careful records of your banking and financial accounts to ensure that they do not include any transactions you did not make. Keep track of when you are to receive your financial statements, replacement cards and utility bills, to ensure that they arrive and are accurate.

Storage: Store your valuable official documents (such as passports and birth certificates) as well as financial and acounting records in a secure place. Do not carry official identification documents, such as your passport or birth certificate, unless you need them. Use a locked mail box. If you leave town, have your mail held at your local Post Office or ask a person you trust to pick up your mail on a daily basis. Do not leave documents such as car registration papers or expired drivers licences in the glove box of your car or lying around your home. Do not carry your tax file number, PIN or passwords in your purse or wallet.



Contact: Secretary Judy Mckenzie on O3 5166 1412 Tuesday night rehearsal - 7.30pm at the Band Room on the Morwell Town Common

Jo Smylie, Gippsland Cancer Care Centre Radiotherapy Unit Manager, receives a cheque for \$1,008 from Pat Hrynyszyn committee member and Barbara Beebe President of the Churchill and Monash Women's Golf Club

Golf Club Hit a Four for Cancer Centre

The Churchill and Monash Golf Club kept their eyes on the ball during their Good Friday and ANZAC golf days with a view to raising funds for the Gippsland Cancer Care Centre Appeal.

Traditionally each Tuesday is 'ladies day' at the Club but with ANZAC Day falling on a Tuesday this year, the ladies opened up the opportunity for their male golfing counterparts to assist in the fundraising activities.

The focus on supporting Gippsland based cancer services was especially important for Pat Hrynyszyn, a committee member of the golf club. Pat is a cancer survivor and recognises the benefits the Gippsland Cancer Care Centre will bring to this region after she has experienced the challenges of travelling to Melbourne for her treatment.

New **Developments** for Churchill

By Margaret Guthrie, President

CHURCHILL DISTRICT

A new development of interest to Churchill residents is the proposed Safeway supermarket on the land that is currently the Churchill Hotel/Motel. The proposal includes several small specialty retail shops to be erected next to the supermarket and car-parking.

About a dozen objections were received by Council, so a Planning Mediation Meeting was held on Friday 30th June to discuss the issues raised. Cr. Darrell White chaired the meeting and Darryl Fitzgerald, Manager City Planning, along with representatives of Woolworths and its consultants, were in attendance.

The site is already zoned 'Retail 1', so is considered appropriate for a retail development. It is proposed that the supermarket would operate 7 days a week, from 7am to midnight. A sign advertising the supermarket will be the subject of a further planning application if the proposal proceeds. The issues raised included the shop vacancy rate in Churchill and the need for a second supermarket, pedestrian and vehicular connection to the existing shopping centre, local traffic management and congestion, noise, storm water and waste management, landscaping, and the effect on a semi-rural town that this development might have.

Council advised that, if the planning permit is issued, landscaping, storm water and waste management plans will all be a condition of construction. Woolworths' representatives also noted the concerns regarding pedestrian links to the existing centre and plan to work on this issue in their final plans. Interesting discussion took place on whether a new Safeway supermarket would trigger further commercial investment in Churchill, or if it would cause even more shop vacancies in the existing shopping centre. Council's planning department will now consider the issues raised and make a recommendation to Council. It is likely that Councillors will consider the application and recommendations for a decision at the July 17 meeting of Council. Members of the public are able to attend this meeting and are also invited to contact Cr White if they wish to express an opinion prior to a decision being made.

The proposed Churchill Intergenerational Community Hub (multi-purpose building) is another development of great interest to Churchill residents. Further public meetings are to be held in July for the community to see the final concept plans for the new building in Phillip Parade and the redevelopment of the public hall. A number of meetings of the Management

Group have been held since the last public meeting, and the architects have been hard at work drafting further plans.

The concept includes 3 distinct areas - Children's Services, Neighbourhood Learning Centre and Community Library with shared meeting rooms, whilst the town hall redevelopment includes a workshop area downstairs and a multi-purpose space on the top floor. Storage areas will be included throughout. Two public meetings will be held to allow as many residents as possible to attend. Community support is required for this project to proceed.

In Amaroo Drive an energy-efficient (6 star rating) house is being constructed, which will be auctioned by the Office of Housing once complete. The house is designed to take advantage of its northerly aspect by having a veranda that shades the interior from the summer sun, but allows the winter sun to warm the polished concrete floor through the front windows. The reverse brick walls keep the heat in, and likewise, keep it out in summer. Each room has an external door that may be opened in summer, further cooling the house by convection principles. The house has also been designed for disabled access.

This project is providing employment and training opportunities for young people in Churchill, many of whom will likely to go on to further employment or apprenticeships after their work here. The land is leased by the Office of Housing to Latrobe City Council for the duration of the project. TRY Youth Services is supervising the construction.

Another new planning application is before Council for a medium-density housing development in Acacia Way. The proposal is for 6 houses to be erected on the area (currently zoned for 4 residential blocks).

Construction of the new residential development -'Winston Estate' - at the western end of Canterbury Way is well under way. Roads and kerbs and channelling are almost complete and housing construction has begun. Phase 1 of this development will see some 24 new houses and occupants of our town.

All residents of Churchill and district are welcome to join CDCA and attend our monthly meetings. Next meeting will be on Wed August 9 at 7pm in the 'Outback Room' at the Churchill Noodle Bar. We can be contacted by writing to PO Box 191, Churchill 3842, emailing wc-bs@net-tech.com.au or by phoning Secretary, Rob Whelan, on 5122 3602



PRESCRIPTION

CHOICES

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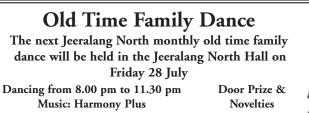
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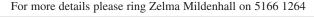
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Church News

Church Times

Co-operating Churches of Churchill Rev. Dr. Bob Brown Williams Avenue, Churchill. Tel: 5122 1480 Glenda and Ian Combridge Tel: 5166 1819 Sunday Service: 9.30am. Choruses: 9.20am Lumen Christi Catholic Church 35 Walker Parade, Churchill Tel: 5122 2226 Father Malcolm Hewitt Saturday: Mass: 7.30pm Sunday: Mass: 9.30am 1st, 3rd, and 5th Sundays: Yinnar: Mass: 11.00 am 2nd and 4th Sundays: Boolarra: Mass: 11.00am

Churchill Christian Fellowship Maple Crescent, Churchill. Sunday: 10.00am Ladies Meeting: Tuesday 10.00am



Saturday Breakfast

By KEITH ENDERS

The last Breakfast was held on 24 June at the Co-Operating Churches and Mark D'Alterio was the guest speaker. His talk was titled 'Bails Justices, and Justices of the Peace - Who are they and what do they do'.

Mark has been a Bail Justice since 1990 and was appointed a Justice of the Peace in 1992. In his talk he outlined the duties of both positions and some of the historical background, JP's in particular with their beginning going back hundreds of years in England. The positions are honorary and before being appointed involves some training for the positions.

JP's used to sit on the 'bench' and hear cases and applications for bail but they were removed from that role quite a few years ago, a decision which did not sit well with many JP's. Later, the position of Bail Justice was introduced to hear applications for bail in the absence of Magistrates who normally only sit during working hours. Hence Bail Justices do their work outside normal working hours which can mean very early morning or late night visits to Police Stations to hear bail applications.

JP's carry on their traditional role of witnessing signing of documents, etc. Mark indicated that he enjoyed the work but there were times which were distressing and stressful when dealing with cases which involved abuse, drugs, family problems and similar situations. Bail Justices used to be called by police when required which meant some were used more often than others because some police had particular 'favourite' Bail Justices. The problem has been overcome by a roster system which is in the process of being computerised which means the work load is more evenly distributed.

Mark has been involved in a number of community organisations as well as those associated with his position as a Bail Justice. These have included inaugural Chairman Central Gippsland Branch Royal Victorian Association of Honorary Justices, 1991-1996, vice chairman Central Gippsland 1996-2000 and other positions currently held locally - training, Police Liaison, roster Co-Ordinator and Mentor for Bail Justices.



Uniting Church, Traralgon District Family Ministry Worker (0.5)

We seek a skilled person, lay or ordained, with experience and a demonstrated ability in the development of lay leadership and family worship.

The person will work as part of an enthusiastic ministry team to build up the faith of the congregation and help them achieve their mission goals.

For a Position Description, and Expressions of interest, contact:

Rev A Thompson, Secretary, Placements Committee 130 Little Collins St Melbourne 3000; email: allan.thompson@victas.uca.org.au Phone 0417 325 560 APPLICATIONS CLOSE FRIDAY 21 JULY, 2006

Chaplaincy Contemplations

The middle of the year brings students who are relieved to have completed assignments and sat their exams. Then a period of relaxation can ensue. The staff can also take a small break from teaching after marking many assignments and collating results. This provides an opportunity for a focus on research interests.

The activities in the Spiritual Centre will recommence on the week of July 17th. See below re: days and times.

MONDAY (every 2nd week commencing 17th July 2006) 12noon-1pm: Thai Buddhist Meditation

MONDAY (every 2nd week commencing 24th July 2006) 12noon-1pm: Japanese Buddhist Chanting

TUESDAY 12:15-12:45pm: Relaxation and Meditation

TUESDAY - 12 Noon-2pm in the Prayer Room: Bible Study

WEDNESDAY - 12:15-12:45pm: Yoga

THURSDAY - 1:15-1:45pm: Christian Worship

THURSDAY - 5:30-7:30pm - Shine Christian Group Meeting

FRIDAY - 1pm - Muslim Worship and Prayer

Please phone 51226425 if you wish to know more about these events.

The iThink Seminars will commence on Wednesday 23rd August in the Hexagon at 1pm. This year the theme is that of social justice and the speakers and topics are listed below.

23rd August: Dr. Chris Laming -Lecturer in Social and Community Welfare: "Privileged passion or passionate privilege"

30th August: Associate Professor Colleen Lewis: "What you didn't know about crime and never dared to ask."

6th September: The Right Reverend John McIntyre - Bishop Anglican Diocese of Gippsland: "Black And White Australia: Reconciliation and Hope"

13th September: Assoc. Prof. Lindsay Fitzclarence - Assoc. Dean, Faculty of Education, Gippsland Campus: "Darwin Lives, God Dies - We All Lose" Social Justice, Science and Technology and Education

20th September Dr. Ashraf Kazi -Lecturer, Dept Business Law & Taxation: "Existence Of Child Labour In The 21st Century and Human Rights: Social Justice-, International Perspectives and Legal Implications."

