

CHURCHILL & DISTRICT NEWS

Est. 1966

Volunteer of the Year Wendy Steenbergen



STAFF, members and volunteers of the Club Wattle Club in Churchill are proud and pleased that Wendy Steenbergen has been awarded Volunteer of the Year. They all agree that Wendy is a fantastic volunteer who is an asset to the Club.

Wendy joined the Wattle Club (Churchill ADASS) in 1989. Throughout her time at the Club she has been a friendly, reliable and considerate.

Wendy is a regular bus driver for the group and when she is not behind the wheel she will often be the bus helper. Wendy's caring nature and practical abilities have allowed her to become a friend and confidant to many of the Club's members, volunteers and staff.

During the day she assists staff where needed and also helps in the kitchen. The little extras that Wendy does at the end of a long day of volunteering make a big difference to many of the clients.

Pulling the bins in or grabbing the washing off the line are seemingly small tasks but they make a huge dif-

ference to the more isolated and frail clients.

Wendy is an energetic person and has become the unofficial leader of the Churchill volunteers. Wendy's leadership skills together with her enthusiasm have helped other volunteers and clients adapt to changes that have occurred at Churchill in recent months. She accepts all new ideas and always has a positive attitude.

In addition to Wendy's fabulous volunteering at the Wattle Club she is very active in the community. Wendy is a member of the Lioness' and takes part in much of their volunteering work, including the gardening at Hazelwood House.

Wendy is also an active member of the Central Gippsland Older Adult Network, a member of Friends of Morwell National Park and a founding member of the Gippsland Lymphodemia Support Group, which has been running for ten years.

Congratulations Wendy!

Mounted Police Visit Churchill

By DARCIE

LAST Wednesday 11th May, Churchill Primary School had a visit from some mounted police. Two girls gave up their time to come with their horses down to our school, and show us the advantages they and their horses have.

The two girls, Sally and Belinda, and their horses Tolmy and Ulysses, told and showed us about their training and how they can follow people without being heard, and go on narrow trails.

All of the students enjoyed the visit and we thank Belinda, Sally and their horses for spending their time with us.

By MITCHELL

ON Wednesday 11th May, Churchill Primary School was visited by the mounted police force. Sally and Belinda brought their horses Tolmy and Ulysses.

The students got to get into the park and got to pat the horses. They found out the advantages of having a police horse, like a horse is not loud, so it is easy to hear calls for help. But you cannot always go on the road.

In their training, the horses learn to go back and forth, sideways, left and right.

They also learn to be aggressive and nice when the police want them to be. They even get badges when they get to the end of their training.



Students from Churchill Primary School with the Mounted Police



Dainbridge Services Pty Ltd

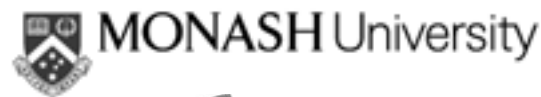
A tax bill is something we hate,
While a refund will make us elate,
Let Dainbridge show you how,
And there's no time like now,
But it's June, so you'd better not wait.

Dainbridge Services
49 Switchback Road, Churchill 3842
Phone: (03) 51 222 033 Fax: (03) 51 222 733

LUCIO G VIGGIANO CPA

Accounting, Taxation, and Business Services
Upstairs, Suite 14,
Hazelwood Village Shopping Centre
Monash Way, Churchill 3842
Phone: (03) 51 222 300
Fax: (03) 51 222 773

Churchill & District News - Proudly Sponsored by:



International Power
Hazelwood

EDITORIAL

We are very lucky here in Churchill to have an enormous amount of diversity within our community, due in part to Monash University who attracts many students from all over the globe.

This month we have been fortunate to secure two articles that celebrate our diversity, 'An Outline of Buddhism' on page 4 and 'Focus on Islam' page 8.

I would like to personally thank the authors for their very valuable contributions.

Our congratulations go to both Wendy Steenberg and Dorothy Rowley in being recognised for the wonderful volunteer work they do.

The Gippsland Cancer Care Centre Appeal has now reached \$1million. This is an amazing effort but there is still a long way to go. The Churchill and

District News will be running another Trivia Night on 1st July (details on page 11) with all proceeds going to the appeal.

Wendy Brown will again be officiating with the theme being Christmas in July. I encourage everyone to dress up - too score extra points - and so that I will not be the only 'Santa' on the night! These evenings are good fun with Wendy always coming up with some surprises, even to those helping to organise the event.

In this column last month I said that the Churchill and District News had been run entirely by volunteers. In the past Editors and Advertising Managers have been paid a small honorarium. Please accept my apologies.

Ed.

Contributions

Articles for publication and letters to the Editor can be sent to: Churchill & District News PO Box 234, Churchill, 3842

Or Email: editor@cdnews.com.au

All articles must be submitted by the 30th of each month for publication in the second week of the following month.

Advertising enquiries can be addressed to:

Peter Prokopiv Churchill & District News PO Box 234, Churchill, 3842

Tel: 03 5122 2589 or 0402 406 376



Look out for our Article Drop Off Boxes Located at: Foodworks, Churchill Primary School, Churchill Library, Co-Operating Church and Monash Uni Reception.

Churchill & District News

THE CHURCHILL & DISTRICT NEWS IS PRODUCED UNDER THE DIRECTION AND CONTROL OF THE CO-OPERATING CHURCHES OF CHURCHILL. THE COOPERATION IS MADE UP OF THE ANGLICAN, UNITING AND CHURCHES OF CHRIST.

Disclaimer

The Churchill and District News wishes to advise that the views or remarks expressed in this publication are not necessarily the views of the Editor or Working Party and no endorsement of service is implied by the listing of advertisers, sponsors or contributors.

Morwell RSL Sub Branch Inc.

5134 2455



**BISTRO
OPEN 7 DAYS
LUNCH & DINNER**

All functions catered for
Rooms Available for:
Meetings, Conferences, & Seminars

Entertainment for June

- Friday 10th Crash The Party
- *Saturday 11th Esquires
- Friday 17th Chemical Rush
- Saturday 18th Flashbacks
- Friday 24th Major Tom
- Saturday 25th Misty
- *Wednesday 29th \$5 Rock (Cover Charge \$5)
- No Table Reservations * Anzac Room

Police Traffic Blitz

CHURCHILL Police conducted a traffic operation with the assistance of the Sheriffs officers on Wednesday the 18th of May 2005 in the Churchill area.

During the four-hour operation police intercepted 184 vehicles and spoke to 197 persons. Of these vehicles, 4 'Notice of Unroadworthiness' tickets were issued, 4 'Unlicensed Drivers' and 2 'Unregistered motor vehicles' were detected and 1 person will be charged on summons for 'Disobeying the conditions of their learners permit'. Sheriff's officers executed 159 outstanding warrants to the value of \$51,526.60.

They also issued 13 licence suspensions to drivers with outstanding warrants. Sgt Allan said "The operation was successful but I'm disappointed with the number of persons who continue to drive a motor vehicle without a licence or without having their motor vehicle registered.

These people don't understand the consequences if they have an accident when they don't have a licence or if their vehicle is unregistered".

Traffic figures supplied by Sgt

Allan reveal that since the start of this year, Churchill Police have issued 18 penalty notices to 'Unlicensed drivers' and 29 penalty notices to owners / drivers of 'Unregistered motor vehicles'.

These figures do not include those persons who have been charged on summons with Unlicensed Drive and Drive Unregistered Motor vehicles.

Another alarming statistic is the increase in drink drivers in Churchill. Churchill Police have charged 25 drink drivers since the start of the year.

"With all the advertisements on TV about drink driving, I'm staggered that some people do not heed the warning. The fact of the matter is that persons who are caught driving a vehicle with alcohol in their system not only put their life at risk but some other innocent person at risk," said Sgt Allan.

Drivers who are caught drink driving run the risk of having their drivers licence suspended for a minimum period of 6 months. Churchill Police will continue to conduct random traffic operations in Churchill with the assistance of the Sheriffs

officers.

New By-Laws notices

Since the Churchill shopping centre became a CBD on Monday the 16th of May 2005, police have been policing the area for persons who drink alcohol from open containers.

It is an offence for any person who is found consuming alcohol in the CBD. Those caught can be issued with a \$100.00 on the spot by-law ticket. To date police have not issued any notices for this offence and have praised the efforts of the public.

Lost property

Unfortunately no-one contacted police to claim the two bicycles that were listed as lost property last edition. These bikes have now been donated to a registered charity. A mobile phone was handed into Police on the 25th of May 2005.

The phone was located in the parklands off Manning Drive, Churchill. If you have lost a phone, please contact the Churchill Police. You must provide further details of the phone before it will be returned.

Cancer Appeal Reaches \$1Million

THE Gippsland Cancer Care Centre Appeal tipped over the \$1 million mark recently due to the resounding success of Latrobe Regional Hospital's Annual Dinner Dance Auction fundraising event.

Held two weeks ago, the LRH Annual Dinner Dance Auction was the fourth event, with the first three being held in Traralgon, Morwell and Moe respectively. The fourth returned to Traralgon with GCCC Ambassador Denise Drysdale providing laughs and entertainment for guests.

Over 200 business and community leaders and organisations came together for the fundraising event, with spirited bidding 'wars' to grab some fantastic items donated from local, regional and interstate businesses and individuals.

Items included a bottle of 1995 Penfolds Grange, "weekends away" accommodation packages in Melbourne, the coast and the Murray River through to artwork, homewares and sporting memorabilia. Chair of the LRH Board of Directors, Barry Dunstan, said the

night was a huge success.

"Since we started this annual event in 2001, the amount we have been able to raise has surpassed all expectations and continues on a steep upward climb," Mr Dunstan exclaimed.

"At the 2005 Dinner Auction we were fortunate enough to raise over \$57,000 towards the Gippsland Cancer Care Centre Appeal and this amount has tipped the Appeal over the magic million dollar mark."

"For the cancer appeal to raise over \$1 million in less than 12 months can only be described as inspiring to the many members of the Gippsland community and staff who have been hands on with our fundraising efforts."

"On behalf of the Board of Directors of Latrobe Regional Hospital and the many members of our community who will come to the Gippsland Cancer Care Centre for one reason or another, I cannot thank you enough," Mr Dunstan concluded.

NEWBOROUGH BLIND AUXILIARY, IN ASSOCIATION WITH ST. AIDAN'S ANGLICAN CHURCH NEWBOROUGH PRESENTS

THE HILLENDALE SINGERS

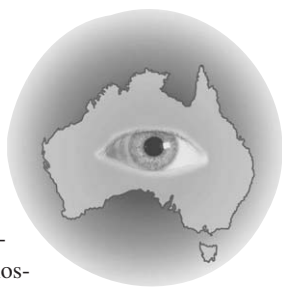


On
Thursday 23rd June at St. Aidan's Torres St.,
Newborough.
AT 7:45 PM

COST \$6, INCLUDES A HOMEMADE SUPPER.
ALL WELCOME.

FOR TICKETS CONTACT RUTH ON 51221961

Lions Ride For Sight 2005



Giving the Gift of sight – Lions Corneal Donation Service, By JOHN BARKER

The Lions Corneal Donation Service is a non-profit, non-government agency dedicated to elimination of corneal blindness through the retrieval, assessment and distribution of donated eye tissue. The Lions Corneal Donation Service is supported by the charitable work of Lions International Service Clubs.

The cornea is the clear tissue covering the front of the eye. It is the main focusing element of the eye (much more than the lens). Vision will be dramatically reduced if the cornea is diseased or injured.

A corneal transplant is a surgical procedure performed by an Ophthalmologist (Eye Doctor). A disc shaped segment of an impaired cornea is replaced by a similarly shaped healthy donor cornea.

The only substitute for a human cornea is another human cornea.

Anyone can be a donor. Cataracts, poor eyesight or age do not necessarily prevent anybody from donating.

Each year in Australia, over 1000 corneal transplants are performed. Of all transplant surgery done today, corneal transplantation is the most common and successful.

Only the corneal tissue is transplanted for sight restoring surgery, whilst other parts of the eye such as the sclera (the white part of the eye) can be used in reconstructive.

For the tissue to be suitable for transplantation, the eye donation must occur within 12 hours of death. However, the family should take their time to make a decision with which they are all comfortable.

If you want to say "yes" to a donation, the Transplant Coordinator can be contacted 24 hours a day, 7 days a week by phoning: (03) 9929 8708

CHURCILL LIONS CLUB INVOLVEMENT -

The LIONS RIDE FOR SIGHT is a fun social event raising funds for vision research into preventable blindness. This year it was a four day 3760km event starting at Loch Sport on Friday 22 April and finishing at Trafalgar on Monday 25 April. Lions clubs along the way hosted the ride with morning and afternoon tea, lunch, dinner and the stop-over venue.

Day 1: The route started at Loch Sport and passed along the coastal flats through Golden Beach, Stradbroke and Woodside, with the stop-over at Yarram.

Day 2: Continued down the South Gippsland Highway to Toora and along back roads and up the ridge to Fish Creek for a well earned lunch break. Then down to Tarwin Lower with the stop-over at Inverloch.

It was this stretch that saw Herb Smith, a Lion from Yinnar, do a marvelous interpretation of superman flying

over a group of crashed cyclists to finish up in Wonthaggi hospital with cuts and abrasions.

Day 3: A leisurely ride to Leongatha then through the hills to Korumburra, Poowong, then a long glide down to Ripplebrook and the overnight stop at Longwarry.

Day 4: All riders, officials and support crew took part in a short ANZAC service before heading off for Warragul. Then up the ridge to Bona Vista and the cruise down through Yarragon to finish at Trafalgar. Many weary bodies flopped down for the luncheon and presentations.