The University is developing a friendship program where people in the community might like to mentor a student from another country or from a distant place in this country. If you are interested in learning more about this program and offering friendship and support to students please contact Freda or Elaine on 51226425 and ask to be sent an application form. It does give the community an opportunity to practice hospitality and to learn something about other places and cultures. A blessing for both the student and those who offer to become involved as mentors and friends.

Whenever we meet people from other cultures or who are very different from us in this Australian culture it can be easy to judge what is different and what we do not understand as a negative. Matthew, Chapter 7, Verses 1-5 reminds us about the hypocrisy of judging others. "Do not judge, so that you may not be judged. For with the judgment you make you will be judged, and the measure you give will be the measure you get. Why do you see the speck in your neighbour's eye, but do not notice the log in your own eye? Or how can you say to your neighbour, 'Let me take the speck out of your eye,' while the log is in your own eye? You hypocrite, first take the log out of your own eye, and then you will see clearly to take the speck out of your neighbour's eye."

In Verse 12 we are given the "golden rule".

"In everything do to others as you would have them do to you; for this is the law and the prophets."

These words from the Gospel of Matthew are pertinent in our decision to reach out to others and to offer care and companionship to those in our community who are different and possibly because of this, lonely.

Blessing on you all at this wintertime. Rev'd Lyn Porritt,

Chaplain,

Monash University, Gippsland Campus

Christian Unity Our Church was the venue for the Oxfam/CAA annu-

al dinner and speaker night on 7 June. Robyn Heckenberg from Monash Indigenous Studies was the speaker.

The Ladies Fellowship enjoyed a night of sharing of the significance of an object, special to each person.

On 16 June, Rev. Bob was our host extraordinaire, for a Film Night. A showing of the DVD "The Weeping Camel" followed a Soup and Sandwich tea, for which folks who attended paid \$2. The proceeds of the evening will go to help the youth who will accompany Bishop John and Archbishop Jeff on their next trip to the Parish of Gahini in Rwanda.

The Saturday Breakfast guest speaker was Mark D'Alterio who spoke on Bails Justices and Justices of the Peace. Our Saturday Breakfasts are worth the effort of getting up early, especially in these cold winter months, but the range and interests of the speakers is a great enticement. The food is delicious also, and all for the small cost of \$2!

Co-operating Church Snippets

OUR month started with a wonderful service at Lumen Christi for the Week of Prayer for Christian Unity and Reconciliation. Representatives from both parishes, including Father Malcolm and Rev Bob met to arrange the details. The Church of Ireland had prepared the program, which was adopted, with a few modifications.

The service opened with an acknowledgement of the original custodians of the land- the Ganai/Kurnai people.

The readings, prayers and sermon all focused on our need to try to resolve differences and to offer friendship and peaceful means of solving the great problems of our world, as well asking forgiveness for the times we have not taken the opportunity to share love, not hate or indifference. We can learn from Jesus, our Saviour and Teacher who said "Love one another, as I have loved you."

One of the highlights of the evening was the beautiful visual representation of the Bible reading, Revelation 22:1-5, made by Trish. Thanks Trish for your talents used so inspiringly.

The evening concluded with a time of fellowship

CHURCHILL

ACCOUNTANT

TONY ANTONELLI

Buyback The Cores And Links

A public forum in Churchill in support of a Government buy-back of the proposed 'Cores and Links' reserves in the Strzelecki Ranges attracted 150 people.

The meeting was held at the Luman Christi Hall on July 1, the day a moratorium on logging in the Cores and Links officially ended. Cr. David Lewis provided the introduction by describing the work undertaken by the Srzelecki Working Group (SWG), which had scientifically determined that 8,400 Ha of the highest conservation forest in the Strzelecki Ranges should be permanently protected. These areas were designed to permanently protect critically endangered 'Cores' of cool temperate rainforest and the best examples of the surrounding mountain ash forest. Associated wildlife corridor 'Links' would provide a continuous reserve system between the existing Gunyah and Tarra Bulga reserves.

"The forest containing the Cores and Links were sold by the State Government to a timber company in 1998," said Cr. Lewis. "The current Government promised to ensure full protection of all conservation areas in the Strzelecki Ranges and they can do this by buying back the timber harvesting rights to these key areas sold in 1998. If this was backed by the State Government I think that the parties involved in the pulpwood contracts, that are said to require logging in the Cores and Links, would be strongly motivated to come to some alternate arrangement." Cr. Lewis went on to add that he understood that Grand Ridge Plantations would not log in the Cores and Links while they considered that meaningful negotiations on the buy back were taking place.

The second speaker was Anne Westwood from the Trust for Nature, which is involved in the buyback discussions currently taking place between the Government and Grand Ridge Plantations, the timber company. Anne's presentation included a collage of beautiful examples of the hundreds of plants and animals inhabiting the Strzelecki forests, which included the Powerful Owl, Spot Tailed Quoll and a genetically robust population of Koalas. Anne also explained how the Trust for Nature could facilitate the reservation process.

Julie Constable from Save Our Strzeleckis spoke passionately of the past proposals to reserve key areas of the Strzeleckis, and of the importance placed by the community on achieving the Cores and Links reserves. The Cores and Links covered only 25% of earlier community requests for reserves. Ms Constable said that current-



ly only 2% of the Strzelecki were protected in Reserves, the lowest level in the State.

The fourth speaker was Anthony Amis, representing Friends of the Earth. Anthony explained the effect of logging in the Strzelecki Ranges on water quality supplied to local towns. This was due to the range of chemicals used to promote growth of plantation timber and the high water use of young plantations.

John Gunson, chairperson of the Strzelecki Forests Community Group, closed the meeting with an appeal to all those interested in reserving the Cores and Links to write to Environment Minister Thwaites and the CEO's of Grand Ridge Plantations and Paperlinx.

"Popular support for the Cores and Links reserves is critical to the State Government" Claimed Mr. Gunson. "A very wide range of community organisations including Local Councils, conservation groups and the Catchment Management Authority have supported the Reserves, but the effect of strong support from the Gippsland community can not be over-estimated"



Huge support for Government buy-back of the proposed 'Cores and Links' reserves in the Strzelecki Ranges

Music at Lunchtime

The School of Music - Conservatorium at Monash University regularly hosts lunchtime concerts which includes musical performances by outstanding students and staff of the School of Music, as well as by other professionals from the international arena, Australia and from within the Melbourne area.

The concerts, held at the Hexagon Theatre at the Gippsland Campus starting at 1.10pm, are free. The program for semester two is as follows:

Wednesday July 26 'The Intimate World of Robert Schumann'

Schumann excelled in writing lyrical piano music and songs, but also composed notable orchestral, chamber and even choral works. An active and controversial music journalist and critic, a love for literature also informed his music. This program is a celebration of the 150th anniversary of the death of Robert Schumann.

Wednesday August 2 "A Little Wrae of Sun"

RaeHowellreturnstoGippslandcampusagainthis(afterreturning



from recent music residency at The Banff Centre in Alberta Canada - an International Arts and Cultural Facility in the heart of the Rocky Mountains) with her Sunwrae Ensemble. Just follow the rays around the sun and you will find what you're looking for!

Wednesday August 9 "Perfect Timing"

A tribute to Anna Russell, concert comedienne extraordinaire! "You can do anything as long as you sing it!" Wednesday August 16 "Strings of life"

This concert features a performance by a graduated student who achieved the highest mark for his recital exam at the end of last year. You will be amazed by the standard of talent presented by this musician!

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Churchill Neighbourhood Centre Positive Start

We have had a positive start to Term 3, with new faces filling our classes. Welcome to all newcomers who have come along to learn some new skills in their chosen field. We have quite a few programs on offer, one important one being our Adult Literacy, Numeracy and On-Line Learning. If you are having problems and would like to improve your reading, writing spelling or numeracy skills, we have programs on offer that might suit your needs. These classes are run in a very caring environment. Night classes can be arranged if enough people are interested. Please call in to the centre or telephone if you require more information.

Our Beading and Machine Embroidery Techniques programs are proving popular and are filling fast.

We are running a Bag Workshop with Kathy Pavy on 3 and 10 August. Kathy uses a variety of machine stitches to embellish her bags and is willing to pass on some of her skills to those who may be interested. You will need to book early for this workshop.

25th Anniversary Quilt and Craft Exhibition

This Exhibition is being held on Saturday 2nd and Sunday 3rd September at the Centre, from 10.00am.

Entries close on the 3 August for the Exhibition. There is no fee for exhibits and prizes will be awarded by popular choice in each category. The categories include: Large Quilts, Small Quilts, Embroidery Machine, Embroidery Hand, Lace, Knitting, Beading, Dolls and Bears, Folk Art, Paper Craft, Lead Light, Pottery and Other Handicraft.

We have quite a few stalls already booked for our Market Place and much interest is being shown from Bairnsdale to Phillip Island. We hope to make this an interesting event, with various demonstrations being shown over the two days.

For more information and/or an entry form please contact the Neighbourhood Centre on 5122 2955.

Schools News

Kurnai College Churchill Campus

Margaret Corcoran.

Margaret has been the College Principal for a number of years now. Her contribution to the college has



been significant, and her departure will be noted with regret. Margaret will be taking leave from Kurnai Campus in Term 3, with the intention of resigning

exams. So the introduction of exams to Year 10 students is seen as a preparation for that forthcoming time, at the GEP. These exams are considered as part of the normal assessment process for these students. First Steps

This is the orientation program to introduce the year 10 students to the GEP. On Monday 5 June, the students had the opportunity to engage with the GEP staff to ask questions about subjects. The students were encouraged to ask about subjects in which they had not had a previous interest. This way they can broaden their knowledge as to what was available.

Outdoor Education

As part of the VCE (Years 11 and 12) subjects offered at Kurnai, some of the students went to Monash University to undertake the Ropes Course- a challenging activity. The day consisted of various name, trust and initiative activities, as well as low and high ropes elements. The Batchelor of Sport and Outdoor Recreation undergraduates run the course. Students from Warragul Secondary College also attended, allowing the groups to be mixed. This placed many students out of their comfort zones. The high elements course was a highlight for some students. The leap of faith was very challenging, but those who went through with it were very happy. The faith leap involved climbing a seven-metre pole. Once at the top the participant had to jump off and out in an attempt to touch a giant balloon, hanging suspended in mid air.

Mr. Frost, the VCE Outdoor Education Studies

Chaplain's Corner Liz Sulley is the

meet some of the nutri-



from the Education Department and Training in January 2007. Margaret takes her leave with some personal regret, as she feels her time at Kurnai has been very fulfilling.

In leaving, Margaret would like to thank the community of Churchill for its support of Kurnai College, during her years as Principal. Kurnai is a dynamic college with an exciting future, she believes. With the opening of the Gippsland Education Precinct (GEP), and the introduction of the ALPS course in 2005, Margaret is confident that Kurnai can cater for and offer students a wide range of programs geared to their needs, and aspirations.

Year 10 Examinations

students in Years 7-10 have not had to sit formal exams, they have not had any practice up until now, before having to go full on with Year 11 and 12 with people from the local churches and the wider community in an atmosphere that is relaxed, fun and supportive. At Churchill the Breakfast Program has an average of fifty students attending. The Churchill volunteer

tional needs of the students, and help them feel valued.

It is an opportunity for the students and staff to interact

team consists of Trevor, Anne, Lynda, Bronwyn and Liz. They also have the help of some fantastic students, who faithfully come along each week to lend a hand.

An interesting and varied menu is on offer, with hot Milo a popular drink on these cold mornings. Liz is always looking for more helpers, so if you are available and willing, please contact her at the college on 51221455.

Hazelwood North News

Students from Years 3 to 6 visited Gippsland Heritage Park in Moe recently.

• A team of netballers reached the semi finals of the Bessie Frood Netball Tournament in Morwell. They won three out of four matches in the mixed team section.

Junior School Council organised a Footy Colours Day to raise money to sponsor our World Vision child. • A reminder to prospective parents in Churchill and surrounding areas that Prep Enrolment Week will

be from July 24th to July 28th Documentation required is:

Proof of date of birth - the student must turn 5 by April 30th 2007

An Immunisation Certificate - available from Latrobe City Council.

• A reminder to past students, parents and staff members that 125th Anniversary celebrations will be held on Friday October 6th and Saturday 7th October. Please contact the school for further details.

Gippsland Education Precinct



Reception Staff

When you visit the Gippsland Education Precinct (GEP), your first port of call is the Reception. There, one of three ladies will look after you, Jackie Collinson, Jeanette Watkins and Bev Davies. All are happy to be in their job and have bright smiles. Nothing is too much trouble for them. They are great ambassadors for the GEP.

Jackie's and Jeanette's job entails taking phone calls, meeting and greeting people as they arrive, receiving fees, and looking after staff enquiries. Administrative tasks, including keeping student records up to date, completes their job description.

Jackie has been with the college for three years, and Jeanette is the new girl on the block, having started in January. Jeanette was previously working at Glengarry Primary School.

Bev has been with the college for 25 years, this month. Congratulations Bev! Those 25 years began at Maryvale High School, which became Kurnai Year 11 and 12. Bev's role is Campus Registrar and VAS Administrator. This job involves all money matters, including banking fees, and charges, and generally balancing the budget. Easy to say, hard work!

VAS Administration involves sending all students marks and records to Melbourne for registration with VCAA-Victorian Curriculum Assessment Authority.

All three ladies are enthusiastic about their work. They say it is great to be working in the new premises. They are proud of their uniforms which they say gives them ownership and membership, helping them to present a united team.

For them, the Official Opening was an exciting time, a culmination of a long process.



Gippsland Education Precinct Receptionists Left to Right Jacky Bev Jeanette



Hazelwood North Year 4 and 5 students at the gaol during their recent visit to Gippsland Heritage Park

Schools News

Churchill Primary School

Great News - 3 Year Review

The school has just completed its three-year review. Principal Rob Higgins, is very proud of the school and its marvellous improvement, made in all areas. The improvement in attendance is the best in the State.

The school would like to thank all the volunteers for their support for the Brekky Program, the Walking School Bus and Fruit supply. These programs have contributed significantly to the improvements. To make this wonderful achievement even more significant, two representatives from the Education Department visited the school to ascertain for themselves how the school's practices could be applied State wide!

During the recent holidays, State grant money was used to paint the inside of the school premises. A small team of staff and students have chosen a selection of colours to create an exciting new environment within the building.

Added to this, will be new furniture for a couple of classrooms and bag lockers along the corridors, which will help to keep the corridors looking neat.

Highlight Of The Term

For Principal Rob Higgins, one of the highlight of this term has been the excellent work achieved by some of the older students from grades 3-6. They have begun their research, taken digital pictures, and created digital videos. These will be launched later in the year at a date still to be confirmed, at an International Student Environmental Film Night. More details and invitations will come later in the year.

Science Group.

This group, consists of 20 students from grades 3-6. They meet weekly at lunchtime, and are part of the Federal grant program for "Environmental Science to Environmental Journalism". These students have identified sev-

eral waterway sites that lead to Lake Hyland, and two sites at Lake Hyland. Their purpose is to monitor these sites over the next eighteen months. The areas they will research will be water temperature, turbidity, PH levels, wildlife and frog census activities, under the leadership of teacher, Jeff Curwood. This information will be recorded using digital camera videos and stills. The information will be tabulated and added to the presentation. The youngsters involved will be required to present their work at various times in a scientific manner. The work will appear as posters located around the school, on the school's web site, as well as the Federal Program web site.

World Environment Day

This lucky group of scientists also had the opportunity to attend a day of activities at Traralgon, along with 9 other primary schools from the area. The aim of the day was to discover action in our waterways, what is happening in our area to improve water quality, and see what each school had chosen to do to help this process. Each school had to make a presentation, about their schools' Environment Week project. Most of the schools used an audiovisual form, which reflects the digital age in which we live. Mr. Curwood was very proud of the two school representatives, Gary and Elizabeth, who, though very nervous, did a wonderful job of presenting the frog project work undertaken by the Churchill students.

After the presentations the students did a number of environmental activities and then participated in a performance by Vox Bandicoot.

This day was organized by the West Gippsland Catchment Management Authority, and other organizations. It is an important link for the children as individuals and schools, to see the range of ways we can improve our water quality for the future benefit of the world and

*Adult: min 8 lines and

*Under 18: min 8 lines

*Children: up to 20

ourselves. It was voted a very good day which the children thoroughly enjoyed. Their enjoyment was

enhanced by receiving show bags, wrist bands, Tshirts, balloons, to name but some of the goodies. Hunger pangs were also taken care of

extremely well with the serving of a gourmet lunch sure to appeal to young healthy appetites.

This was a free day as even the transport was provided.

Space Disco

This was organized and run by the Junior School Council, with help from staff members.

Two sessions were held on Friday 9 June in the G.P. Room. The students were encouraged to dress up in space outfits. Prizes were awarded to Best the

Dressed, B e s t Homemade Costume, а n d Funniest

Costume. A loud time was had by all, and it w а S deemed a great success with \$420 raised. This money will be put to buying a new piece of equipment for the school Musical

Production This is the year of

the musical production, and rehearsals are well under way. It will be held on 4 -7 September. Keep your eyes open so you don't miss out on a ticket.

The production will take the audience on a time walk through old musical halls, exploring dance and songs from a bye-gone era.

New School Crossing

The new crossing is located in Coleman Parade. This means that there are less parking places, but it also provides a safe place to cross the road. Please be aware of this crossing particularly at drop off and pick up times for school.

Schools are busy spots traffic wise in the morning. The public needs to be very careful especially when it is foggy.



Poem(s)

Category

Churchill & District News Short Story and Poetry Competition 2006

THE Churchill & District News invites you to enter our Short Story and Poetry Competition. There will be some great prizes, with all entrants under 12 receiving a certificate of participation and a small gift. There are lots of categories to enter and no restrictions on subject

matter. CATEGORIES

1. Children's 7 and Under Short story/poem or picture story

2. Children's (8 - 12 yrs) Short Story (illustrations welcome)

3. Children's (8 -12yrs) Poetry (illustrations welcome)

4. 13 - 18yrs Short Story

- 5. 13 18yrs Poetry
- 6. Adult Short Story 7. Adult Poetry.
- 8. Local History My

Story. (This category will be judged on content alone and there are no restrictions on length of story, i.e. they can be under 1000

words.) 9. A Children's Story CONDITIONS OF

ENTRY *All stories must have

words a completed entry form

attached to the manuscript with a paper clip (no pins or staples)

*The author's name must only be on the entry form and not on the manuscript

*Entries must be original, previously unpublished work.

*Each entry must include a title

*Multiple entries will be accepted

*Unless otherwise specified, permission to reproduce entries in the Churchill & District News or for publicity purposes will be assumed. Copyright remains with

the author. *Writers will be credited whenever their writing in reproduced

*Entries must be received by 25th August

2006 *All pages should be numbered

Length of stories are to be:

*Adult: 1000 - 2500 words

*Under 18: 500 - 2000 words

*Children: up to 500 fee Poetry, free or rhyming

*The Judg final and no dence will be *Signing form for this constitutes ad

verse to be:

max. 48 lines.

lines

work.

and max. 48 lines.

*Entries

returned and

should keep a

these condition Entries to Churchill News Competition,

Churchill 3842 Date:25th Closing August 2006

Entry Fees: \$3.00 Per

Student

Concession or Student

Under 12 Categories - 50c. Special

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competition	Title of Story(s):	
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ns of entry	1	
be mailed to:		
& District	1	
Writing	I	
PO Box 234,	1	

Title of Poem(s):

Signature

Box 234, Churchill 3842

Short

Story/Childrens Story \$2.00 Concession or

Children, Under 7.

Name:	 	
Address:		
relephone:		

\$3.00 Per Poem - \$2.00

and U18

Category: Local History - no entry

	CHURCHILL & DISTRICT NEWS	
SHORT STORY	& POETRY COMPETITION 2006	ENTRY FORM
me:		_
dress:		_

I have read and understood the conditions of entry and agree to abide by them. I certify

Entry Fee to be included with Entry Form. Please make Cheques or Postal Orders

Payable to the Churchill & District News. No cash or stamps please: Mail entries to: PO

be completed on behalf of U12's by a parent, guardian or teacher.

that this is an original unpublished story or poem, written by myself. This entry form can

Switchback Gallery - a focal point for students and the regional community

Since its official opening by the Federal Minister for Communications and the Arts in 1995, the Switchback Gallery has developed into a cultural focal point for Monash students and the regional community. Designed by architect Roberta Rees and set amid tranquil landscaped gardens, the gallery provides an important showcase for the work of young and emerging artists and touring exhibitions. The entrance to the purpose-built structure is flanked by torii, the distinctive wooden gateways that mark the entrance to Shinto shrines in Japan.

The Switchback hosts about ten exhibitions each year, featuring work from students as well as regional, metropolitan and international artists. The broad ranging program includes contemporary work from all disciplines and is designed to encourage free-ranging discussion and debate between students, staff and the community.