There were over 50 riders who took part and around 12 support crew. The rider's job was easy – all they had to do was ride.

The support crew job was by far the hardest – they had to monitor and control the ride.

Some of the riders may argue this point. Signs were placed at strategic locations to direct the riders, and Marshalls gave directions when necessary. The crews maintained communication via radios.

The riders were followed by the First Aid and "tail end charlie", a pickup vehicle that controlled the tail end of the group of riders and ensured we didn't leave any riders behind.

The accommodation consisted of finding a spot on the floor of the stop-over venue and throwing down a swag or sleeping bag.

Most stopover venues were reasonable – the exception being at Inverloch where the local club organised billeted accommodation. Oh what a feeling - carpet, heating and innerspring mattresses!

The Churchill Lions Club entrant, Norm Hall, did a fantastic job. With minimal training he showed the seasoned riders what tenacity and the ability to hide pain could do as he kept the pace for the whole distance.

His support, John Barker, rode in comfort (?) in the club's Camp Quality esCarpade car which doubled as the "tail end charlie". Herb Smith from Yinnar Lions decided to steal the show when he "downed" the extra professional Trafalgar team in an episode that has gone down in history as the Derailing of the Trafalgar Express.

A great time was had by all. There were smiles and handshakes all round as the participants readied for their home trips, many already declaring they will be back next year. Around \$50000 was raised or pledged, a great effort for a fantastic cause.



Lions John Barker (support) with Herb Smith and Norm Hall (riders) and the "tail end charlie" support vehicle.

Monday to Friday 9am - 6pm. Saturday 9am - 1pm Telephone: 5122 1390

Winter is Here



We can help Combat Coughs and Colds

Congratulations to our Lucky Winners

Debra Lowater of Yinnar (Baby Kate) Won a Digital Thermometer

Uncle Jay's Photos

"MOST POPULAR BABY"

at Churchill Amcal Pharmacy

Bulk Billing

- * Family Medicine
- * Women's Health
- * Counselling
- * Minor Surgical Procedures
- * Pathology Service
- * Travel & Health Immunisations
- * Industrial Medicals
- * Visiting Paediatrician
- * Visiting Physiotherapist
- * Visiting Surgeon

Consulting Hours
Monday to Friday 8am - 5.30pm
Saturday 8am - 1.30pm
24 hour on call service
Tel: 5122 2555
9a Georgina Place, Churchill, 3842

Closed Queens Birthday

"Caring Family Medicine"

Need advice, information on State Government matters?
 For friendly advice and assistance please contact

Brendan Jenkins MP
 State Member
 for Morewill District

Phone: 5133 9088
 Fax: 5122 9388

Found

Tamagotchi in the West Place shopping square at Churchill.

Please call into the Commonwealth Bank with details of color and any other identifying marks to claim.

Ask for Melissa or Lorelle.

Chaplaincy Contemplations

By LYN PORRITT

THE first semester at the University is nearly over and it is that time of year when major assignments are due in and exams loom large.

It is an anxious time for many students who are struggling to meet the workload and deadlines and who doubt their ability. It is also a busy time for academic staff that mark the papers and prepare results.

Administrative staff are kept very busy dealing with student requests for special consideration and keeping the records clear.

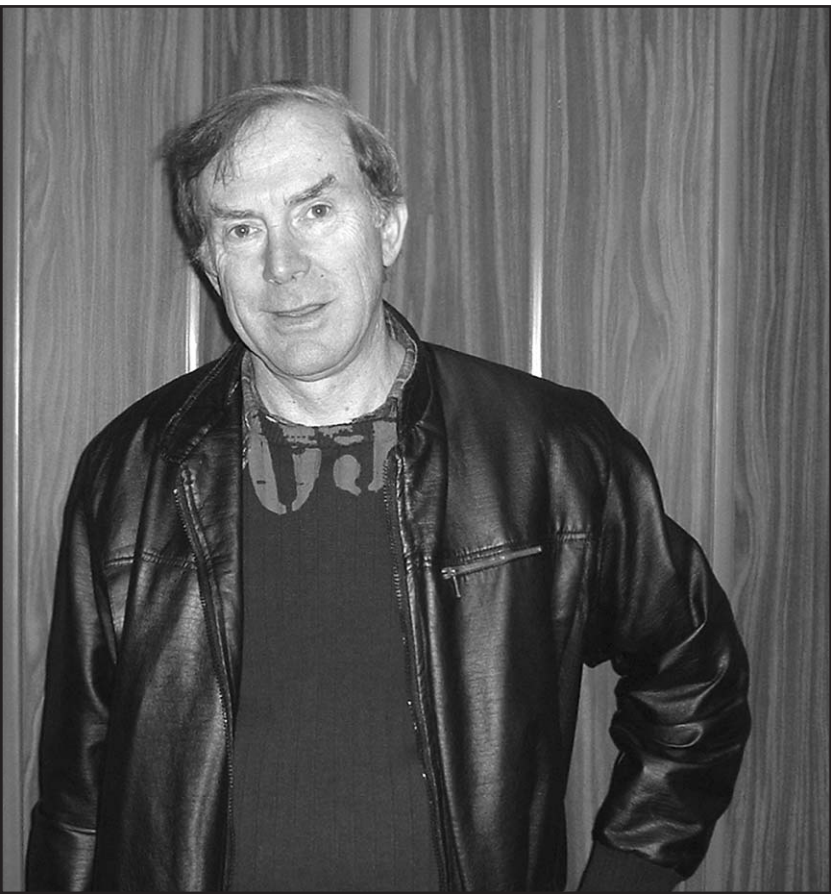
Ironically, at this very time of pressure when prayer, meditation and attention to God would help hold the person in calmness, this priority is abandoned.

Attention to our spirituality is a necessary part of human experience and when neglected leaves a hole, an emptiness which cannot be filled no matter how much we fill up our lives being busy.

So let us take some time to be still with God each day and to pray through our Lord Jesus Christ for the grace to live with a knowledge of being bathed in God's love and compassion.

In this Churchill Community Let us all pray:
 God of all truth,
 teach us to love you with heart and mind.
 Bless our schools, colleges and our universities,
 especially Monash University, Gippsland Campus
 that they may be lively centres
 for sound learning,
 new discovery,
 and the pursuit of wisdom.
 May all who teach and all who learn
 seek and love the truth,
 and in humility look to you,
 the source of all wisdom and understanding,
 through Jesus Christ our Lord.
 Amen

APBA, 1999



Chris Galloway

Church Snippets

By RUTH PLACE

THE month of May began with a burst of music as we enjoyed the Latrobe and Francis Orchestra's Pleasant Sunday Afternoon concert on May Day. We were treated to a delightful selection of music.

Three of our Anglican members plus Rev. Bob attended the Synod Communion, and the Bishop's Charge, at Drouin on Friday 13th and Synod sitting on Saturday 14th.

We are disappointed that Bishop Jeff will not be staying on in Gippsland, but we wish him God's blessings as he takes up the position of Archbishop of Adelaide.

Chris Galloway in Public Relations at Monash University was our Saturday Breakfast guest. Chris spoke about his visits to Bethlehem Bible College and

meetings with young people there.

He described a loss of hope among many at the ongoing conflict. He also described some of the many difficulties Palestinians have in surviving in their land.

A hastily arranged Garage Sale for Saturday 28th May included a sausage sizzle, a well stocked cake stall (thanks church members for your generous donations), plants and many amazing bargains.

The weather was marvellous in that we received much needed rain that day, but it was cold and wet.

However, overall it was a successful day. Thanks to all for your wonderful help and support.

Church Times

Co-operating Churches of Churchill

Rev. Dr. Bob Brown
 Williams Avenue, Churchill.
 Tel: 5122 1480
 Glenda and Ian Combridge
 Tel: 5166 1819
 Sunday Service: 9.30am.
 Choruses: 9.20am

Lumen Christi Catholic Church

35 Walker Parade, Churchill
 Tel: 5122 2226
 Father Malcolm Hewitt
 Saturday: Mass: 7.30pm
 Sunday: Mass: 9.30am
 1st, 3rd, and 5th Sundays: Yinnar:
 Mass: 11.00 am
 2nd and 4th Sundays: Boolarra:
 Mass: 11.00am

Churchill Christian Fellowship

Maple Crescent, Churchill.
 Pastor Tony or Hermanna Marsden:
 5122 2777
 Sunday: 10.00am
 Ladies Meeting: Tuesday 10.00am

To celebrate and better understand the diversity within our community we have an article on Buddhism and one on Islam (on page 8). We thank the authors for their very valuable contribution to our paper.

An Outline of Buddhism

JUST as Christianity gave rise to many different forms of religious practice, so it is with Buddhism. As the many forms of Christianity take their inspiration from Jesus, so the various schools of Buddhism take their inspiration from Siddhatha Gotama, who later came to be known as The Buddha - the Awakened One.

And just as Jesus's teachings were written down after his death in the New Testament, Buddha's teachings, known as The Dhamma, were also written down shortly after his death.

Siddhatha Gotama lived around 2,500 years ago in Northern India. He was, like Jesus, a descendent of a great King but he was so affected by his first sight of suffering, old age and death (after being shielded from it by his over protective father) that he left his palace to work out why people endure such suffering and if there was a way to avoid it.

There is a famous story of him sitting under a Bodhi tree after many years of self mortifying approaches vowing (I can almost imagine in exasperation!) 'I will not move from this spot until I understand'. Finally he realised what the problem was and formulated The four Noble Truths of life:-

- There is suffering
- Suffering has a cause
- There is a way out of suffering
- There is a path leading to the end of suffering and this is called the Eightfold Path:-

- Right Understanding)
- Right Thoughts) WISDOM
- Right Speech)
- Right Action) MORALITY
- Right Livelihood)
- Right Effort)
- Right Mindfulness) MENTAL CULTURE
- Right Concentration)

The Buddha realised the true nature of existence and recognised that everything in this life is transitory and therefore subject to change. When we finally recognise and accept this truth, rather than trying to hold on (called 'grasping' in Buddhism) to happiness or desires, we realise that true happiness cannot be found in material possessions, relationships or worldly achievement.

Everything in this life without exception is subject to change. Even happiness and beauty is impermanent so grasping for things to stay the same is the main cause of our unhappiness. Buddhists believe that this powerful craving is the chief cause of unhappiness and leads to repeated births in the cycle of existence.

For nothing is destroyed, only transformed into something else. Enlightenment is seen as the state where craving has ceased and is called Nirvana. It is the state where one is free from suffering and is a heavenly realisation, so sublime that no human language can express it and no human brain is able to comprehend it.

Some people think that to view life like this is a pessimistic way to look at things but to not do so is not being in touch with reality. If one is ill, not to seek a remedy is foolish, not optimistic.

And to live life expecting things to remain the same is equally unproductive. Buddha did not want us to live one-sided as either pessimists or optimists but to cultivate an integration of the two sides of the duality so that one takes 'a middle path'.

How can Buddhism be seen as a pessimistic religion when it shows the cause of suffering along with the way out of it? It does not mean that there is no happiness and pleasure in life to enjoy, of course there is.

But in accepting that everything we experience in life is impermanent we are not clinging to false hopes that they won't change. Buddhism teaches a middle path for leading a good life without going to extremes in one direction or the other.

Another useful concept that Buddha recognised is that our grasped sense of self causes us suffering also. In situations where the 'I' is grasped heavily we will suffer. Most people have a negative self-view (called self-aversion in Buddhism, and low self-esteem in Western psychology).

When we are feeling a lot of distress, which is not appropriate to the current situation, it is because we are grasping a negative self-view formulated many years ago and kept alive by repeated reactions to it. For example if when we faced a very early experience of fear or rejection we grasped the erroneous 'I am stupid', 'I am unsupported', 'I am different', or 'I am inferior' etc we will constantly replay that earlier grasping in later situations.

It is only by Right Understanding that we come to realise how that perception arose and the unpleasant feelings that followed were created and grasped. When grasping ceases then the unhappiness that follows it does also.

Karma is an interesting concept. This natural law of cause and effect comes into operation following our actions. Most people would agree that if we do harm to others eventually we will suffer ourselves because of our wrongdoing - 'what goes around comes around'. And if we do good to others eventually we find to our amazement that our kindness comes back to us in unforeseen ways.

Traditionally Buddhists believe that the energy of karma can transfer from one lifetime to another until it is 'used up'. But a bad mistake is to view all bad things that happen to us in this life as our 'earned' karma from a previous existence. It is too easy to glibly dismiss others' suffering as 'it's their karma'.

No one can know this and it is hardly compassionate, nor does it show wisdom - the two great attributes on which Buddhism was founded. Buddhism is often rejected as being a religion which worships idols but this is not true.

Buddha asked very fervently that he not be worshipped so the statues of him should be seen as only a focus for concentrating on what he stood for.

One does not have to be a Buddhist to make use of Buddhist teachings and meditation, so please contact the Buddhist Society of Gippsland (0405 077 390) if we may be of help to you.

Find Out What Your Neighbourhood Centre Can Do For You!

By CHRISTINE PENPRAZE (Coordinator)

WITH a new term just around the corner, now is the time to start thinking about what classes and courses to do over the winter months.

At the Churchill Neighbourhood Centre we will be offering a number of classes for people who may want to be involved in a discussion group or feel that they may need help improving their numeracy and literacy skills.