At present the Gallery is hosting the traveling exhibition 'It's About Time!

8 Hour Day 1856 - 2006'. This exhibition runs until 15 July.

The program for the rest of the year is as follows

From 16 August - 7 September: Translation

Works on paper by Trinh Vu, Saffron Newey and Sarah Stubbs

Opening: 5pm Tuesday 15 August

13 September - 12 October: Works from the Monash University Collection Curated by Dr. Kyla McFarlane Opening: 5pm Tuesday 12 September 18 October - 9 November: Whiteout

Liliana Barbiere, Sharon Billinge, Anna Caione, Marieke Dench, Jodi Heffernan, Peter Kartsounis, Valentina La Piana, John R. Neeson, Greg Neville, Jill Orr, Adriane Strampp, Geoff Tolchard, Greg Waynn

Opening: 5pm Tuesday 17 October

15 November - 21 December: Gippsland Centre for Art and Design Final Year Student Exhibition

Opening: 7pm Tuesday 14 November The Gallery is open from 9am to 5pm Monday to Friday.

Pictured left: the 8 Hour Day Travelling Exhibition.





First Lady President For Hazelwood

The Rotary Club of Hazelwood has its first female President with the induction last week of Kay Radford, as President for the 2006/07year. Local businesswoman Kay, and her husband Tony opened the first business in Churchill in the late 1960's and have more recently been involved with a series of restaurants throughout Gippsland. The induction

ceremony was held at Century Inn on Saturday where a crowd of 80 Rotarians and Kay's family and friends saw outgoing President Aldo Minchella, handover the mantle of office to the first lady President in the Club's twenty eight year history. The incoming President's brother in law, Henry Buurman, a past District Governor of Rotary, also assisted in the induction.

Retiring President Aldo reported include breakfast meetings, a on a successful year of activities by the club and thanked all those members who had helped to make the

year one of significant achievement. Highlighting some of the major activities were presentations made by Ken Peake on Gippsland Rotary Centenary House and by Gary Watkinson on "Fiji Adventure", the club's involvement in assistance to communities in Fiji.

Aldo acknowledged the awarding during the year, of the club's first Paul Harris Sapphire Pin to Ken Peake for his outstanding work for Centenary House. He also stated that the club's hosting of the Group Study Exchange team from Denmark had been a rewarding experience both personally and for the club.

Kay spoke of her plans for the coming year and outlined a number of new and innovative activities planned for the future. These include breakfast meetings, a trip to the Barossa Valley and a tour and lunch at the Regional Gallery.

Parents Without Partners

Are you a lone parent? Are you single, divorced, widowed, separated and have children? If so, the Latrobe Valley branch of Parents Without Partners invites you and your family to come and meet with us. We are a non-profit organisation working together for all lone parents

in Victoria. Our activities include ten-pin bowling, movies, group trips, barbecues and many more activities. If you are interested please contact Fran on 5127 5951, Shirl on 5122 1291 or Eddie on 5126 1390.



Winter at the Wattle Club

Winter has arrived and the Wattle Club staff and members have put together a mural to show where their thoughts are at present.

Winter is a time to share with friends and so the Wattle Club set out for Moe to join their sister group for a lunch followed by concentration and bingo playing.

Another day they drove to

Warragul, via Willow Grove and the Old Sale Road, to see some countryside. It was a lovely tour they all thought. For lunch, they went to the Warragul Country Club.

A ten pin bowling outing completed their month of activities.

Wattle Club is an ADASS group run by the Latrobe Community Health Service for older persons living at home. It provides socialisation and recreation for members and is run by qualified leaders. It also provides respite for carers. For further information, please contact Shannon Vaughan-Co-Ordinator on 51220400 or 0400 067 632.

Pictured above: Chris McSwiney, Glad Morris and Ethel Stein

Keeping fit in the Latrobe Valley

Latrobe Community Health Service (LCHS) has been running Community Exercise programs for several years. Exercise instructor Kathleen Millet has been responsible for running these successful classes from Morwell to Boolarra, and Yallourn.

Last month Kathleen decided to branch out on her own and now runs private classes in the Community. Her departure has meant that the popular LCHS exercise program has been put on hold until LCHS can secure a replacement.

Qualified exercise instructors are currently in high demand in the Latrobe Valley. LCHS is recruiting for the position and hopes to fill it shortly. Until this time, LCHS are referring clients to other community based exercise programs within the Latrobe City.

As a health promoting organisation, LCHS encourages the community to take control of their health, and participate in regular exercise. LCHS' exercise programs enable people of all fitness levels to improve: Coordination, Balance, Circulation, Heart Health, Bone Density, Postural awareness, and understanding of the importance of exercise and the effects it has on the body.

Exercise classes are aimed at anyone in our community who is interested in creating and maintaining a better physical condition. All classes are low impact level with a choice of higher intensity if wished. Everyone is encouraged to work at their own pace. Exercises are simple and easy to follow. The LCHS exercise program offers both land and water based exercise groups. Water based exercise groups are particularly beneficial for those with arthritis to promote joint mobility. The weekly exercise classes focus on different muscle groups as well as different equipment such as: exercise bands; small hand weights; and balls.

The LCHS exercise program will be up and running shortly; until which time please contact Maree Scanlan, Manager of Allied Health and Community Nursing at LCHS on Tel: 5136-5494 to locate an exercise class near you, to register for future LCHS exercise programs, or if you are interested in finding out how Community Exercise Programs may help you.



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Lions / Lioness Clubs of Churchill & District Changeover 2006

By JOHN BARKER, Publicity On Wednesday 15th June, the Lions Club of Churchill & District and the Lioness Club of Churchill held their combined changeover dinner at the RSL in Morwell. Churchill Lions and Lionesses and partners, and visiting Lions enjoyed the evening. Lion Peter McShane was MC for the occasion.

The purpose of the changeover dinner is the installation of the newly elected President, Secretary, Treasurer and Board of Directors of the Lions and Lioness Clubs for the forthcoming year. The installer this year for the Lions Club was Lion Herb Smith of the Lions Club of Yinnar and District and for the Lioness Club was Churchill Lion Trevor Burgess.

The incoming Lions Club President for 2006/2007 is Steve Duggan. Outgoing President Kevin Rennie presented Steve with the gong badge of office and wished him and his board well for the forthcoming year.

The incoming Lioness Club President for 2006/2007 is Sue Lowick. Outgoing President Vicki Burgess presented Sue with the gong badge of office and wished her and her board well for the forthcoming year.

Lions Club

It has been another very busy year with the Lions club disbursing \$31,584 in donations and financial assistance raised from a staggering 6.357 hours of service. The club distributes disbursements throughout the year as needed, not in a presentation format at the end of the year as do some other clubs.

Disbursements this year included: 1. Lions International and Lions Projects (\$6,221) such as Youth Foundation, Ride for Sight, Lions Village Licola, Drug Awareness, Spinal Cord Research, Hurricane Catrina and Cyclone Larry, Childhood Cancer Research.

2. Youth Projects (\$17,255) including Camp Quality, Ronald McDonald House (Monash), Junior Fishing Competition prizes, Churchill & District News Birthday Club, Kurnai College Academic Prize, Primary School Student Awards, Junior Judo Club.

3. Local Area (\$7,585) including Salvation Army, St Vincent de Paul, Cancer Care Centre, Ulysses Toy Run, Koala Kinder, Churchill Citizen of the Year, Community Association, Gippsland Cancer Care Centre.

4. Others (\$523) including organisations and events such as National Stroke Foundation, Cystic Fibrosis, love wrap knitting project and Bone Marrow Institute.

Fundraising this year included: Catering continues to be the major source of income for the Lions club. The club is really well set up with three vans - a hot plate cooker, a deep fry cooker and a serving van - and has a good name for quality, cleanliness and value. Our "army of cookgear" has been increased by two "barbecue trailers" for small projects. Activities catered for include the Computer Expos, Junior Swim Meet, Junior Fishing Competition, Red Shield Appeal and Bunnings sausage sizzle for Camp Quality. Our biggest money raiser each year is setting up and catering at the Outdoor Expo - some 729 hours - assisted by the Lioness club and Morwell and Yinnar Lions. Other fund raising is the selling of Christmas trees, Lions Christmas Cakes and Lions Mints.

Local activities this year included: Australia Day, Churchill Citizen of the Year, Camp Quality Escarpade (car rally), Camp Quality

Camps, Neighbourhood Watch, Scouts, Santa visits, letters to Santa, Clean up Australia Day, Lions Village Licola, Mathison Park, School Awards and the very popular Churchill & District News Lions Birthday Club.

With the continuous dedication to service of the members of the Lions Club and the wonderful support of the community, 2006/2007 will be another great success.

Lions Club Executive 2006 / 2007 - President: Steve Duggan, Immediate Past Pres: Kevin Rennie, Secretary: Trevor Burgess, Treasurer: Peter North

Lioness Club:

The Lioness Club has had a very busy year disbursing \$6,100 from 3,900 hours of service, much of this being for the youth and families of our community. The club distributes disbursements throughout the year as needed, not in a presentation format at the end of the year as do some other clubs.

Disbursements this year included: LRH CADD Pumps, Mental Health Department, Hospital Packs, Hazelwood House Equipment, Life Line, Wattle Club, Hearing Dogs, Ride for Sight, Camp Quality, Junior Soccer Club.

Projects included: Hazelwood House Rose Garden, Camp Quality, Aid to the Elderly, Lymphoedema Support Group, Life Line, Community Fun Day, School LAP Program and Walking Bus, Friends of the Park, Hospital Packs, Baby Knitting, visits, catering at shows and Expos, Hazelwood House and Australia Day.

Lioness Club Executive 2006 / 2007 -

President: Sue Lowick, Immediate Past Pres: Vicki Burgess, Secretary: Vicki Burgess, Treasurer: Wendy Steenbergen.

BISTRO **OPEN 7 DAYS** LUNCH & DINNER All functions catered for Rooms Available for:

Morwell RSL Sub Branch Inc.

Meetings, Conferences, & Seminars

Entertainment for July

Friday 14th Saturday 15th Sunday 16th Friday 21st Saturday 22nd Friday 28th

Hound Dogs Two of a Kind Old Time Dance Low Profile Stoneage Coolchange

Telephone: 5134 2455

* Sunday The 16th June Old Time Dance Time Times: From 2 PM to 4 PM

Location of Lifeline

Although the Lifeline Churchill Op-Shop has been in its current location for nearly twelve months, some people have had trouble finding the shop.

The shop is in the bottom, or West Place Shopping Centre, so if you go up the walkway beside the Pizza Shop you cannot help but find us, just look for the Lifeline signs. For newcomers, the shop is a bargain hunters delight, with everything from clothes, books, linen, craft items, kitchenware and a host of other goodies.

If you have goods you no longer have any use for, and they are in good condition, Lifeline also has three recycle bins in Churchill where you can put the items.

Bins are located at the Churchill Leisure Centre, near the Churchill Veterinary Clinic and near the barbeque on the southern side of the West Place Shopping Centre. Goods that are left outside the bins often are stolen or are ruined by rain and therefore cannot be used by Lifeline so if your items will not fit in the bin, please bring them to the Shop any weekday from 9.30am - 4pm. You can drive almost to the door, and our volunteers will help you, or alternately you can ring the Lifeline Warehouse on 5133 7512 and arrange for a pick up service. If you have any queries you can always ring the shop during shop hours on 5122 2606.

Type II Diabetes **Information Program**

5127 9100.

lub

Latrobe Community Health Service 26th July, 1.30pm til 4pm. will be conducting a 5 week information program and shopping tour for people Latrobe Community Health Service, 42newly diagnosed with Type 2 Diabetes 44 Fowler Street, Moe. and those seeking an update in informa-

tion. A Diabetes Educator and a Dietitian

will host the sessions.

The group will commence on Wed

Thanks to the courtesy of the

Churchill Football/Netball Club the

Golden Oldies Club are able to meet each

Thursday at 1pm to 3.30pm in the Gaskin

Park Club Rooms, in a lovely warm

The Go Club is open to anyone who

GO

There are special feature afternoons with entertainers and trips to various places amid great friendship.

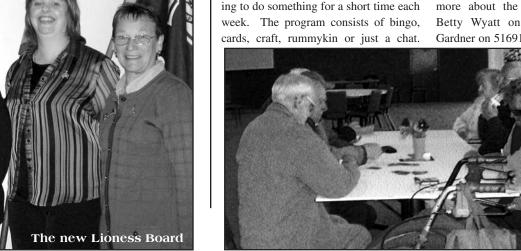
The program will be conducted at:

Bookings are essential and the cost is

\$10. Enquiries and bookings to Latrobe

Community Health Service Morwell, Tel:

Each session concludes with a cuppa. Perhaps you are looking for somewhere to go and meet other people and enjoy others company during the cold winter months. Please feel welcome to call in any time. If you would like to know more about the group please contact Betty Wyatt on 5122 1691 or Joan Gardner on 51691623.



atmosphere. would like to attend. The aim is for people to meet with others who may be look-

Gas heaters need to be professionally installed and properly looked after. An unsafe heater can cause a house fire or pollute your home with dangerous fumes. If you service your heater regularly and use it correctly, it will be safe and economical to use.

Servicing

Professional servicing, including inspection of the flue or chimney, is recommended. You should get your heater serviced:

*Immediately if there is any sign of trouble.

*Every two years (before the winter heating season), or more often if recommended in the instructions.

If you have ducted heating, contact the appliance manufacturer to see if professional duct cleaning is necessary.

Do-it-vourself cleaning

Do-it-yourself cleaning should be limited. You should only:

*Clean accessible filters as necessary (see instruction manual or contact the manufacturer to find out if this needs to be done).

*Vacuum out any duct registers as necessary (the register is the central heating duct opening in each room, which can be seen when the cover grill is lifted).

*Clean fans once a year if this is included in the manufacturer's instructions, or contact the manufacturer if you do not have an instruction booklet (many fans are not accessible for do-ityourself cleaning).

How to arrange servicing

Manufacturers and suppliers usually have recommended service agents. You can use these if you wish. You can also check the Yellow Pages (under 'g' for 'gasfitters') for a licensed gas person.

How to use a gas heater safely - what you should do

Always follow the operating instructions on the appliance or in the manual if you have one. You should always:

*Allow plenty of fresh air in - never seal up the doorways and windows.

*Prevent young children and elderly people from touching very hot surfaces. The normal dress guard only protects against accidental clothing contact.

*Be careful when drying clothes inside - keep all flammable materials at least one metre away from the heater.

What you should NOT do:

*Never use an unflued gas heater in a bathroom, bedroom or caravan. Toxic gases may

cause serious health problems in these situations. *Never use or store solvents and pressure pack cans near a gas heater -even if the heater is

turned off, the pilot light may still be on. *Never dispose of rubbish such as cigarette butts in a gas fire - this can affect combustion and

produce dangerous pollutants. *Never use an outdoor appliance inside (this includes barbeques and patio heaters).

Signs of trouble

A faulty gas heater can cause serious prob-



Senior Citizens fun and companionship

bills?

Then join Churchill Senior Citizens group that meets each Wednesday of the month at the Churchill Town Hall, between 1pm and 4pm.

Want to have a home cooked meal and not have the dishes to do?

On the second Tuesday of the month, they start their time together with a hot meal at Café le Mac

Between 14-15 members meet and time play cards- Crib and 500 are favourites- or the interesting and popular game of Rummykin. The group is hoping a few more people will join them

Do you want to save on your winter heating as they have the facilities for playing carpet bowls, but not enough bowlers!

Afternoon tea is served between games.

The Seniors also receive invitation to attend other group's outings and events, which adds interest to the year's calendar of activities.

If you are a Senior member of our community, and looking for some fun and good companionship and company, please come along to our regular meetings.

For more information please phone Eric on 51221422, or Bonnie on 51221575.

You will be warmly welcomed.



lems. Health problems that seem to be worse, or that only occur when the heating is on, may be caused by carbon monoxide from a faulty gas heater. Symptoms of carbon monoxide poisoning include:

*Shortness of breath *Tiredness *Dizziness *Headaches *Weakness *Nausea *Confusion *Chest pain.

High levels of carbon monoxide are very dangerous and may cause people to pass out or even die. If you suspect you may be affected by carbon monoxide, open windows and doors, turn off the appliance and go outside to fresh air. See your doctor and ask whether your symptoms may be related to carbon monoxide.

When to check your heater

Your heater needs to be checked if:

*There is a yellow or sooty flame (unless it is

a decorative gas fire). *The pilot light goes out unexpectedly, or

'pops' or 'bangs' when lighting. *There are signs of heat damage such as dis-

coloration of the walls or heater panels. *The walls become too hot to touch while the

heater is on. *There are soot stains around the heater.

Replace an out of date heater

Heaters do not last forever. *Old heaters - some heaters cannot be repaired for safety reasons and, sometimes, spare parts are not available for older heaters. If your not be possible or worthwhile for your service person to repair it.

*Older unflued gas heaters - (only allowed by law in homes supplied by LP gas cylinder or tank) do not meet current emission standards. You should consider replacing these heaters if more than 10 years old.

Three extra safety tips

*Always make sure that a patio heater is stable or fixed.

*Never use or store a gas cylinder indoors. *Never use an industrial type heater in a

Where to get help

domestic situation.

*Office of Gas Safety Tel. 1800 652 563

Human *Department of Services (Environmental Health Unit) Tel. (03) 9096 0000

*Your local doctor

*Licensed gasfitter

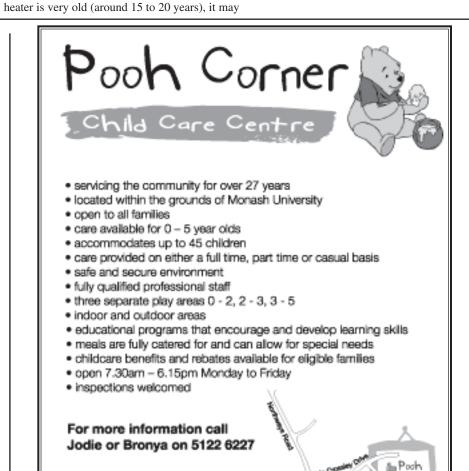
*Plumbing Industry Commission (to check that you're dealing with a licensed gasfitter) Tel. (03) 9889 2211 or 1800 015 129

Things to remember

*If you service your heater regularly and use it correctly, it will be safe and economical to use. *Some older heaters cannot be repaired for

safety reasons and should be replaced.

This article has been sourced by Hazelwood Health to provide up-to-date information on topical subjects.



Regional Achievement and Community Awards

The 2006 Regional Achievement and People's Participation Award, Kleenheat Gas ommunity Awards for 2006 have been now launched. The Awards highlight and reward the valuable contribution of volunteers, businesses, events and tourism operators, towns, environment and sustainability initiatives, individuals of all ages and community groups who are involved in making regional and rural Victoria a better place to live.

Nominations are being sought in the following categories: Australia Post Business Achievement Award, Australia Post Events and Tourism Award, Parks Victoria Regional Achieve Award, Parks Victoria Environment and Sustainability Award, Department for Victorian Communities Volunteering Award, Department for Victorian Communities Young

Community of the Year Award - Population under 5,000 and Kleenheat Gas Community of the Year Award - Population over 5,000.

Great prizes are on offer, including television exposure on Prime Television or \$2,000 AwardSaver Accounts from the Commonwealth Bank (conditions apply). Nominations need to be submitted by 28th July 2006.

Winners will be announced at a Gala Awards Presentation Dinner to be held in October. For more information or forms contact Debbie Christie on 03 9842 1122 or go to website the at: http://www.awardsaustralia.com/RACA_vic.h tml

Health and Wellbeing Obsessive-Compulsive Disorder (OCD)

By Professor DON JEFFERYS, School of Psychology, Deakin University

We all perform rituals; most are automatic and cause no distress. Think of the rituals performed prior to bed, on arising in the morning or leaving home, such rituals are normal and bring order to our daily life. Rituals are also a defining feature of obsessive-compulsive disorder (OCD). They are exhausting, time consuming purposeful acts that, unlike the rituals of everyday life, are irrational, unhelpful and unrelated in terms of what they are expected to achieve. Rituals or compulsions, as they are also called, develop to alleviate distress created by obsessions, the second defining feature of OCD. Obsessions are recurrent or persistent thoughts, images or impulses that occur in one's mind, which are distressing repugnant, unwanted and difficult to control. Once the obsession occurs, a ritual is performed, for example, if you are concerned with becoming contaminated, the obsession maybe the distressing thought that, if contaminated, a terrible consequence will occur. To alleviate the anxiety, hand-washing or cleaning routines take place until the individual feels a sense of certainty or "just right", an activity that may last for hours. After obtaining the "just right" feeling, the obsession may return at which time hand washing is recommenced. Checking rituals are also common in OCD, the sufferer believing that something terrible will happen for which they will responsible, unless checking occurs. Like all rituals, checking is performed repeatedly, i.e., checking that the doors are closed/locked or the stove turned off until the sufferer feels a sense of certainty or "just right". Regardless, of one's experience with OCD, it is disabling and a burden to sufferer and family.