There is also a class designed so that you can improve your literacy skills while at the same time learning on the computer - we are calling these classes on-line learning and they can be pathways into other studies or simply as a means of personal development. (Please pass this information onto anyone you

believe may benefit but who may not be aware that there are classes available for them to come to).

If you are looking for a way of putting your thoughts to paper then our creative writing class would be ideal for you.

There is even a chance that at the end of the year your writing may be published! We are also offering Italian classes for those people who would like to learn another language and there will be a choice of day or evening class.

At the Centre we also have a number of computer classes covering most aspects of Microsoft programs ie Publisher, Excel, Access etc. We also offer beginner classes that are great if you have little idea about using a computer and are terrified you might do something wrong!

Sewing classes are great for people who may want to learn how to draft a pattern or be taught how to make dress size changes when cutting out a pattern.

Just knowing that someone is there to supervise you as you take your scissors to material can be a wonderful comfort!

There are also a variety of craft classes available and in which you can learn a range of embroidery stitches or needlework techniques plus we have our ever popular patchwork course, so....there really is no excuse for not coming by and checking out what we do at the Centre and enrolling in a class.

Please call the Centre on 51222955 or drop in and speak to the Coordinator - Christine to find out what your Neighbourhood Centre can do for you!

Dorothy Rowley 20 Years of Service

By RUTH PLACE

RECENTLY Dorothy was awarded a certificate and a beautiful vase to recognise her 20 years of volunteer service to the Latrobe Regional Health Service facility of the Wattle Club.

Dorothy started out as a driver, picking up and dropping off the clients who attended Wattle Club on Wednesdays and Fridays from 10 - 2:30pm at the Town Hall basement area.

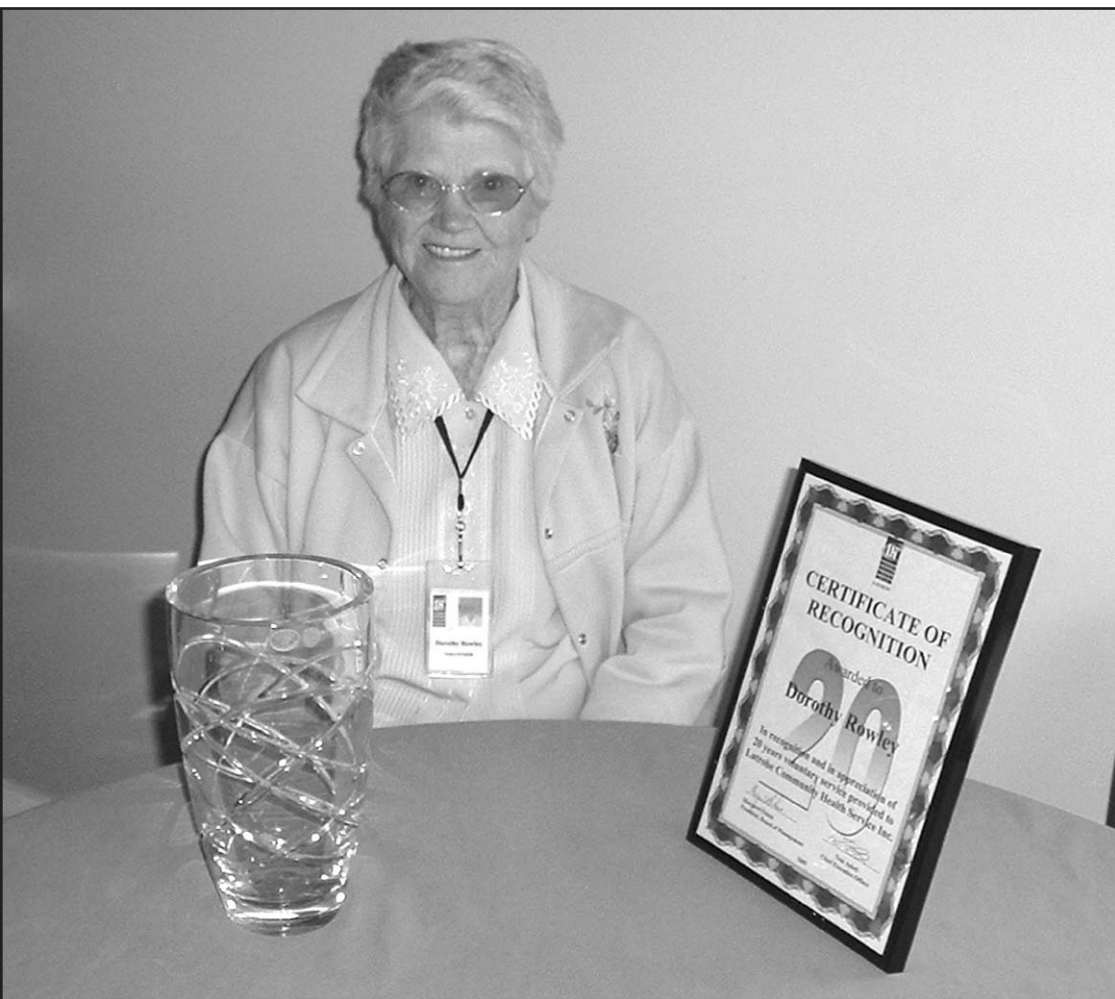
At present there is a mini bus available for collection and return of clients, but in the early days Dorothy drove her own car.

There was plenty of time between the two driving times so Dorothy became a willing worker in the kitchen, helping with lunches and cuppas. She is known to be aware of everyone's preferences for tea, coffee, milk and sugar.

Playing cards is a great pass time of the Wattle Club members. Dorothy is an able player and fills in to make a foursome for Euchre, 500 and Crib.

The Wattle Club is now an ADASS - Adult Day Activity Support Service.

The staff, volunteers and clients all congratulate Dorothy on a job well done.



Dorothy Rowley recognised for 20 years as a volunteer

Baw Baw Region Guide News

Burnet Park Campsite

By ZELMA MILDENHALL

ON Saturday 18 June the Burnet Committee is holding a barbecue at Bunnings, Mid Valley, from 10.00am to 4.00pm. Come and see the display of campsite pho-

tographs and enjoy a sausage.

Work is to begin soon to replace the guttering in Illangi and improve the drainage around the house and gardens. A Latrobe City Community Grant was obtained for the work.



Café le Mac's

PHONE

5122 3466

Eat in or Take Away

Catering Available

Present one of these tokens to receive

Chicken Schnitzel, Chips & Salad or

Chicken Schnitzel & Vegetables

For \$6.50

	Café le Mac's PHONE: 5122 3466 Eat in or Take Away Catering Available		Café le Mac's PHONE: 5122 3466 Eat in or Take Away Catering Available
Token		Token	
	Café le Mac's PHONE: 5122 3466 Eat in or Take Away Catering Available		Café le Mac's PHONE: 5122 3466 Eat in or Take Away Catering Available
Token		Token	

One Token Per Person

Pacific Cruising From Melbourne

Talk to our award winning team,
For excellent service, competitive
prices and independent advice.

CELEBRATING 30 YEARS IN TRAVEL



Telephone: 5134 1433

4 Tarwin Street Morwell

Email: enquiries@latrobetaustralia.com.au

Licensee: E M Sennett. T/A Latrobe Valley Travel Lic. No 31427

110 George
Street
Morwell

Podicare

Large Range of Winter Stock

Hush Puppies, Homeypeds, Kuffs

Also Available

-Kumfs - Cheapest in Valley

-Hush Puppy

-Propet Brands

5134 2375

WANTED

**All ex - students and staff of Mirboo
North Secondary College**

To register current contact details for 50th Anniversary
Reunion on Nov 26th and 27th.

Email - 50thann@tpg.com.au Fax - (03)5668 1806

Phone - (03)5668 1203 Or mail to the School

Staying Connected - Mirboo North Secondary College Creates Alumni Association



SHE may have resigned from Mirboo North Secondary College last year, but like many other former teachers, Liz Hall's association with the school continues.

Apart from undertaking relief teaching, Liz is working with the school's leaders to establish an alumni organisation for past students and teachers.

The school is celebrating its 50th anniversary during the last weekend in November this year, and as part of planning for the celebrations, it was decided an alumni should be established.

"Many schools have created alumni organisations - it is a fantastic way of allowing past students and teachers, many of whom have very happy memories of their time at MNSC, to stay connected to the school," says Liz.

There are already over three thousand names entered into the database. Anyone interested in the alumni, or the celebrations planned for the 50th anniversary should phone Liz on 5684 1261 or the school on 5668 1203.

Alternatively you may email the school at 50thann@tog.com.au.



MANY visitors came to our school on Open Day during Education Week.

The parents, grandparents and friends joined our staff for morning tea.

They also visited the rooms to see our classroom and specialist programs operating.

A large group of students participated in the Yinnar and District Cross Country run held at Churchill recently.

Four students went on to compete at the Zone Cross Country.

Two students competed at the Yinnar and District

Hazelwood North Primary School

high Jump competition held at Yinnar.

Years Five and Six are looking forward to the Melbourne Camp to be held on June 9th and 10th.

The first week of third term; July 11th to 15th is Prep Enrolment Week.

An Immunisation Certificate and Proof of Date of Birth are required.

Students must turn five by April 30th 2005.

Parents are welcome to enrol any time that week, an Open Morning will be held at 10.30am on Tuesday July 12th to give new parents a chance to see the school, ask questions and meet the staff over a cup of coffee.



Lumen Christi Goes Crazy!

CRAZY Hair Day The month of May looked like mayhem at Lumen Christi for one day when all students were invited to come in casual clothes and wear 'Crazy Hair'. The day was organized by the School Captains as a fundraiser for the Bishop's Family Foundation which is a Diocesan trust established by Bishop Coffey to provide services to Gippsland families through CentaCare. Lumen Christi students had a fun day



for a worthwhile cause!

Mothers' Day was celebrated with a photo tribute to our Mums and a Prayer Service held in the Eco-Centre. There was a great crowd in attendance and afternoon tea was provided by the staff to say thank you to the great Lumen Christi

Mums.

Lumen Christi Eco-Centre The finishing touches have been made to the Lumen Christi Eco-Centre and we now have a wonderful hall and canteen for our school functions and students are enjoying the state of the art multi-media facilities.

Two of our Grade 4 students have written about the Eco-Centre:

"What I like about the Lumen Christi Eco-Centre is that we can make our own electricity from the sun. Also it has solar heating so we can be warm without using electricity. It is also great use of space. The Eco-Centre is used for assemblies and other things like the tuckshop and a little room for guitar lessons. It has a lot of features including a projector and it can play DVD's on a wide screen. The building is a great way of caring about the environment. I think it is a great project." Alex B. Grade 4

"The Lumen Christi Eco-Centre was built in 2005 with caring for the environment in mind while helping people to learn at a Catholic school.

Some of the energy saving features in our Eco-Centre are:

- ☛ Firstly the building has reverse brick walls for insulation.
- ☛ The north facing windows all have shade protection.
- ☛ Sun Lizards are used to help heat and cool the building instead of using an air conditioner.
- ☛ Solar collector panels are installed on the north facing part of the roof that

catch the sun's heat and turn it into energy.

It is a wonderful addition to our school especially for our assemblies and the building of it has helped us all learn more about energy saving techniques and ideas in an effort to help save our environment." Emma G. Grade 4

Preps

Preps at Lumen Christi presented their first



assembly at the end of May and all of the audience were most impressed with their skills across a range of areas. Reading, writing, mathematics, Indonesian and art were all showcased to an appreciative school gathering and our thanks are extended to their teacher, Mrs Noreen Webster.

Mrs Webster is a dedicated and professional teacher who brings out the best in her children. "I love teaching Grade Preps because they are so eager to learn and enthusiastic about everything. I love their wide-eyed innocence and it is very

exciting to share their first experiences in reading and writing," said Mrs Webster.

The Preps have also enjoyed the teaching of Miss Kylie Reavley who is completing her fourth year of teacher training and is based at Lumen Christi as part of Monash University's Intern Program. Miss Reavley conducted a Technology activity with the Preps as part of her project

requirements and children were involved in designing and constructing a wind-powered vehicle. They were very engaged with the materials and design and enjoyed testing their constructions!

Working Bees May was a busy month in the grounds at Lumen Christi and a

generous number of parents participated in working bees to paint all the outdoor seating and mulch the extensive garden areas. The school vegetable gardens have been planted and other beds weeded ready for some winter rain. We are grateful to PineGro in Morwell who donated a large amount of mulch.

Enrolments 2006 Contact Debbie at the office on 51222231 for a tour of the school and information about Lumen Christi.



Churchill Primary School

A Community Hub



“Time To Get Moving” Symposium

John Turner, Assistant Principal, was invited to present a workshop at the recent Symposium, “Time to Get Moving”, run by Vic Health, and organised by Dr. Rob Moodie, CEO.

Proceedings were opened by Lynne Kosky, Minister of Education and Peter Batchelor, Minister for Transport, launched and spoke about the “School Travel Planning Guide”.

John spoke in the area of “The Role of Schools in Community Building”.

The workshop presented examples, and celebrated schools that have developed innovative strategies to engage their community and build community capacity.

John’s role was to speak about the Walking School Bus program, and links with Neighbourhood Renewal Programs.

In his talk he referred to the Walking School Bus, the CLIC program, Brekky Club, Human Powered Vehicle, Artist in Residence program, and access to grants through relations with the Neighbourhood Renewal Program.

The school was seen as pro-active, innovative, and welcoming - a community hub where people can come.

John would like to thank all people involved in the Walking School Bus program since its inception, including all trained volunteers, Vic Roads, Latrobe City Council, Co-Operating Churches in Churchill, and all the good willed teaching and support staff at Churchill Primary School.

Other speakers included Sue Barford who spoke about the Walking School Bus and the local community.

Mary Tobin from the Catholic Education Office who spoke of schools as core social centres.

Churchill Primary School also received national recognition for their successful walking school bus program when it was invited to appear on Channel Seven’s ‘Sunrise’ program.



Mr Twomey and John-Lee at Pyjama Day

Pyjama Day

The Junior School Council organised a Pyjama Day on Friday 27th May.

It was termed the day you get out of bed and forget to get changed.

There was an amazing array of pyjamas in the school yard at lunchtime.

Students were asked to contribute a gold



coin donation, with the proceeds going to school grounds improvements.

Science Night

This was on Thursday 19th May. Teachers had spent time preparing special activities to explore the wonders of science. It was a happy and interesting night.

Healthy Breakfast at School

By SHAUN, Grade 2
Breakfast at school makes me happy. I like sitting with the other kids and they talk to me.

The Milo makes me feel warm and I like the yoghurt.

It tastes yum. It makes me healthy and it gives me extra energy to run.

Eating porridge makes my tummy feel yum. I don’t like it when they run out of toast.

By JAYE, Grade 3
Our school is a healthier, better place. We have Milo.

It gives you stronger bones and Weetbix gives your more energy for life. I like the fruit. It has vitamins.

By PAIGE, Grade 3
I like my Mum helping in Breakfast Club.

I like the yoghurts the best and Milo and toast are yum too.

By EMILY, Grade 1
My Nan comes and helps at Breakfast Club.

Blake and I sometimes bring bread or Weetbix to help.

At Easter we had Hot Cross Buns.



Team of mural painters

Breakfast at school is great and I really like it.

As you can see the students at our school really enjoy the Breakfast Program.

Currently we are providing a healthy breakfast to an average of 25 students per day and it can get very busy.

There are a few generous volunteers and staff who help out but we still need more.

Mums, Dads, Nanas,

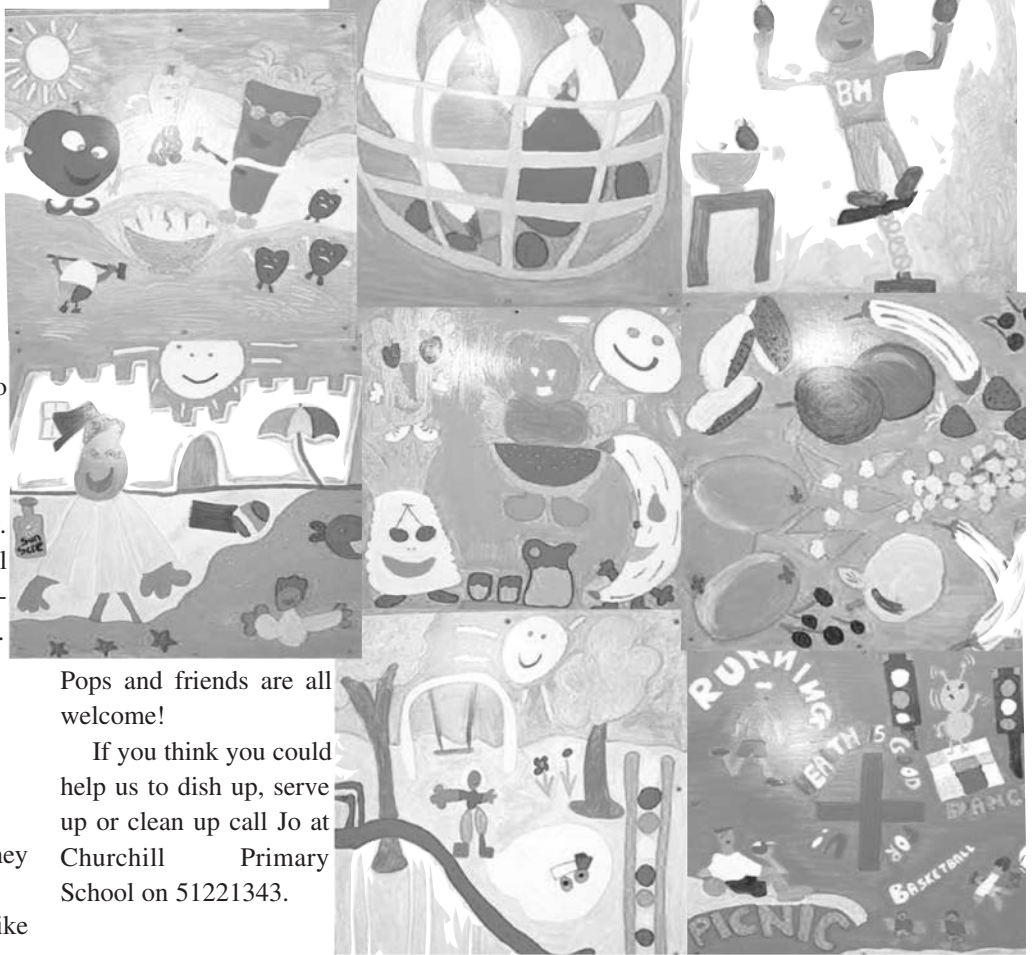
tal, when the murals were presented.

Working Bee

The school thanks the willing workers who attended the working bee on Sunday 15th May.

The tube slide was moved to become part of the inside play area.

This was only one of the many jobs



Pops and friends are all welcome!

If you think you could help us to dish up, serve up or clean up call Jo at Churchill Primary School on 51221343.

CLIC.

Murals at the Latrobe Regional Hospital by students

Unfortunately, the ‘Chemist and You’ segment was cancelled due to lack of numbers.

The next segment is ‘Getting the best out of all the directories’ on 15 June from 7 – 9pm in the staffroom.

On June 22 we have ‘End of term Cook Up: Reading recipes’ from 7 – 9pm in the staffroom.

Murals

Churchill Primary School was one of 12 schools asked to participate and contribute to a series of murals to be erected outside the Gippsland Cancer Care Centre at Latrobe Regional Hospital.

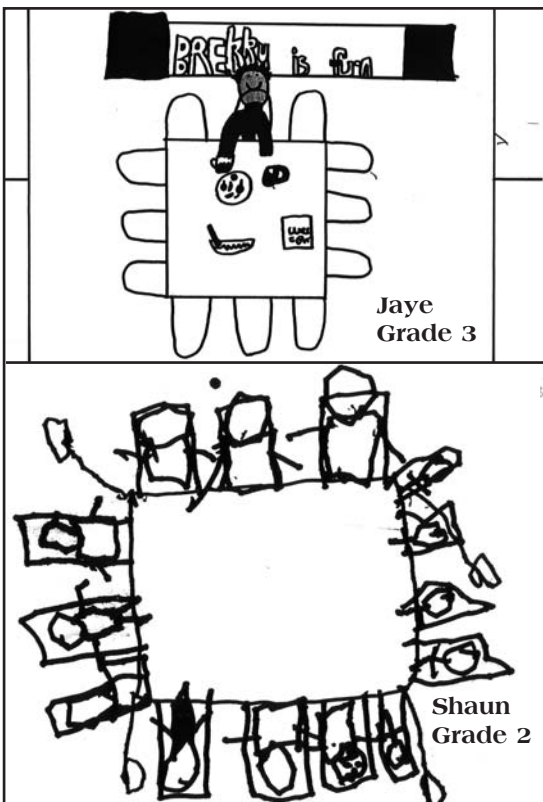
The theme is healthy life, healthy eating.

On the 6th June two students represented the school at the hospi-

undertaken in the ongoing grounds improvement development.



Nathan and Mourad with a mural for Latrobe Regional Hospital



Jaye Grade 3

Shaun Grade 2

Afternoon Tea with the Mounted Police!

By David Guthrie, President

GLENDONALD Residents Group Inc (GRG) hosted afternoon tea at Glendonald Park on Thursday 12 May to welcome members of Victoria's Mounted Police as they patrolled local streets.

A variety of fresh fruit was provided for local children and residents to snack on as they 'met' the horses and talked with the Officers from Victoria Police. Representatives from our local Police station were also in attendance, as were staff from Churchill Primary School.

Our next children's activity will be conducted during the second week of the Term 2 holiday break. Plans are under way for an indoor event with a 'Christmas in July' theme. Residents will be advised of the time, date and venue via notices in Glendonald shops and fliers in letterbox-

es.

Guest speaker at our May meeting was Brian Fitzgerald from Latrobe City Council, who spoke on traffic calming measures that Council have installed in other residential areas within Latrobe City. Residents who are concerned about speeding vehicles and other unsafe driving practices in their streets are advised to write to Council and our local Councillor, Darrell White.

A petition from local residents, requesting Latrobe City Council to introduce measures to manage speeding traffic within Glendonald, is available for signing at Glendonald Milk Bar and Glendonald Pizza shop.

GRG recently obtained sponsorship from MECU, CGE Hire and the Latrobe Valley Neighbourhood Renewal Project to

cover the

costs of conducting a pilot scheme to collect

hard waste from households within Glendonald. The trial of this service, provided by volunteers from GRG, was timed to coincide with World Environment Day on June 5.

GRG meets on the last Tuesday of each month and, during winter, meetings will commence at 6.30pm. All Glendonald residents are invited to attend, and childcare is provided. GRG Inc can be contacted at PO Box 245, Churchill 3842.

The next general meeting is at 6.30pm on Tuesday 28 June in the Glendonald Kindergarten, Churinga Drive.



Focus on Islam

By M. MUDASSER IQUBAL

In the Name of Allah, Most Gracious, Most Merciful.

'By the token of time, man is verily in a state of loss, except for those who have faith, who have righteous deeds, those who exhort people to the truth and those who exhort to patience, and perseverance.'

May Peace, Blessings, and Mercy of Almighty Allah, be on all. In this article, we will put a Focus on Islam. The Arabic word 'Islam' stands for 'Submission' or 'Peace'. In a religious context, it implies the peace that reaches out to one when one completely submits oneself to the will of Almighty God. This is achieved only when the individual acts in accordance with the direction of his Creator in all spheres of life. Those who submit their will to Almighty God, are called Muslims.

Many people have a misconception that Islam is a new Religion, which was founded by Prophet Muhammad Peace be Upon Him (PBUH). In fact, the almighty God, who created the universe, endowed man with a special gift of intelligence and wisdom to enable him to discriminate between good and bad. The divine guidance was conveyed by God to mankind through numerous prophets and there is not a single nation or a tribe, to whom a warner, a guide has not been sent during different periods of human history. For example Adam, Noah, Moses, Abraham, Isaac, Ishmael, David, Solomon, Jesus and Muhammad, peace be upon all. Similarly, there were several Revelations sent on the face of the earth to various nations and people through prophets. The Torah, Zaboor, Injeel and the Quran. Torah was the Revelation sent to Prophet Moses, Zaboor to Prophet David, Injeel to Prophet Jesus and the Quran, the last and the final Revelation, revealed to Prophet Muhammad, who was the last and final Messenger to the whole of human kind. All the prophets and revelations that came before the Prophet Muhammad (PBUH) and the Holy Quran were only meant for a particular group of people and for a particular time period. But Quran, as mentioned in it (14:52), 'There is a message for the whole of humankind.

Let them take warning there from, and let them know that there is only one God, and let the man of understanding take heed.' Similarly, Quran says that 'Muhammad is last and final messenger, sent on the face of the earth, and he was not sent only for the Muslims or the Arabs'. Therefore Prophet Muhammad is not the founder of Islam since Islam is there for time immemorial. The first prophet in Islam was Adam, whereas Muhammad was the last Prophet.

Our beloved Prophet Muhammad (PBUH) said - 'Islam is based on five principals, five pillars'. The first is the Tawheed: 'La ilaha Ill Allah, Muhammed ur Rasulullah' -that is 'there is no god but Allah, and Prophet Muhammed(PBUH) is the messenger of Allah'. Allah, the only one worthy of being God is defined in Quran as (112:1-4), 'Say: Allah, He is one and only, Allah the absolute and eternal, He begets not, nor is He begotten, and there is nothing like Him'. The second pillar of Islam, is Salaah. Usually the word Salaah is translated as 'prayer'. To pray, is to ask for help. Prayer does not denote the complete meaning of the Arabic word, Salaah, because in Salaah, besides asking for help, we also praise Allah and get guidance. In fact, the Muslims are programmed in the Salaah. We are programmed in what is wrong and what is right, do the good things, do not do the bad things, do not rob, do not cheat, love your neighbor etc. Muslims are ordained to pray five times a day, starting in the morning before sunrise, the next one after the sun reaches highest, it is followed by one late in the afternoon, followed by one immediately after the sun sets and finally the one in the early hours of night. As for a healthy body, the doctor tells about having three meals a day, similarly for a healthy

soul, Muslims must offer Salaah, five times a day. The prophet Muhammad (PBUH) said, 'When you stand for Salaah, stand shoulder to shoulder, so that the devil does not come in between you'. He was referring to the devils of racism, casteism, color and wealth. It means irrespective of whether you are rich or poor, you are black or white, you are from America or from Asia or Europe or Africa, you are from a noble family, or you are not from a noble family, when you offer Salaah, stand shoulder to shoulder, so that it shows the best Universal brotherhood, five times a day.