OCD is not a rare disorder; today, we know that up to 2.5% of the population, at sometime, will develop OCD and for up to 60%, onset occurs prior to the age of twenty-five; OCD is common in children and adolescents. Many with OCD remain secretive about their illness, leading some to conclude that the incidence is higher than studies suggest. It is time this veil of secrecy was lifted; enhancing community awareness and recognition that OCD stems from abnormalities in brain functioning is vital for this to be achieved.

In addition to the obsessions and rituals endured by the sufferer of OCD, most unfortunately also suffer another psychiatric illness, the most common being major depression with onset occurring post OCD. Anxiety disorders also commonly co-occur with OCD. These disorders, which often occur prior to the onset of OCD, include specific phobias i.e., a fear of spiders, blood or needles, social anxiety disorder where one avoids performing or interacting in social situations for fear of unfavourable evaluation.

Can OCD be treated?

The answer is a clear YES, with successful treatments emerging in the last three decades. Treatment ought to commence early to prevent progression. The most widely used treatments are the use of the antiobsessional medications known as the selective serotonin reuptake inhibitors (SSRI's). Behavioural therapy is also used, which emphasises prevention of rituals being performed. Pharmacotherapy and behavioural therapy are equally effective in their own right, however, the best treatment outcome is the simultaneous use of both therapies.

There is much hope for those with OCD; the burden that compromises the sufferer's life and function of the family can today be relieved.

To read more about OCD you can go to my website: www.pamugide.com.au or contact:

Dr Don Jefferys PhD MAPs, Suite 4/140 Church Street, Richmond, Vic, Tel: 9420 1414, Mobile: 0418 364 038



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Safety Watch



Lake Hyland Stocked With Trout

Council

On Monday 5 June, Lake Hyland was stocked with large brown trout. The lake was one of only five in the state to be stocked with these lkg fish. This is a tribute to the Mathison Park Committee who have worked so hard to make the Park one of the best in the region. Brendan Jenkins MP was there to represent the Minister for Environment, and Darrell White represented Latrobe City

Stress in the Workplace

Free Seminar

This event will help to showcase Mathison Park as a premier fishing venue for this area and beyond. It will help to foster interest in the park and hopefully bring economic benefits to the town.

Latrobe City Council is hoping to encourage use of Mathison Park for at least two big events each year.



By JOHN BARKER, Publicity

The club now has a "new" vehicle to be readied for the Camp Quality esCarpade. It is a XE Falcon which will replace our very weary and much travelled HQ

Holden. Lion Peter North attended a Community Awards night.

Lions and Lioness Clubs presented a cheque to the Cancer Care Unit to purchase another CADD Pump.

Lions John Barker and Bob Lowick, and Lioness Margaret Barker and Sue Lowick (volunteers) attended a Camp Quality family camp in the Hepburn Springs/Daylesford area. There was pampering for the mums and daughters and adventure activities for the dads and sons. The Lions and Lioness Clubs held a joint changeover at the RSL in Morwell. Positions held are as follows: Lions: President Steve Duggan, Secretary Trevor Burgess, Treasurer Peter North and Lionesses: President Sue Lowick, Secretary Vicki Burgess, Treasurer Wendy Steenbergen.

Members have attended local Lions club's changeovers in the past few weeks.

Donations - Royal Flying Doctor, Churchill Primary School Camp, District Cancer Care Unit project.

Catering performed - Bunnings, Auskick

Catering coming up - Bunnings, Amateur Radio Club, Junior Swim Meet.

The Lions Birthday Club, spon-

sored and run through the Churchill & District News by our Lions Club, is a great hit. Teegan, Kieran and Ryan Marriott were each the happy Birthday Club recipients of a \$15 voucher last month. All children in Churchill and surrounding areas under 12 years of age are eligible to join. IS YOUR CHILD A MEM-BER? IF NOT, WHY NOT? Make sure your child is registered - just follow the instructions in the Lions Birthday Club list published each month in the Churchill News. WE NEED MORE MEMBERS.

To all the families in our great community of Churchill and surrounding district, we thank you for your support. Need to contact us? Our address is The Secretary, Lions Club of Churchill and District, PO Box 110, CHURCHILL 3842.

VALE FRANK LANGSTON - Sincere condolences to his family on his passing. Lion Frank (Bandit), Charter member, Life member. Will be remembered always.



Lucy Braun celebrated her 80th birthday with a lovely surprise party given by her family. She had a wonderful time catching up with all the family and some of her grandchildren she had not seen for a long time





Darrell White and Brendan Jenkins stocking Lake Hyland

Hazelwood House Happenings

Six residents went on a drive to see the aftermath of the bush fires and enjoyed afternoon tea at Erica (pictured below) Jean Ditterich (left) is keeping tabs on the vegetable garden and reaping the rewards of her hard work.



 r address is The Secretary, Lions

 ib of Churchill and District, PO

 x 110, CHURCHILL 3842.

 family on his passing.

 be remembered always.



A Churchill & District History Series Looking_{Back}. ...through the eyes of local residen



Umberto Penco

Umberto (Bert) Penco was born to parents Mario, who was Italian, and Elizabeth Fisher, of Austrian descent. He was born in 1930, the eldest of four children, three boys and one girl. Bert was born in a city and province, which, over the centuries, has been part of Austria Hungary. After the First World War it become part of Italy. In 1945 at the end of the Second World War, it became Yugoslavia under Tito. Since the death of Tito, Yugoslavia disintegrated and war erupted between different factions for domination. This caused division and Yugoslavia returned to the previous historic states. Fiume, where Bert was born, is located in what is now known as Croatia, on a peninsula, jutting into the Adriatic Sea, from the former northern coast of Italy. When it was part of Italy, the city was called Fiume, but now in Croatian territory it is called Rijeka.

Bert and all his family members were born and grew up in the city of Fiume, attending State School, and then High School. At the age of 14, when Bert's father died, he was compelled to leave school to begin work so he could help his family during the war last years. When the war ended, Fiume, became Rijeka and all the territory became part of Yugoslavia. Bert applied for an apprenticeship as an electrician. He was almost finished when he was called up to join the Yugoslavian army, at 18 years of age. Bert had seen so much destruction and death during the war that he didn't want to be a part of it, so Bert and two friends decided to leave, escape to Trieste in Italy. Trieste at the time was under American Occupation, and therefore a free state. Their escape was achieved over the border in the dead of night, detection would have meant jail, as they were deserters.

On arrival in Trieste, the three men contacted the Military Police and handed themselves in. They were subject to interrogation to prove and establish their identity. This process took about two weeks, and was carried out by both American and English army officers. They compared notes to establish that the three were not spies, but who they said they were.

There were questions like, where did you live? Where did you work? Then there was a map of the city of Fiume from which they had to identify buildings and indicate place names. It was an intimidating experience, which left them feeling nervous. When identity was established, the men were given identity cards, so they could walk around the streets without being challenged.

Three months after escaping, they were declared refugees. At this point the youngest friend had become so homesick, that he decided to return home, back over the border at night. Unfortunately, he was captured and sent to jail for seven years. Bert knew nothing of this outcome, or of other family matters, until after a visit to Australia from his surviving brother Luciano, forty years later.

Bert and his friend were controlled by the International Refugee Organisation, and so were sent from Trieste to a refugee camp to near Fermo, close to the Adriatic Sea. Here they were assessed for fitness, hygiene (they were subjected to spraying with white DDT powder) and given injections against every imaginable disease. They came out of the room after the hygiene assessment looking like white statues. Then followed a shower and they were clean.

Bert was four months off finishing his electrical apprenticeship when he escaped, so he was unqualified. He was given a test to ascertain his knowledge, and ended up being given a diploma. This of course was of no value when he came to Australia.

From Fermo, Bert his friend and all the refugees were sent to another refugee camp near Napoli (Naples), where they all stayed for a considerable time and were given literature from agents of different countries to choose their preferred destination. Some time later and decisions made, Bert, his friend and many other single people who had chosen the same destination, were sent to Napoli to board the ship- "General Hersey", bound for Australia. They were all allocated different tasks to perform during the voyage. A few days later more people boarded, including families with children. In total 1283 passengers sailed for Australia. They departed from the Port of Naples 16 Nov 1949, and arrived in Australia at the Port of Melbourne, 6 Dec 1949. They were sent by train straight to Bonegilla Migrant Camp, near Albury. After a while Bert became sick of camp life. He was eager to complete his two year compulsory work contract to repay the government for the passage to Australia.

Early morning was the best time to approach the office to see if there was any work available. He became separated from his friend, as Bert was sent to work on a farm.

Bert had learnt 'OK' and a few swear words from the ship crew aboard ship but that was all. All the single people on the ship had been allocated jobs to do. Bert had worked in the ship's galley (kitchen), washing pots, and peeling potatoes. His reward was a daily packet of American cigarettes as was given to all working passengers.

The farmer came and collected Bert, and took him to their destination, which was about two hours drive away. Bert could not speak English, and could not understand what the farmer was saying. Hand gestures were the only means of communication.

At the farm he had a small shed, under a large



call home and a corrugated round container that was his water supply. At night he had the posu m s S scratching and galloping over the roof, and in the morning, the magpies they

as

fruit tree to

Part 1

picked up the fruit. Bert's day started at 6 am with milking the three cows by hand into a large bucket. He had to learn how to milk, without getting milk all over his socks, shoes and trousers. He ended up with most of the milk in the bucket! This milk had to be separated, in a noisy hand operated machine, some to go to supply the house needs, and the rest to feed to the dogs.

Eventually Bert learnt a few tricks to keep the cow still while he milked. One was to mix an extra bucket of chaff and grain, to feed to the cow during milking.

After breakfast, he was hard at it again. The chaff crop had been cut and placed in stooks in the paddocks. It needed to be collected and stacked in the hay shed. To place the stooks on the truck, a pitchfork was used. There is an art in using one in this situation, and it took Bert a while before he could throw the stook with skill. Until then, he would throw the stook and it remained on the fork, or he could throw and it would end up over his head and back on the ground. His frustration was evident, even in remembering, although he was able to laugh at himself, and the picture he must have presented. He had a hard time learning the art, but got the idea eventually. Once he decided to stack more than was usual on the truck, with the result that the stooks hung out over the side, making backing into the hay shed a difficulty. The farmer's son took advantage of Bert when he asked him to help with the backing. Bert ended up backing into a post. The young lad thought it was a great joke. Bert didn't! He had to explain the accident to the farmer. There was another complication for Bert when driving. He had to get used to the steering wheel being on the right hand side of the vehicle.