The third pillar is Zakah. The Arabic word Zakah, means purification and growth. In Islam it is compulsory for every rich Muslim, who has saving of more than a specific level (nisaab), to give 2.5% of that saving in charity, every lunar year. The distribution of charity is also prescribed as the Holy Quran says (9:60), 'It can be given to the poor people, to those who are needy, whose heart is bent towards Islam, to those who are in debt, those in freeing of slave, a way farer who gets scanted in a foreign land, and those who spend in the way of Allah'. The benefit to the socio-economical system is also described as (59:7), 'It prevents the wealth from circulating among the rich, that the rich will not become more rich (and the poor become poorer).' Therefore, hoarding of wealth is prohibited in Islam.

The fourth pillar is Hajj. Every healthy and affluent Muslim should undertake a pilgrimage to Mecca, once in his life time. This pilgrimage is known as Hajj. People of different nationalities, languages and colors, gather in millions at the holy city of Mecca during the month of Hajj. The concept of one humanity upheld by Islam is explicit during Hajj pilgrimage when the pilgrims have the same thought, carry the same prayer on their lips, and are uniformly dressed. A single humanity where there is no discrimination between king or pauper, black or white, elite or lowly, native or foreigner, is symbolized by the multitude of humanity that assemble for this holy pilgrimage. It is the biggest annual gathering of the Muslims and the best example of practical brotherhood. The Prophet said, 'No Arab is superior to a Non-Arab, neither a Non-Arab superior to an Arab, neither a White superior to a Black, nor a Black superior to a White'. And Quran says (49:13), 'The only criteria for judgment (and superiority) in the sight of Allah is not sex, it is not caste, it is not color, it is not wealth, it is not age, (instead) it is taqwaa, it is God-consciousness (piety, righteousness).'

The fifth pillar is Saum. It refers to the responsibility of a Muslim to abstain from taking food and drink and also to abstain from sexual intercourse during day time for a period of one month. Ramadan, the month in which the Quran was first revealed, is the stipulated month for fasting. The reason for fasting as described in the Quran, is self restraint. And the psychologists, tell us today, that if you can control your hunger, you can control almost all your desires. It gives an opportunity to improve yourself. Simultaneously it inculcates the feelings of sympathy and help in the one who is fasting for those who are poor and do not have even the basic necessities of life.

Islam also explains the meaning of life in Quran as (67:2), 'Allah has created death and life to test which of you does good deeds.' This means that death does not terminate man's life, rather it is the door that opens to an eternal life after death. The appropriate reward for one's earthly deeds, good or bad, is disbursed only in the Hereafter. A Muslim's belief is that mankind will be resurrected, on the Day of Judgment. After being reborn, man will face a trial which will be in absolute control of the Almighty. Here, all the good and bad acts of man during his sojourn on earth will be unfurled before his eyes in order to be ultimately judged by God. The virtuous will be rewarded with virtue and the wrong

doers punished appropriately. Those who have made sacrifices and have come before God with noble deeds will receive the shelter of peace in Heaven and those who have denigrated their lives through vices and evil will be condemned to suffer horrors of Hell. Islam inculcates the concept of accountability both in public and private life of a person by emphasizing the paramount importance of life hereafter for mankind.

These were in a nutshell the five key principles, the pillars of Islam, not the complete Islam. As we know that if the pillar is strong, then hopefully the structure will be strong too. The structure constitutes the do's and dont's and are mentioned in the Quran and manifested by the Prophet Muhammad (PBUH). How a person should lead his life and what is the criteria of a successful life, all are clearly mentioned in the Holy Quran. Allah says in Quran (51:56), 'And We have created the jinn and the men, not but to worship Me'. That means, God Almighty created the jinn and the men, only to worship Him. Worshiping Allah is following His commandment while being firmly erected on the five pillars. If you abstain from prohibited things, you are honest in your business, you love your neighbors, you abstain from back biting, speaking ill about people behind their back, you are actually worshiping the Almighty. Quran says (49:11-12), 'Do not defame others, do not be sarcastic, do not call others by bad names, avoid suspicion for suspicion in many cases is a crime.

Do not speak ill about others behind their back, are you ready to eat the dead meat of your brother, means if you backbite, if you speak ill about any body else it is as though your are eating the dead meat of your brother.' It continues to teach us to be kind to our parents. And if they reach their old age, do not say a word of contempt, do not even say uff (a sigh of grief) to your parents. But lower to them your wings of humility, and address them with honor, and pray to Almighty God, that... Bless them, as they cherished me in childhood. You have to love and respect your parents. If you are doing this, you are worshiping Allah. Regarding wives, God says (4:19), 'Treat your wives on a footing of equity and kindness, even if you dislike her'. These are the heights of moral values that Islam inculcates in its followers. Islam has got a dual role -It caters to the body as well as the soul. There is not a single teaching of Islam, which is against humanity.

The fundamental characteristics of Islamic morality are love, compassion, forgiveness, sacrifice, tolerance and justice. In Quran, God commands Muslims to bring peace, harmony and brotherhood to the world. In one verse, God commands Muslims to respond to evil with goodness (41:34); 'A good action and a bad action are not the same. Repel the bad with something better. And if there is enmity between you and someone else, he will be like a bosom friend.' To more emphasize, bloodshed, war and cruelty with innocent ones are terrible sins condemned by Allah as he says: 'if any one slew a person - unless it be for murder or for spreading mischief in the land - it would be as if he slew the whole mankind, and if any one saved a life, it would be as if he saved the life of the whole mankind.' This importance attached to the life of a human has been seen throughout the history of Islam.

Beginning with the days of the Prophet Muhammad (PBUH), he took the greatest care to protect the lives of innocent people. He never began a war except for defensive reasons. Even then he warned his commanders that not one innocent person should be harmed and that the holy places of other religions should be respected. For this reason, Islam is a religion of peace and harmony. The duty of a Muslim is to behave kindly and justly to all people and simultaneously doing and calling to the good while refraining and forbidding from the evil.



NOW CRUISING FROM MELBOURNE
BOOK NOW & SAVE 30%

10 nights from **\$1550***

Your one low fare includes:

- ✓ Cabin with steward
- ✓ All main meals
- ✓ Onboard day-time entertainment
- ✓ Night-time shows and nightclubs
- ✓ Unspoilt islands and bustling ports

Don't miss out. Book now!

Jetset

Jetset Morwell

Ph: 03 5134 3388

213 Commercial Road, Morwell

31 OCT 05 ISLAND COASTING - 13 NIGHTS
 SKY P537N - New Caledonia, Loyalty Islands and Vanuatu

4 berth from **\$1949**
 twin berth from **\$3027**

28 JAN 06 PARADISE ADVENTURES - 12 NIGHTS
 SKY P604N - New Caledonia, Loyalty Islands and Vanuatu

4 berth from **\$1860**
 twin berth from **\$2884**

NEW ITINERARY

27 NOV 05 SUNSET SAILING - 10 NIGHTS
 SKY P539N - Australia and New Zealand

4 berth from **\$1550**
 twin berth from **\$2404**

NEW ITINERARY

9 FEB 06 SOUTHERN EXPLORER - 16 NIGHTS
 SKY P605N - AUSTRALIA TO MALAYSIA & SINGAPORE

4 berth from **\$2151**
 twin berth from **\$3325**

18 JAN 06 TASMAN TEMPTATION - 10 NIGHTS
 SKY P603N - New Zealand and Australia

4 berth from **\$1550**
 twin berth from **\$2404**

NEW ITINERARY

'love to cruise'



*Fares are cruise only per person, in AUD, in complete 4 berth or twin cabin, as specified, based on 11-grade inside category, inclusive of 30% discount off full brochure fare, all taxes & charges. Supplements apply for other cabin categories. Valid for new bookings only until 30/06/05, not combinable with any other offers. Airfares, hotels and transfers additional. Inside cabin has no porthole/window. P&O Cruises has set aside cabins which are available at these discounted fares. Once these cabins are sold, fares may revert to a higher fare or the full fare. P&O Cruises reserves the right to do so at any time. Subject to limited availability. Conditions apply to be read in conjunction with the P&O Cruises South Pacific Queensland NC Asia J&KS - Nov05 brochure. Carnival plc trading as P&O Cruises. ABN 23 107 998 443 21A 5500.

Clare Valley – A Great Place To Visit

By WENDY BROWN

THE Clare Valley is a great place to visit. You don't need to be a "Wine Buff" to appreciate some of the wonderful historic places. The self-contained cabins at the Clare Caravan Park is a central place to stay cheaply while tasting the great wines and exploring all the history of the area.

Sevenhills Winery: After tasting some of the excellent wines, we wandered through the old cellars, church and crypt. Sevenhill Cellars is the oldest and one of the most historic wineries in the Clare Valley and was established in 1851 by Jesuit Priests from Austria, who fled their home country during a brief period of religious persecution. As the story goes, the Clare Valley reminded them of the Seven Hills of Rome - hence the name.

The Jesuit Priests planted the first vines in 1851, bearing their first Sacramental Vintage five years later. The main reason was out of necessity - Sacramental Wine was shipped from overseas during this period and the source wasn't very reliable. So they decided to make their own, since they had all the raw materials. Today they produce some of the best wines of the region.

Martindale Hall: Martindale Hall at Mintaro is a grand authentic 19th Century Georgian mansion (now a museum) built in 1879 for a 21 year-old sheep farmer. It was designed not as a home, but for a place for the gentry of the day to stay while being entertained with polo matches, grand dinners, balls and musical recitals. Its Italian Renaissance interior is a tribute to the tradesmen of the day.

It is immediately recognisable as the Girls' School in the movie "Picnic at Hanging Rock". The village of Mintaro in itself is worthy of exploring, with its little stone cottages, and the "Magpie and Stump" pub still with its original baker's oven out the back – great for a coffee on the verandah!

Another area we visited was Innes National Park at the tip of Yorke Peninsular, where we climbed amongst the huge rock outcrops and made our amazing discovery of stromatolites (known as "the lowest form of life") at the water's edge. There are only three places in the world where they are known to currently exist in their present form, in South Africa and Shark Bay in Western Australia, (where I first saw them,) as well as Innes National Park



Stromatolites



Martindale Hall

Latrobe Information and Support Centre Inc

DID you know that this service on the corner of Tarwin and George Streets, in Morwell, is not just a tourist information and Charity Christmas card shop?

It "is a place where you can go for confidential assistance. If you are looking for information or perhaps are having some personal problems, a trained volunteer will supportively listen and provide you with options"

Some of those options are information, or referral about benefits, pensions, concessions, legal matters, family and personal matters, health, transport, drugs and alcohol.

The trained volunteers will negotiate on your behalf with a creditor, provide support to people in crisis eg. Financial difficulties, budgeting, assistance with filling in forms, tax help, relationship breakdowns and domestic violence.

The service can assist with emergency relief, in the form of food parcels, travel vouchers and referrals to other welfare organisations eg. Anglicare.

It was for this emergency relief, and the provision of resources required to provide a referral service and appropriate literature to families affected by a gambling problem, that Latrobe Information and Support centre received a \$5000 grant from The Latrobe City Trust Gambling Impact Fund. This has enabled them to service their 200-300 requests for emergency relief from gambling related issues. Food parcels are valued between \$20-\$25 each. A percentage of requests are repeat clients.

Most people will not come into the centre ready to admit to a gambling or other problem. However, the environment is one which encourages people to come in, look around, feel comfortable, and then seek help. They will be taken to a quiet area to talk through with a trained volunteer, the issues they face. The volunteers are trained to and listen help. If the problems faced are out of the scope of help provided by this service, clients will be referred on. Anglicare is the first point of referral.

THIS IS A FREE SERVICE AND CAN BE ACCESSED BY PEOPLE THROUGHOUT THE LATROBE CITY COUNCIL AREA.

The Centre is always looking for more volunteers to train for this important work. The accredited training course gives a national accreditation rating once completed. It is run by Community Information Victoria- their peak body- which has 52 member agencies.

The Morwell agency covers from Warragul to Bairnsdale and all areas of Latrobe City Council.

The training course is approximately 50 hours, run on one day a week for 6 weeks. The course includes theory, assignments, and working in the agency to gain first hand experience in how its practises function.. There is a 3 month probationary period at the end of the course. The next course will possibly be in August.

Volunteers need to be non-judgemental, able to deal with crisis situations arising from drugs, alcohol and gambling abuse, and income support. They need to have good people skills, literacy skills, and above all empathy with those in the community who are vulnerable and disadvantaged.

The volunteers know their work is effective. They know they make a difference. The centre is accessible being open 5 days a week.

Karin Thomsen, the Manager, says it is a struggle financially at times, to keep the place open. They are always grateful to local businesses, corporations and the community when they respond to calls for financial help to top up their main funds which are provided by Latrobe City Council.

The centre is very grateful to the Latrobe City Trust Gambling Impact Fund for their generous and ongoing support.

For further information or inquiries re assisting the Centre or asking for help, you can ring the Centre on 51341118 or 51337806.

Alternately, if you are concerned about your gambling, or the gambling behaviour of someone close to you, the staff at Gambler's Help Gippsland can be contacted Monday to Friday at Anglicare on 51339998. Counsellors are also available 24 hours a day through Gambler's Help Telephone Counselling Line on 1800 156 789. This service is also free and confidential. This telephone won't appear on your telephone bill.

Also The Latrobe Community Health Service provide relief for individuals and families who have a member with a gambling addition. They also provide counselling for partners and advice on where to seek assistance for family members.

In Churchill phone 51220400, in Morwell phone 51342011, and in Moe phone 51279100, and ask for Welfare.



LIONS CLUB OF CHURCHILL & DISTRICT – APPROACHING THE END OF THE YEAR

By JOHN BARKER, Publicity

BUNNINGS Hardware Midvalley have very kindly offered to paint one of our barbecue trailers and be a major sponsor "proudly supporting Camp Quality". (More information and photos next issue)

Lions Zone Tail Twisting competition was held at Yinnar. A great evening was attended by four clubs. Moe club won the competition and will run the event in 2006.

Donations

Salvation Army	\$200
Odyssey House Victoria	\$100
National Stroke Foundation	\$100
Lions Prostrate Awareness	\$50
Bone Marrow Donor Institute	\$100
Cystic Fibrosis Victoria	\$100
Royal Children's Hospital	\$100
Peter McCallum	\$100

Snippets

Four members attended a meeting at Inverloch.

Members supplied a barbecue lunch for Red Shield volunteers.

Lion Frank Langston still ill, we wish him speedy recovery

Lion Ken Hills convalescing after short hospitalisation

Combined Lions / Lioness Clubs change-

over is on June 15th

Members attended the Mirboo North Lions Club charter night

Incoming Officers Day is on Sunday 5th June.

Catering coming up

Catering at Bunnings June 11th for Camp Quality

Amateur Radio Club July

The Lions Birthday Club, sponsored and run through the Churchill & District News by our Lions Club, is a great hit. Riley Akers and Chelsea Kootstra were each the happy Birthday Club recipients of a \$15 voucher in May. All children in Churchill and surrounding areas under 12 years of age are eligible to join. IS YOUR CHILD A MEMBER? IF NOT, WHY NOT? Make sure your child is registered – just follow the instructions in the Lions Birthday Club list published each month in the Churchill News. WE NEED MORE MEMBERS.

To all the families in our great community of Churchill and surrounding district, we thank you for your support. Need to contact us? Our address is The Secretary, Lions Club of Churchill and District, PO Box 110, CHURCHILL 3842.

LIONESS CLUB OF CHURCHILL & DISTRICT

By MARGARET BARKER, Publicity

AS we all know the saying "many hands make light work", it's great that our membership has increased over the Lioness year. I would like to share with you our achievements for the past year.

Hospital Packs: We distribute approximately 100 Emergency Toiletries Packs to the Latrobe Regional Hospital Emergency Department each year.

Rose Garden: We maintain the rose garden which we established at Hazelwood House.

Walking School Bus and Breakfast Program: A member has undertaken this task.

Aid to the Elderly: Four members help the elderly in our community.

Friends of the Park: Tree Planting and animal counting at the Morwell National Park along with National Tree Planting Day.

Camp Quality: Some of our members are companions for this organisation along with donations to the Camp Quality Escarpade in which the Lions Club participates.

LifeLine: A member assists in this organisation.

Knitting: Baby garments for the babies in need along with rugs and beanies for the new Cancer Care Unit at Latrobe Regional Hospital.

Trauma Bears: Bears are supplied to the local police for children in a crisis situation.

This year we have given donations to Camp Quality Escarpade, Lions Deafness Foundation, Lions Eye Research, Port Lincoln Fire Disaster Appeal, The Lymphoedema Support Group, Hearing Dogs and Ride for Sight. Our money is raised mainly by catering.

We also take part in other Club's functions such as Changeover Nights, Lioness Forum, Zone Meetings and the Lioness Breakaway weekend. For fun we go as a group to the movies and local drama productions and of course the Annual Ten Pin Bowling Challenge with the Trafalgar Club.



CHRISTMAS IN JULY



Trivia Night

Friday 1st July 2005

7.30pm

Churchill Hotel

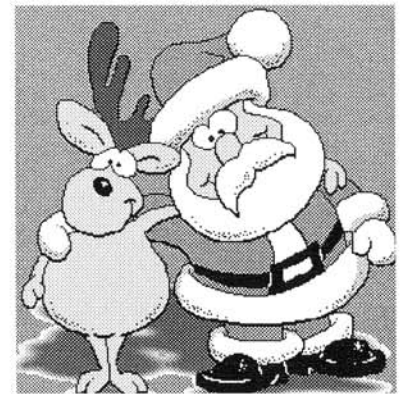


**Dress Up in a Christmas
Costume and get
EXTRA POINTS!**



**ALL PROCEEDS FROM THE
EVENING WILL GO TO THE
GIPPSLAND CANCER CARE
CENTRE APPEAL**

To Book a Table or
For More
Information Ring
Peter on 5122 2589



Rotary Club of Hazelwood Celebrating 100 Years of Rotary

of expenses through sponsorship of over \$4,000.

Also in conjunction with Traralgon Central, a special dinner was held at the Churchill Football Social Club rooms with a group of members and partners catering. The night was very successful and raised sufficient funds to purchase three Shelter Boxes. A public appeal in MidValley raised funds for another eight ShelterBoxes.

This Rotary District 9820 contributed \$240,000 of \$800,000 raised in Victoria mainly for tsunami relief. Donated goods have been shipped to Fiji as part of international service. Rotary's own 'charity', Rotary Foundation received \$2,200 from this club.

This Foundation has grown from an initial contribution of US\$26.50 to more than US\$55 million contributed in 2002-03.

The elimination of polio through Polio Plus is only a portion of the Foundation's world wide humanitarian work.

Club members took part in a local Japanese Day arranged by the local Latrobe City. Japanese food was supplied promoting a greater understanding of the Japanese culture.

Hazelwood continues to make a financial commitment of \$2500 to an Indigenous health Scholarship. Recently members were addressed our by scholarship recipient, Ebony Lovett who outlined her aspirations for her career as a physiotherapist for her people.

The club again sponsored a student to the Siemens National Youth Science Forum in Canberra. Our candidate, Alice Taysom, addressed the club and expressed her appreciation for the opportunity of being one of the few selected to visit Canada

One of the Club's ongoing projects has been sponsorship of the local Strzelecki District Scout of the Year Award and this year the Club has also continued as the major sponsor of end of year prizes for Kurnai Churchill

Wrapping of Christmas presents at MidValley Shopping Centre has been a major fundraiser for

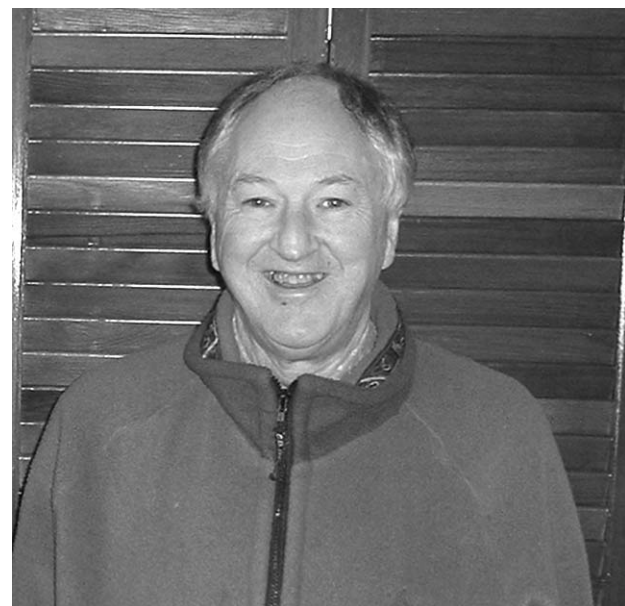
the Hazelwood Rotary Club for several years. This involves a substantial commitment from all Club members, aided by various local groups. The activity continues from the end of November until Christmas Eve and also involves being on duty during late shopping hours. The Club donated about half of proceeds to contributing community groups. LifeLine has also benefited.

The Club worked in conjunction with local churches and primary schools to stage an Advent Pageant in the shopping centre of Churchill. Over 140 schoolchildren and adults took part in the re-enactment of the first Christmas. At the conclusion of the event, Hazelwood Rotary and Churchill & District Lions Club provided a community barbeque for those who took part in the pageant.

The Club conducted a regular BBQ at a local nursery on Sundays as a form of fundraising. Members have undertaken a TAFE food handling course and now have the appropriate qualifications for this task. A well equipped kitchen trailer is being completed.

Membership recruitment has been given a high priority this year and already the Club has inducted five new members in the 2004/05 Rotary year. More members are still needed to serve Churchill, Australia and the international community.

The Club has taken part in two environmental projects- development of a frog friendly wet area at Commercial Road Primary School and is about to develop wetlands in Mathison Park. Both of these projects have involved members providing hands on assistance at working bees. A clean up of the local highway, Monash Way was the club's contribution to Clean Up Australia Day.



Ross Ollquist - President of Hazelwood Rotary

Statewide Shine On Awards for handicapped people gave our candidate a commendation.

Two of our members are also members of a local motorcycle club, which conducts an Annual Christmas Toy Run and Rotary members have supported this project through donations of toys and gifts.

The Club has raised almost \$40,000 this year. All in all, it has been a very busy year to date and there is still much to do before the Centenary Year is over.



By ROSS OLLQUIST, President

ROTARY started in Chicago in 1905 and is the world's largest service club present in 167 countries. Originally for business and professional men, the membership has been greatly expanded

Rotary's Centennial year has been full of activity for Hazelwood.

The major focus has been on the Latrobe Group of 9 clubs-initiated project, Gippsland Rotary Centenary House. This accommodation project will provide a place to stay for the patients and their families being treated at the new Gippsland Cancer Centre being built at the Latrobe Regional Hospital.

As this is a project requiring funding of over \$2million, a major emphasis has been on fundraising activities.

A number of successful major events have been organized for this purpose and these include a Toad Hall Ball held in a rural environment and incorporating the Toad Hall characters in full costume (\$24,000 raised), a Yuletide Ball (\$6,000), the sale of the locally written novel "Rubbish", the sale of Christmas Hampers to local industries and many other fundraising activities. The club has also donated \$4,000 to Centenary House.

An independent Committee of Management consisting of Rotarians and the public has been established to manage this project. It has also been able to secure significant funding from government and philanthropic sources.

The Club, in conjunction with the Rotary Club of Traralgon Central, again conducted the "Go Youth Camp" for underprivileged young people. They are given the opportunity to go on a weekend camp at Coolamatong. Rotarians and their partners supervised the weekend in October and local companies assisted with the defraying

Churchill & District News

Short Story & Poetry Competition 2005

THE Churchill and District News is proud to announce the launch of our fourth writing competition.

The first competition was held in October 2002 as a part of the celebrations for the re-launch of the newspaper.

It was a huge success. The support and number of entries received from all the local schools was tremendous. The second and third competitions were even bigger!

All winning stories are published in the Churchill and District News.

Writers from all over Victoria submitted entries. The local history category was introduced in 2003 and will stay for this year.

We have introduced a new category for 2005 - A Story for Children. Many people write childrens stories so now they have the opportunity to be published.

The children's story can be for any age of child up to 18 years.

We welcome illustrations in this category as very often they are an integral part of a children's story.

Everyone is invited to enter, so if you have a story to tell we look forward to reading it.

CATEGORIES

1. Children (U7) Short Story / Poem or Picture Story
2. Children (U12) Short Story (Illustrations Welcome)
3. Children (U12) Poetry (Illustrations Welcome)
4. Under 18 Short Story
5. Adult Short Story
6. Adult Poetry
8. Local History - My Story. Our aim is to record the history of Churchill and District through the eyes of local residents. This category will be judged on content alone and there are no restrictions on length of story.
9. A Story for Children. Illustrations Welcome.

CONDITIONS OF ENTRY

- ★ All stories must have a completed entry form attached to the manuscript with a paper clip (no pins or staples)
- ★ The author's name must only be on the entry form and not on the manuscript.
- ★ Entries must be original, previously unpublished work.
- ★ Multiple entries will be accepted
- ★ Unless otherwise specified, permission to reproduce entries in the Churchill & District News for publicity purposes will be assumed. Copyright remains with the author.
- ★ Writers will be credited whenever their writing is reproduced
- ★ Entries must be received by 12 August 2005
- ★ All pages should be numbered.
- ★ Length of stories are to be: Adult - 1000 - 2500 words in length. Under 18 - 500 - 2000 words in length. A Story for Children - maximum 2000 words
Children: up to 500 words in length.
- ★ Poetry to be: Adult - min 8 lines - max 48 lines. Under 18 - min 8 lines - max 48 lines.
Children - up to 20 lines.
- ★ Entries will not be returned and participants should keep a copy of their work.
- ★ The judges decision will be final and no correspondence will be entered into.
- ★ Signing of the entry form constitutes acceptance of these conditions of entry.

ENTRY FEES

\$3.00 Per Short Story - \$2.00 Student or Concession
 \$3.00 Per Poem - \$2.00 Student or Concession
 Children, Under &, Under 12 and Under 18 - 50c
 Special Category: Local History \$1.00
 A Childrens Story - \$1.00

CHURCHILL & DISTRICT NEWS SHORT STORY & POETRY COMPETITION 2005 ENTRY FORM

Name: _____

Address: _____

Telephone: _____

Number of Entries	Title of Story(s)/Title of Poem(s)
1. Children's (U7)
2. Children's (U12) Short Story
3. Children's (U12) Poetry
4. Under 18 Short Story
5. Under 18 Poetry
6. Adult Short Story
7. Adult Poetry
8. Local History
9. A Children's Story

I have read and understood the conditions of entry and agree to abide by them. I certify that this is an original unpublished story or poem, written by myself.
 Entry form can be completed on behalf of U12's by a parent or guardian.

Signature: _____

Entry Fee to be included with Entry Form.
 Please make Cheques or Postal Orders Payable to the Churchill & District News.
 No Cash or Stamps Please
 Send Entry Form To:
 PO Box 234
 CHURCHILL 3842



By Margaret Guthrie, President
 CDCA is very pleased to announce that formalities for the release of land for Churchill's Civic Garden Project are underway. The Gardens will be located in the vicinity of the town symbol and will provide a pleasant visual focus in our newly 'created' CBD.