Bert's employer told him once, and then he was expected to do the job by himself.

One small pleasure was being able to go to the farm tool shed and make use of pennies to carve ships and other things on them, which he gave to the kids. Bert has kept some of these coins up to this day.

After a month of this 12 hours daily work, and two pays under his belt, Bert was able to purchase a few clothes for himself in Albury . But he was sick of farm work.

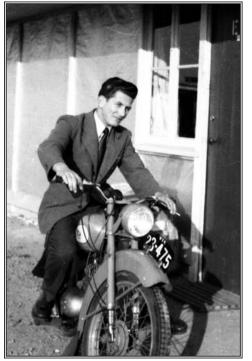
6 January was his birthday and he refused to go to work that day.

This irritated the farmer, as it did not suit him, so he indicated to Bert that he should pack his small store of possessions . He then took Bert back to the Employment Agency in Albury. A lot of conversation passed between the farmer and the agent, most of which Bert couldn't understand. Then the farmer left.

The agent used his phone to ring someone, and about one hour later, a jeep pulled up outside the agency. An Army Officer entered. Bert thought he was in trouble, but instead the man came across and took Bert's hand and shook it, asking him his name. Bert was very relieved! He took Bert off to Bandiana Army Camp. He was shown to a comfortable Army barracks where he unpacked his few possessions, and he was shown where to shower and clean up. Then followed a welcome meal in the army kitchen.

Early the next day, a nice fellow took him to the kitchen and introduced Bert to the cooks and kitchen staff. (Bert is sad that he has lost contact with this fellow over the years.) He showed Bert what to do and where everything was. Bert was sent to wash pots and do other jobs.

There was a great need for timber to be cut



and delivered to Bonegilla, Bandiana, and the Albury Hospital for heating and cooking purposes. Bert was sent to load the already cut timber from a location near a town named Yakadandak or something similar. The Army bought the timber. However during lunchtime, you could if you were willing, borrow the axe to cut wood for yourself and make some extra money. Bert tried this, and found it a hard job to make that extra monev

Then it was back to kitchen duties, as Bert's return was requested. One day while putting things away, Bert spied some bottles of olive oil. Bert was willingly given permission to use the it. The first thing he did was to make a large salad, dressing it using the olive oil. He sat down and started eating it, thoroughly enjoying a taste he knew from the past. Some other people nearby admired the salad, which Bert happily shared. They all thought it was delicious. Next, he made potato salad with vinegar, olive oil and other ingredients. His reputation grew. He was then sent to the Officer's Mess to do waiting for them, establishing some long-standing friendships. All this time, with the help of some willing army personnel, Bert came to understand more English, and be more competent at communicating.

One morning the roaring of army tanks going down hill toward the main gate aroused his attention. In reply to his question about what was happening, a soldier said that it was not training.

At this stage there were twelve men of different nationalities, working at the camp. A young Czech man became his friend. Some time later they were told that the Korean War had started and that they would have to leave the army camp. The Army arranged for the men to be taken to Albury, back to that same Employment Agency! For some of them, the next assignment was to work for the Melbourne Harbor Trust for the start of Appleton Dock construction. Bert was employed to deliver large concrete poles to the pole- driver tower for the construction of the docking wall.

Bert was involved in an accident when a steam crane, on a rail line, was delivering poles to the pole driver to be driven. One swung round too fast, and Bert tried to stop it colliding on to the tower. The pressure of the weight resulted in a broken wrist, which a hospital visit and x-rays confirmed. His arm was put in plaster for nearly 3 months. During that time he was out of work with no earnings, little compensation, rent, and bills to pay and food to buy. It was a desperate situation which resulted in Bert having to sell his push bike and some of his clothes.

A visit to the Harbour Trust Officer in William Street, confirmed that there would be no work for Bert. He was injured so he was out. He would have to find another job.



the letters. See if you can find В them. Words go forward, backwards, up and down a diagonally. Find the messages М S and then trace over each one with a different colour.

Q A Х Ζ IVI G C Е W K S D R 0 L L Ο L RNSTHCTAC J The two messages you need to find are:

"Crawl Low in Smoke", and

"If your clothes catch on fire, Stop, Drop and Roll."

The June "Birthdavites" were all smiles as they were each presented with \$15 vouchers for Churchill Newsagency by John Barker from the Lions Club of Churchill & District. They were chosen at random from the May list. This could have been you - make sure you join so you also have the chance to be a lucky "Birthdayite".

Teegan, Kieran and Ryan Marriott,

10 years on the 26th June

IN THE EVENT OF NOT BEING ABLE TO CONTACT YOUR CHILD, ANOTHER WILL BE SELECTED IN THEIR PLACE



Sports News



We are at the half way mark of the season and things are only so so, but everyone is still positive realizing there is more to it all than being the best and that striving to get there is a large part of the fun. Someone once said you always have to leave room to improve and we are surely doing that. Results to date are as follows.

Football seniors: - In 5th place on the ladder having won 5 and lost 5. So far, so good with two matches lost by 15 and 18 points respectively, one of which we were in front 10 minutes before the end and should have won.

Football reserves: - In 8th place on the ladder with 3 wins, 6 losses and 1 draw. Not traveling so well but the fact that at times problems are experienced fielding a team is not helpful. Any young men that would like to have a go at footy and contribute to supporting your home team should contact Rob Jenkins at the club on a Tuesday and Thursday evenings and Saturdays when home games are on.

Football under 18: - In 10th place on the ladder with one win and 9 losses. We have a very young team, who are learning the game and are positive as to their potential in the future, so enjoy the experience boys and look to next year. Once again anyone interested in playing, see Rob as above.

Netball A grade: - In 3rd position on the ladder having won 6, lost 3 and drawn 1. There were two close games we lost, one by 7 points and the other by 1 point. This mob would have to be a contender for glory in the finals at this point.

Netball B grade: - In 8th position with 2 wins and 8 losses. Very close in three games with one loss by 4 points, one by 2 points and one by one point. Obviously if the gods had been on side on those days, the overall results would have been considerably different. Keep it up guys as you are very close to being in it at the end.

Churchill Football/ Netball Club "the Cougars"

Netball C grade: - In 9th position on the ladder on percentage with 1 win and 9 losses. Once again four games were decided by close margins, two by eight points, one by 6 and one by 1 point, so they are close and look good for the second half of the season.

Netball D grade: - They are 6th on the ladder with 5 wins, 1 draw and 4 losses, one of which was by only 5 points. They also would have to be regarded as looking good for the final series, especially if they can regain their form of the first four games, which resulted in four straight wins.

So there you have it, the season up to now in a nutshell. The second half of the season looks mostly positive so come on down and support your mob.

Presidents mid season message Here we are at the halfway mark of the season and I thought it was about

time that I wrote some thoughts and comments on the clubs progress so far. Netball seems to be going along smoothly and it is good to be able to

watch some games. Rach, Kate, Sam, Roxy and

Amanda are doing a terrific job in the running of the netball and seem to be on top of most situations. The committee wishes the netballers all the best for the rest of the season and hope that they have fun.

On the football front I think it would be fair to say that so far it has been a pretty frustrating year. I am sure that some of the coaches probably have less hair now than when they first came to the club!

Due to injuries, lack of preseason training, absenteeism from training and a true commitment to be the best we can, we could be in a dangerous position in relation to finals. We are now in the business part of the football season and it is time to make some decisions on how much of an impact we wish to make. I believe we can get a lot better but this will just not happen, it requires a solid commitment from now on. The committee wishes the footballers all the best for the rest of the year.

Socially we have had some good nights with some more to come thanks to the organisers such as Bobby, Woody, Rach, Kate and others who have helped. Keep up the good work.

Sponsorship is going along great thanks to Mark and Johnno and it is good to see the boundary fence finally being filled up by advertising signs.

Thanks to Roger Brighton for taking up the baton and organising the trainers after the departure of Paul. This was always going to be a hard job and Rog has done well to make sure that we do the best we can. Rog has been well supported by Harry, John and Leigh.

The Thursday night meal gang do a terrific job of feeding the footballers and others and I am sure that they are much appreciated. Thanks go to Deb, Jill, Claire, Kaye, Kate, Sharon, Marya, Sue, Lorrainne, Chips and Julie.

The canteen does a terrific job in catering for match days and thanks go to Marya for her organising of this.

Bingo is going along smoothly thanks to the organisising of Brian and Fred ably supported by Jeff, and Chips who are always on hand to help.

As I said earlier, this is the halfway mark and there is a long way to go so we all have to keep positive and keep plugging away, as I am sure we will.

If I have missed anyone I apologise and will make sure you are not forgotten at the end of the year.

Rob Jenkins, President

Profile Jeff MacDonald Committeeman and Life Governor.

Jeff MacDonald, "Tush" (you do not want to know), has been on the Club committee for thirty years with a short break for a while where he was the club timekeeper, a position he still holds as well as being on the committee. He lives at Churchill and has done so for thirty-one years. He was born in St. Kilda in Melbourne and played school football prior to playing with Caulfield for some time. Prior to mov-

Keeping

ing to Churchill he lived at Yallourn and was the Yallourn Football Club secretary for four years. His major interest now is with the Cougars but previously he has had a strong association with cricket over a thirty-year period and is a life member of the Gippsland Cricket Association. He is retired, has three sons, Robert, David and Ian and has eight grandkids.

His aspiration for the club is for them to win premierships, the more the better. The greatest enjoyment he gets through his connection with the club is the association with fellow enthusiasts.

His best memories with the club were the winning of premierships in '82, '83, 2002 and 2003. He has several worst memories, which are etched in his mind. One was in a match between Heyfield and Churchill when after a week of rain, which rarely occurs there in such quantities, and with three inches of water on the ground, the final score was 15.14 for Heyfield and 0.4 for Churchill. It was the only time in his long association with the club that they never kicked a goal. Another was in the 1996 grand final against Glengarry when Churchill, being one point ahead in time on, gave away two free kicks that Glengarry managed to convert to goals. The result was Glengarry won by a point.

His pet hates in the game are blatant head high tackles, which are allowed to pass and poor umpiring.

As well as being a stalwart of the club, he is also a proxy delegate to the Latrobe Valley Football League.

In recognition of his outstanding service to the club, in 2003 he was made a life governor of the club, the only time this honour has ever been awarded to anyone by the club.

Club project to upgrade oval and netball court lighting

The Churchill Football Netball Club is currently finalizing an application for funding through the Department of Sport and Recreation to enable the upgrading of lighting on both the football oval and the netball courts. The funding source is part of the \$10 million State Government allocation to Country Football following the Parliamentary Inquiry into the game in rural areas. Both the Moe and Stratford Football Clubs have received

Busy

recent grants through this scheme.