There will be lots of work to be undertaken for this development, including cleaning the site, designing the garden, erecting seats and garden beds, and planting shrubs and seedlings.

We would like members of the Churchill and district community to suggest ideas for the design of the Civic Gardens, and also to register their interest in helping in a voluntary capacity or tendering for some of the works that will be required.

Please contact our Secretary on 5122 3602, or email wc-bs@net-tech.com.au for further information.

Plans are under way for our community Christmas celebration, to be held on Dec 3. A number of organizations have already committed to this event, which will be held at West Place Shopping Centre in conjunction with

festivities later in the day at Churchill Saloon. We invite all community groups within the district to participate, and especially encourage all our local schools, kindergartens and playgroups to become involved by providing decorations, craftwork and performances by students for this event.

CDCA has limited funding available to assist with any associated costs. Write to PO Box 191, Churchill 3842 to apply, or contact the Secretary on 5122 3602.

A 40th anniversary event is also being planned for later this year. Interested residents are invited to attend our next monthly meeting to hear more! Final arrangements will be publicised through the Churchill & District News and various community newsletters.

CDCA is often invited to represent the Churchill and district community at various official functions, public consultations, meetings and community engagement forums. This can keep us very busy!

On Wed 1 June I attended the opening of the Morwell Neighbourhood House, officiated by the Regional Director of the Dept. of Human Services, Val Callister. The House was officially 'launched' by Candy Broad MLC

who is Minister for Housing and Local Government.

Later the same day, our Secretary, Rob Whelan, attended the Waratah Restaurant for the official launch, also by MLC Candy Broad, of 'Latrobe 2021'.

This document is the Council's vision statement for the future of Latrobe. The Mayor, CEO, local member Brendan Jenkins, and various other dignitaries were in attendance at both functions.

More importantly, CDCA is involved in discussions with Council and other community groups and agencies regarding issues that directly affect Churchill residents.

We are often asked to be involved in planning for projects such as the Churchill Community Hub, or comment on proposed changes within our town, such as new residential developments, parking issues or traffic management.

Residents of Churchill and district are always welcome to attend our monthly meetings, which are held on the first Tuesday of each month at 7.30pm in the Link Room at Monash University. Join us for a cuppa, hear what's going on and have your say.



The Over Forty Social Singles - Friendship Group

ALWAYS on your own with no social interaction? Maybe we are what you need!

T.O.F.S.S - The Over Forty Social Singles is, as the name infers, a friendship group for single people over forty.

We are based in the Latrobe Valley and meet every Friday for dinners at various venues, have monthly meetings, outings and, above all else, lots of fun.

If you think this may be what you are looking for then ring one of the following phone numbers to find out more about our organization: Janet on 5133 9854, Di on 5134 5960, Jenny on 5174 2717, Lorraine on 5134 3142, Norm on 0403 961 324 or Barb on 5134 2126.

We will then arrange to mail you a calendar of forthcoming events.

In the next three months there will be regular Friday night dinners at various venues, together with (among other things) a Mystery Auction (for charity), Games Afternoon, Murder Mystery Night and a visit to the Village Cinema at Mid Valley.

----- Youth Yard -----

GAME REVIEW CRASH TWIN SANITY

Rating: G
Genre: Adventure
System: Xbox/ PS2
Players: 1

Overview/ It started off as an experiment, and ended up being one of the best game series ever. It is of course the 'Crash Bandicoot' saga. This game is probably one of the weirdest versions of 'Crash Bandicoot' I've ever played, but there is a slight amount of saneness in this twisted adventure, well, maybe not. The thing I like most about this game is that you can walk around in 'free-loom' mode instead of going in a straight path the whole darn level! Sorry, I just got sick of the same old levels right up to 'Crash Bandicoot:

Wrath of Cortex'. Anyway, I suppose it's an alright game, apart from the twisted, most irregular game play ever to be used in a sequel, and the fact that it makes about 1.2 % sense, other than that it's a great game!

Game play: 6/ 10

Graphics: 8/ 10

Sound: 7/ 10

Last ability: 5/ 10

Difficulty (Missions etc...): 8/ 10

Multiplayer Compatibility: 0/ 10

Overall: 5/ 10

Jazzman's rank: C

It is too weird for its own good...

This game review was submitted by Jazzman...

STAR PROFILE Jesse McCartney

By CASSIE
OLVER
Birth Name:
Jesse Arthur
McCartney
Birthday:
April 9, 1987
Age: 18
Born at:
Westchester
New York
TV appear-
ances:



Summerland, Video Hits and
Rage.

Released songs: Beautiful Soul
and She's no you
Songs on his Album: She's No You,
Beautiful Soul, Take Your Sweet
Time, Because Of You, That Was
Then, Stupid Things, Why Is Love
So Hard To Find, What's Your
Name?, Why Don't You Kiss Her,
Without You, Come To Me and
Get Your Shine On.

Siblings: Sister Lee and Brother Tim
Lives with: Mum, Dad, Lee and
Tim

Enjoys: singing, acting, baseball,
Chinese food and watching the
cartoon Sponge Bob Square
Pants.

Info:

His song Beautiful Soul was num-
ber one in Australia for about four
weeks. He has just done a tour
around Australia.

Jesse plans are to go to UCLA
College when he is old enough.
He says he wants to get a
Siberian husky and travel around
with it. His favorite number is 7
and he owns an orange and
white cat. His dad says that if
one of his kids were to get arrested
it would be Jesse.

He auditioned for the part Harley
Joel Osments in the Sixth Sense,
unfortunately he didn't make it.
His song Beautiful Soul was num-
ber one in Australia for about four
weeks.

ideal for those of you who wish to
revisit the good old days of block-
headed adventurers and tennis balls
that are actually resemble squares.

Game play: 8/ 10

Graphics: 3/ 10

Sound: 7/ 10

Last ability: 9/ 10

Difficulty (Missions etc...): 6/ 10

Multiplayer Compatibility: 8/ 10

Overall: 10/ 10

Jazzman's rank: A+

What? I like old games...

This game review was submitted by
Jazzman...

GAME REVIEW: ACTIVISION ANTHOLOGY

Rating: G
Genre: Mixture
System: PS2
Players: 1-2

Overview/ Anyone who remembers
classics like 'Pitfall!' and
'Megamania' should pay close atten-
tion to this review. This is because
'Activision Anthology' is nothing but
old 'Activision' games like that
(hence the title). I particularly like
this game because the new genera-
tion of kids and teenagers can expe-
rience the sort of games that their
parents played when they were, well,
before twenty years-old. This is also

ideal for those of you who wish to
revisit the good old days of block-
headed adventurers and tennis balls
that are actually resemble squares.

Game play: 8/ 10

Graphics: 3/ 10

Sound: 7/ 10

Last ability: 9/ 10

Difficulty (Missions etc...): 6/ 10

Multiplayer Compatibility: 8/ 10

Overall: 10/ 10

Jazzman's rank: A+

What? I like old games...

This game review was submitted by
Jazzman...

My Trip To Queensland

By Jacqueline Christie

When I was 12 years old my mum, sister and I went on a trip to Queensland.

We left for the airport at 8:30pm and I was so excited that I could hardly wait. When we got to the airport I was amazed by how big the planes were so I sat at the nearest seat facing the window and I watched the planes land and take off until my plane arrived. We stayed at a place called Sea World Nara Resort. It was such a love-ly place.

The view from our hotel was so stunning and beautiful. It was also a perfect view of Sea World. The first thing we did when we got to our hotel was put our luggage in our room and then we went to Sea World. My favourite part of sea world was the polar bears they were so cute. The funniest thing about one of the polar bears was that it kept on doing flips and diving into the pool. Their names were Ping-Ping and Lutik.

After that we went to get some food for lunch. We went to our hotels restaurant. The food there was magnificent and was very delicious. I had a hamburger and chips for lunch with a bit of mash potato on the side.

After we finished our lunch we caught a bus to Movie World. The first ride Donna and I went on was the Scooby-Doo Roller Coaster. It was so exciting. After that we went on the wild-wild west it was so thrilling and I got so wet.

Then we went back to our hotel and had a sleep. For breakfast I had some coco-puffs and Donna had toast with Vegemite on it. After we had finished our breakfast we went down to the 1st floor and went in the pool. After being in the pool for a while we went back to our hotel and packed our bags.

We caught the first bus to the airport and caught the first plane home to Melbourne. It was a very bumpy ride home.

Haiku Poem!

Autumn:

The sun shining warm,
Animals bask in the rays,
At last it's autumn.



Summer:

The beach, the sun shine
Sunscreens, bathers, towel and sand
I love summer time



Holidays:

Holidays are fun,
No school homework to do,
Just fun and laughter



Haiku

by Bradley Hughes

Autumn leaves fall down
High from the tallest tree tops
To be blown away



Hot summer sun shines
Down on the lakes cool water
Perfect for swimming



Xbox can't compare
Way better than Nintendo
Playstation is great



Love

By Donna

Love is a special thing that
You feel for a special someone
Try and keep that love very tight, strong
And never let it go no matter what happens to it.
Always try and keep that love special and strong.

Haiku poems

By Lianne Ypelaan

Autumn

Frosty cold mornings,
Hot afternoons, warm sun breeze,
The icy cold nights.

Lots of coloured leaves,
The colours red, brown and yellow
Falling from the trees

Summer

Hot sweaty weather,
The warm mornings, the hot nights,
I like summer lots.

Haiku Poems by Kirsty

Autumn

Cold and windy days
Leaves falling and tumbling
I love autumn days.

Winter

Wet cold and freezing
Raindrops falling from the clouds
Winter is coming.

Rocking Chair

Old and made of wood
She sits there knitting her wool
rocking back and forth.

Ross and Liz Ollquist

By RUTH PLACE

WHEN the name Ollquist is spoken, people immediately think of Ross and Liz, owners of the Churchill Pharmacy until they retired and Federation Health took over. As you will see from this article, as well as the friendly day to day connection people had with them in the pharmacy, they are two people who have quietly but effectively supported and fought for the development of our community.

Liz was born and brought up in Geelong. After secondary school she commuted daily to the Victorian College of Pharmacy in Royal Parade by train, to study as a Pharmacist. Once qualified she lived in Melbourne and worked at the Footscray & District Hospital (now the Western General) until she married Ross.

Ross was born in Melbourne and attended state school then Melbourne High. From there he went to the Victorian College of Pharmacy which was still in Swanston Street. In those days pharmacy was a 4 year apprenticeship. Ross worked 2 mornings a week, building up to 4 ½ days towards the end of his apprenticeship.

Ross and Liz met through bushwalking and college. They married in Melbourne. Their first job was in Bundaberg, Queensland, before returning to do locum work in Melbourne. The idea to come to Churchill and take up the pharmacy occurred when Ross's father saw an article in a newspaper about Churchill, saying there was a lack of shops. There was a promise of 40,000 residents by the year 2000, and it seemed like a golden opportunity. When applying for the pharmacy in Churchill, they were offered a house in McDonald Way for \$10.10 per week rent, with an option to buy. A deposit of \$200 was needed to buy a house – not much in today's terms, but for the young couple in those days it was out of the question. They lived in that house for 9 years before moving to their present home.

Ross recalls that they arrived in Churchill on the Friday with their possessions in a hired truck. They were to open the pharmacy the following Monday 22nd May 1967. There was little sleep that weekend as they unpacked and arranged their house, as well as unpacking 93 cartons of goods for the shelves of the pharmacy. The official opening of the shopping centre took place on 8th June 1967.

For the first six weeks there was no telephone, only one public call box. Amy Willaton at the Jeeralang exchange put a call through to the public box for Ross. Fortunately a child passing heard the ringing, and answered it, fetching Ross

to take the call. It was a drug company! The public phone was the only way to ring through their daily order to the Sigma Company, which had a depot in Morwell. Orders were delivered daily. If a product was unavailable, it was ordered from Melbourne and was delivered the following day.

The shopping centre seemed to have a better variety of businesses in those early days, with a greengrocer (Joe Joostin), butcher (Tony Radford), Michael Guss, Kelly Bros Electrical, hairdresser (Wally Lacy), shoe shop, Newsagency (Ian Jones), State Bank, Grocer, milk bar, White Rabbit baby clothes, Post Office and the chemist. Quite a few of these businesses folded due to lack of local patronage – people preferred Morwell or Traralgon.

The Ollquist's first daughter, Andrea, arrived in October of that year. Liz recalls that it was a very young town with young families, and everyone seemed to be pregnant. To be pregnant too, felt like you were part of the town. There were very few over 40 years old.

That first year was a testing year. Income from the pharmacy was not viable, but the beauty of both being Pharmacists, meant that Liz could stay in the shop while Ross went off to do relieving work to supplement their income. They didn't think of this as tough, just something to work through. It was about 18 months after opening before they needed or could afford their first shop assistant. The workload of the 'delivery' boy had gradually increased to include managing Churchill News advertising as well as pricing and stacking shelves. There were other frustrations with Churchill in the early days, lack of street lighting being one of them! Ross recalls that walking home after work in the dark, lead to some interesting incidents! It was several years, in fact 1974, before things began to pick up. This was the result of having two permanent doctors-Pui and Chui, coupled with the building of the Community Health Centre. This first commenced in a Blackwood Crescent house. The house next door was also acquired for the welfare work side of things. Prior to this there had only been sessional doctors from Morwell, who held clinics above the shops.