The objective of the proposal is to replace the existing lighting with a system, which meets Australian standards and would be suitable for night football match play. The benefits would include a reduced risk of injury resulting from poor lighting and an opportunity to utilise the facility for other sports.

The Club has received widespread support for its application from bodies such as Latrobe City, NGFL, Gippsport and the Churchill Citizens Association as well as the endorsement of local member Brendan Jenkins.

A great deal of the ground work for the project was carried out by former Presidents Noel Hutchinson and Paul Darby and more recently the assistance of Latrobe City Manager of Leisure Facilities, Ian Murphy has been made available to progress the application.

The Club is hopeful of obtaining approval for the funding later this year which would enable work to be carried out during the off season break with a view to having the new lighting in operation for the 2007 season.

As part of the project, the Club will be required to provide a contribution through either funding or provision of labour.

Club sponsors Vin Key and Active Electrical are both involved in assisting with the project.

Profile Samantha Webb Netball player and C grade netball coach

Samantha (Sam) Webb is 23 years old, was born in Moe and currently lives in Morwell. She doesn't have any pets as she has a bad habit of forgetting to feed them, and between work and netball finds she doesn't have time to indulge in any hobbies, which appears to includes boyfriends (maybe they heard about the pets)! She finished Uni about two years ago and currently works for One Steel Metaland in Morwell as the Internal Sales Coordinator. "yep, I sell steel!"

Sam plays for the A grade netball team as GK, GD and WD and also coaches the C grade netball team. She has been playing netball since she was about eight and started out with Morwell East prior to coming to Churchill, which she reckons was a great move. Continued on page15

Gire .

n Group

GRG has quite a focus on providing activities for children in the area. In

Term 3 we are again providing After School Activities in Glendonald Park every Monday from 3.30 to 5pm. Volunteers provide a variety of supervised outdoor recreational games.

Equipment (e.g. soccer and basketballs, cricket bats, tennis racquets, hula hoops and skipping ropes) has been purchased with funding from the 'Go for your Life' grants program from the Dept for Victorian Communities. Afternoon tea of fresh fruit and vegetables is provided for the kids.

This Term we are also trying a new indoor activity club for kids. Primary school aged children will be able to participate in board and card games, try their hand at puzzles and share in 'story-time'. Secondary students will be able get help with their school projects and homework.

This activity will be conducted in the Glendonald Maternal and Child Health Centre in Churinga Drive, every Wednesday afternoon from 3.30 to 5.30pm. The program has been

developed in partnership with The Smith Family, with support from Latrobe Community Health Services and Latrobe City.

During the school holidays GRG held an activity for children in the Churchill public hall. More than 40 kids participated in games of musical chairs, poison ball, egg and spoon races and other indoor activities. Colouring competitions were held for those preferring quieter fun. Winners were given chocolate bars, muesli bars, lollipops, etc.

Lunch was provided for both children and adults. Steamed dim-sims and chips were popular holiday fare (thanks to PJs Fish and Chips for having it all ready on time - the kids were hungry!), washed down with flavoured milk. A selection of fruit was always on hand for snacks.

A number of families took advantage of another holiday activity provided by the Neighbourhood Renewal Project and Latrobe City. Two buses took families to Wallaby Rise on the shores of Lake Glenmaggie for the low cost 'Big Day Out'. A great 3 course meal was provided by the proprietors in the converted shed (with roaring open fire for warmth) and fun activities were provided. This outing was a great success and many said it is worth a return visit in the future. Neighbourhood Renewal organises a 'Big Day Out' trip each school holiday break.

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GRG also has a focus on caring for our neighbourhood. Last month we provided a kerb-

side collection of white goods and computer parts for residents, to coincide with World Environment Day. These goods were, for the main part, sent on for recycling. This month we are organising an activity in Glendonald Park for National Tree Planting Day on 30th July.

If you'd like to know more about our Group, we can be contacted at PO Box 245, Churchill or by phoning the Secretary, Barbara James, on 5122 1407.

GRG Inc meets on the last Tuesday of the month at 6.30pm in the Glendonald Pre-school in Churinga Drive. Next meeting will be held on Tuesday 29 August. Childcare and supper is provided.



Sports News



Frosties' team with Dean Le Petit standing far right, Perry Le Petit standing second from right

"From Sparrow's Bark to Owl's Hoot"

Ever awoken one morning and thought, "I'd love to play cricket for 34 hours" and then proceeded to do just that? Well twenty-three guys (including former Churchill residents Perry Le Petit and his eldest son Dean) did just this. groundhog!! Every in never chang lusty hitting

On June 10 - 11 they commenced at 6:28am on a drizzly Saturday morning, finally after submitting to tiredness and lack of motivation, the stumps were pulled at 4:28pm, on a sunny Sunday afternoon. After fourteen innings, 140 wickets, over two-thousand runs, the only thing missing was Sony and Cher singing and a shy

Every innings, the bowlers, fielders and location never changed...but the weather sure did!! Eventually the 'Frosties' were outclassed by the 'Boyz', led by some lusty hitting and tight bowling, but in the final summation, cricket won the day.

The event was organised by Brisbane Citipointe Church as a fund raiser/promotion for a 'Global Care' mission/aid/cricket trip to tsunami hit Sri-Lanka in September this year.



Lioness Secretary Merrilyn Grisotto and Lion Secretary Trevor Burgess present cheques to Junior Coordinator Nigel Browne watched over by junior club members

Donation for New Facilities

The Churchill United Soccer Club is in the process of building new facilities at the Hazelwood South Reserve on Tramway Road in Churchill.

They requested assistance with plumbing needs which they are unable to source within their membership. The Soccer Club supports a range of Junior Teams catering for some 150 children (boys and girls) and 40 adult players in our community.

The Lions Club donated \$1500 and the Lioness club donated \$500 to ensure the children are able to access the new clubrooms this season.

Churchill Tennis Club Veterans Tennis Day

The Churchill Tennis Club is holding another Veterans Tennis Day on Sunday 16th July 2006 at 10am. All eligible veterans (35 years and over) are invited to take part in this event. Play will start at 10am and finish around 2pm. There will be several sections to cater for different standards.

Lunch, tea/coffee, afternoon tea, three sets of tennis, prizes and great company are included in the \$10 entry fee.

For further information or to enter your name by Friday, 14th July, contact Elaine Andrijczak, phone 5122 1664.

Social Tennis - Monday Afternoons

Social tennis is being held on Monday afternoons at 1pm - racquets available. For further information, contact Carol 5122 1464.

Keep fit - play tennis





Cougars Continued from page 14

She says she would like to play centre and keeps telling Rox to watch out "cos I wanna take her position in centre" but feels she's "too tall and lanky to be fast enough". Her ambition in the game is to bring home a premiership cup at the end of the season. She says her association with the Cougars gives her the opportunity to get and stay fit and the social interaction side is great. She has had many good times at the club social events (this seems a common theme among all the players, might have to disguise myself as a young person and check this out. "Impossible!" say's Willa, my wife. Ah well).

Lawn bowls public meeting to be facilitated by club

The club is to hold a public meeting to ascertain the level of public support for the establishment of a lawn bowling facility in Churchill. If sufficient support is indicated it is assumed a steering committee would be formed from those present with a view to pursuing the project. The club would be prepared to assist within the limits of its expertise. Tony Martin has been nominated to facilitate this and anyone interested can contact him on 51223435 or email to wiltone@vic.australis.com.au

Cougars Website up and running

After much mucking about and a crash course on how to kill a computer and wreck a website, the club website is up and running. To access the site go to cfnc.vcfl.com.au. To get news items and articles, on the home page click on "news central". For those chasing up to date results and ladder positions for the footy, on the home page go to "competi-

tions" on the left hand menu. Select which grade you wish to look at, and select either "draws/ results" or "ladder" Clicking on "ladder" will give you the results of the last game, the details of the next game, and the ladder positions

for that game. Clicking on "draws/results" will give you the results of all previous games and details of all future games. For those chasing up Netball results, on the competitions page select any of the footy grade results or ladder. When that page is displayed, select "competitions" on the right hand

"other competitions" menu and then select the required grade's draw/ results or ladder depending on your priority. Don't be too intrigued with apparently

random question marks scattered throughout articles, the dumb thing substitutes these for things like apostrophes,

inverted commas and other correct English symbols. For example, (she said "what if he's late") becomes (she said ?what if he?s late?), and so on,

ignore it. Social Calendar 2006

For all enquiries re details and bookings for Social Club Functions, contact Sharon Stait on 0411310197, John (Woody) Woodbridge on 0412512801 or Bobby McCartney on 0409554355

Coming up! July 15th, Comedy cocktail night. Details from above. Page 16- Thursday 13 July 2006, Churchill & District News

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Like fingerprints, everyone's tongue print is different!

JOB OF THE MONTH



Recently, GUY'S GLASS & Commercial Shopfitters ventured to Bairnsdale to fit floor to ceiling shop front windows in this new building which is situated next to the big garage.

The new premises look fantastic! We are sure the new tenants will be delighted with the large expanse of glass used in this shopfront. Internal exposure and an expansive view of their products will be a huge advantage for both their customers and their future business sales!



OUR HIGHLY TRAINED STAFF HAVE 65 YEARS Combined Shopfitting/glazing experienc



QUOTE OF THE MONTH Find a job you like and you add five days to every week. H. Jackson Brown Jr



THE BEAUTY OF CLEAN DESIGN

If we didn't point out the special features of Balmoral semiframeless shower screens, you probably wouldn't notice them. They're not designed to stand out. But when you look closely, you'll notice the simplicity of this design comes from a number of clever innovations. The Balmoral pivot door has been engineered to deliver smooth reliable two-way operation with a practical hold open mechanism. Self centering pivot assemblies ensure accurate alignment when the door is closed, resulting in a clean sight of line glass, without any vertical interruptions.

And finally, to compliment your bathroom decor, Balmoral aluminum frames come in a complete range of decorator colours in durable anodised and powdercoated finishes.

FREE CALL: 1800 771 072 FOR MORE INFORMATION ON THIS PRODUCT

Deb's Natural Cleaning Tip

Removing Blood Stains From Clothing

Rub a paste of 6 tablespoons of bicarb soda and 1/2 cup of warm water onto stained clothing before laundering. Be sure to check for colour fastness first.



* SECURITY DOORS * FLYWIRE SCREENS * BROKEN WINDOWS * SHOP FRONTS *