The Churchill Citizens Association was a vigorous body fighting for recognition of Churchill's multitude of problems. During the time that Ross was a member of the Churchill Citizens Association He helped to carry out the survey to have gas connected to the town. The Association acquired the Gaskin Park Stadium and was involved with the submission to estab-

lish a Secondary School. A project which failed to get off the ground was an attempt to build a community co-operative hotel.

The Housing Commissioners refused the co-op's offer for the land, but one of the three commissioners personally apologised one weekend when Ross was working back in the pharmacy. It would have been a boon when years later the Labour government made numerous matching grants.

"Churchill could have had marvellous facilities such as well resourced schools had we gained the hotel and the proposed community chest eventuated," Ross said.

The idea for a Community Health Centre rose from the great need of the growing young community. The Citizens Association applied to the Federal Whitlam Government for funding for this community project. This submission was done with only five working days to write and lodge the necessary documents. With Judy McKenzie's typing help, Ross set about putting the application together post haste over the Easter weekend. Ross gave me the impression they were surprised but delighted to receive word by phone from Canberra that they had been successful. Then followed the questions – "What do we do now?" Answer – "Advertise for staff". "Who will pay for it?" Answer – "Send the bills to Traralgon Hospital."

The Churchill Community Health Centre had "a great committee" according to Ross. It worked through the member's differences of opinion to achieve many programs in a vibrant centre for Churchill people before the Latrobe Valley centres were amalgamated. "They were a robust committee, prepared to work hard," confirms Ross.

A trip to Broadmeadows Community Health Centre saw the visitors return with many ideas and suggestions on how to run the Centre. These included how to obtain some cars, equipment, staff and two doctors, instead of only one as the Victorian Hospitals and Charities Commission had insisted. Ross says the Whitlam Government provided many facilities for the community in its short reign and encouraged community participation. With the extension of the West Place Shopping Centre and the building of the Community Health Centre, the Ollquists decided to move to the larger shop in 1977. Ross remembers their stock looked quite sparse in the large area, but they soon expanded to fill the shop with an amazing variety of merchandise.

One of the most memorable steps in progress came with the change to computers. Ross was a hesitant computer user, but quietly states that the Ollquist Pharmacy was the second pharmacy in the Latrobe Valley to be computerised. Before computers, prescriptions were recorded in books, then later on 8mm rolls of microfilm.

Computers totally revolutionised the work, making it so much easier. Computers provided a recording system, could print out repeat prescriptions, and labels, with typing mistakes being easily corrected. It saved much work, freeing the Pharmacist to talk to the customers.

In 1993 with the building of Hazelwood Village, the Pharmacy made its second move. The addition of a photo processing laboratory and beauty room added other valuable aspects to the business.

During the time in the shops in West Place, Liz would fill in as Pharmacist if Ross needed a relief. Otherwise she was a "stay at home mother". She quips, "Ross knew all the women in the town and none of the husbands."

During this time, second daughter

Leesa arrived in 1969, third daughter Fiona in 1971 and fourth daughter Johann in 1975.

Liz served on the Mother's Club at Churchill Primary School and helped to get Watson Park Kindergarten up and running. She later helped in writing the submission for Walkley Park Kindergarten. With the girls involved in swimming and the pondage the only place to swim, the Ollquists were involved in helping to get the Churchill Swimming Pool installed. Liz says the pool was badly built and has had subsequent problems. However she prefers the Churchill pool to the one in Morwell.

With the pool built and in service, the Swimming Club was started. Liz served for many years as Club Secretary. Andrea started swimming at 6, and Fiona finished when she was 17. Both later played "A" grade water polo.

Liz was also part of the committee that advised the council in running the Leisure Centre, also serving as the local Council Ward representative on Morwell City Council. The Ollquists were always great supporters of the Churchill News. In later years, Liz has taken up golf, works out in the gym and likes to ski and swim. She and Ross have travelled extensively, backpacking, but comfortably. Ross has continued his love of bushwalking. Ross, Liz and the children attended the Co-Operating Church and were very involved at first, and Ross was Church Secretary for a while.

Liz and Tom Lawless were the two councillor representatives on the Committee which successfully raised the funds (over a million dollars) which built Hazelwood House Hostel. This project met with a lot of opposition when it was first suggested and it took a lot of hard work from all the committee to convince the population to support it —the biggest objection being that it will never be filled! Time has vindicated their hard work as the Hostel has been full with a waiting list ever since it was opened 10 years ago.

Ross was the President of the Y.M.C.A Rowing Club based at the pondage. This Club didn't last long he explains, as they sank some of the boats! Ross spent a brief time in Apex but working as a TA on the fire station in Switchback Rd took priority. Ross was CFA Communications Officer for a while. Frustration with community governance prompted Ross to join the Democrats when they started in 1977. He was branch president and candidate a few times but resigned with the GST. Ross was a Lifeline steering committee, then board, member, Counsellor and Senior Counsellor for many years. Liz was also a phone counsellor. Ross is at present in his second term as President of the Rotary Club of Hazelwood and a Rotary Paul Harris Fellow.

Liz describes Churchill in the early times as a great place to bring up their children. There were plenty of kids to play with, wide nature strips with up to 20 children playing near their home. Their girls themselves didn't want to leave Churchill until they were 16 or 17, and then Melbourne was their destination. Until then they had all they wanted with education and sporting facilities.

So where are the girls now? Andrea is a social worker; previously a SE Nurse, who then obtained two further degrees. She lives in Ireland with her daughter. Leesa and Fiona are both nurses and live in Melbourne at present, although both have lived overseas for a time. Johann's husband is Japanese, they have one daughter and also live in Melbourne.

The Ollquists have enjoyed the time they have lived here, and we as a community have benefited from their quiet but effective community service. Both were awarded Centenary Medals. "They turned up in the post about 16 months after the event," said Ross!



Liz Ollquist(right) with daughter Johann and granddaughter Mija Ezaki

Vale

Muriel Coulman 1933-2005

A caring compassionate person to all

Muriel was born in Watergrove Lancashire to parents Mary and George. She grew up in Wardle near Rochdale, attending primary school at St. John's and secondary school at St. Patrick's.

When she left school she was employed as a nursery nurse and then worked in a dress shop. When the family came to live in Churchill Muriel obtained work at the Exacto Factory, first above the shops in West Place then at Webster Street. Working there she made some lifelong friends.

Muriel married Arthur Coulman in 1953 at St. Patrick's Catholic Church, Wardle.

Three of their 7 children were born before they emigrated to Australia, Muriel being pregnant with number four in transit. Four children were born here in Australia. At first the family lived in Hurstbridge, then Elthan, Corinella before making the move to Churchill.

Arthur was a prison officer. He had worked at the French Island prison until it closed. Then he was transferred to Won Wron.

Muriel and Arthur loved old time dancing and attended dances regularly. Muriel had a wish to become a singer. Muriel loved good china and crystal and used them day to day.

Chris, Muriel and Arthur's eldest daughter, recalled some of the memories she cherishes.

"Christmas was the best. We all came home with our partners and our kids and Mum cooked for all of us. It was a wonderful achievement in such a small house," she says. Muriel was well organised- a legacy from raising seven children.

The second memory was of holidays when the family was young, with nine in the car travelling to such places as Sydney, Canberra or Adelaide.

"The front bench seat had Dad driving, Mum nursing the youngest (Louise) and me in the middle because I was the oldest. The back seat contained a zig-zag of older/younger children to fit us all in. It was a squash and not always fun," remembers Chris.

Chris says that her Mum had no favourites - each kid was special. The grandchildren have all been special too. The arrival of great grandchildren was a great thrill.

Chris describes her Mum as a very independent lady. Muriel was very involved in the church and in the community.

Betty Wyatt says that the Wattle Club had Muriel's volunteer services twice a week from Day 1- September '84- for 20 years, of which Muriel was very proud. She received her 15th and 20th recognition trophies, from Latrobe Community Health Service. Muriel was a loyal volunteer who took part in all the activities. She was a very intelligent woman and loved to answer all the questions, instead of the clients.

Everyone had a good laugh when she was asked to let the others have a go! Muriel did lots of visiting of the clients in their homes, demonstrating her caring nature. But her biggest forte was her regular arrival at 8:30 am to prepare the cuppas, and the morning tea which she supplied. She was very generous.

St Vincent de Paul Society had a valuable asset in Muriel for 20 years - until its closure last year. Both Muriel and Arthur were foundation members of the Churchill group.

David Lees recalls that Muriel was a marvellous worker who spent many hours of involvement. In delivering the food parcels Muriel was always compassionate, appreciating and empathising with struggling people.

David continues by describing Muriel as a unique individual, known for walking everywhere, having fitness and energy, being involved in lots of things and being out and about in all sorts of weather. You couldn't want for a better friend or neighbour he concluded.

Emma Pooley was a fellow Exacto Factory worker but also involved with Muriel in the St. Vincent de Paul work for 13 years. She and Muriel would deliver the food parcels together. Muriel was always willing to sit down and talk with the recipients. Nothing was a trouble. She could relate well to all.



Emma confirms that Muriel loved her family - children, grandchildren and great grandchildren. She never forgot her God. He always came first. Emma said it was hard to believe Muriel was gone, but felt she was still here in spirit. Muriel loved life she added.

Marian Answerth describes Muriel as a mother figure to some of Lumen Christ's Indonesian students. Marian says Muriel had an active role in the Lumen Christi Parish, being on communion rosters etc. Muriel always did everything wholeheartedly.

Betty Shore, a long standing friend from Exacto Factory days, described Muriel as very loving and caring. If you were in trouble, Muriel was the first to be there. What you saw was what you got. If something was wrong you could count on Muriel to face it in an up front manner.

She never bore grudges. She and Muriel were great friends and her death has hit Betty hard. Betty added that Muriel loved her Church and church family.

Helen Dyson recalls Muriel's involvement in the Rite of Christian Initiation for Adults (RCIA) program over many years. RCIA is a group that meets to inform people seeking knowledge of the Catholic faith. It is run by lay clergy people for lay people. The helpers walk beside people becoming Roman Catholic, teaching them about faith and belief.

Muriel showed absolute commitment, always being there if she could. She showed an amazing love for the seekers and a capacity for understanding of where they were at. Muriel never wanted to be out front, but realised the need and concept for a team effort, standing behind the leaders.

Muriel was a great walker but also swam weekly with the Arthritis group.

The Central Gippsland Older Adult Network had Muriel as an enthusiastic member. She loved the day and longer trips they took. Daughter Chris quipped that her Mum was so busy she almost had to make an appointment to see her.

Muriel began to experience the symptoms of loss of balance and vision, dizziness, headaches and forgetfulness. A visit to Dr. Buras resulted in a CAT Scan which showed a brain tumour. Muriel was admitted to St. Vincent's Hospital on 1st April and had surgery on the 13th April.

The operation lasted about 6 hours but was a complete success. On 23rd April Muriel was discharged and went to stay with daughter Louise, before going to Chris' on the 30th. It was there that as a result of the lengthy surgery she developed a pulmonary embolus.

She was re-admitted to St. Vincent's Hospital on the 3rd May and died 3 days later on 6/5/05.

It was a shock for the family and friends who will miss this wonderful lady who has been so much a part of our community and contributed to it in so many valuable ways.

REST IN PEACE.

Expressions of Interest

Community Representation

Glendonald Park Advisory Committee

Latrobe City Council invites nominations for membership on the Glendonald Park Advisory Committee. The Committee's role is to oversee the ongoing management of Glendonald Park. The establishment of the Committee is part of Latrobe City's commitment to involving and empowering citizens in managing community resources.

Applicants will be expected to fulfill a three year term and attend meetings as required. Interested persons can obtain a nomination form by contacting Simon Clark, Recreation Development Officer by telephone 5128 5422 or by mail to Latrobe City Council, PO Box 264, Morwell, 3840.

Nominations close Friday 1 July 2005.



Paul Buckley
CHIEF EXECUTIVE OFFICER

SULTY'S
Fencing & Renovations



Steel Decorative Fencing

Timber Fencing

Colourbond Fencing

Decking

Pergolas

Retaining Walls

Renovations

No Job Too Big
No Job Too Small
Obligation Free Quotes
Contact Adam

0418 366 534 (03) 5122 3347 AH

*****The New Age Shop*****
13 WEST PLACE CHURCHILL

WINTER TRADING HOURS

MONDAY-FRIDAY 9.00-5.00

SATURDAY AND SUNDAY CLOSED

WORK STATIONS WITH INTERNET
AND WORD PROCESSING

PAINTINGS AND ART WORKS IN POTTERY AND GLASS
CREATIVE EMBROIDERIES
FRAGRANT OILS AND SOAPS, INCENSE
ASTROLOGY, CHAKRA AND TAROT WALL CHARTS
WINTER HATS
FAIRIES, GIFTS AND SECOND HAND BOOKS.

TELEPHONE 03 5122 3602

Health and Wellbeing

Asbestos and your health

ASBESTOSIS has been shown to cause a number of serious diseases. These include cancers, such as mesothelioma and lung cancer, and other non-malignant lung diseases such as asbestosis, pleural plaques and pleural thickening. Every year in Australia, hundreds die from asbestos-related disease. This material was in common use before the dangers to health were widely known. It cannot be used in any new products in Australia. Asbestos was a common building material.

Asbestos is the name given to a number of naturally occurring fibrous silicate minerals. It is strong and heat resistant, which is why it has been widely used in a range of products.

Asbestos has been used in roofing, asbestos cement sheets and pipes, clutch and brake linings, insulation, building materials, boilers, electrical fittings, gaskets, floor tiles, plastics, textiles and other products.

Exposure to airborne particles is the greatest risk

When the asbestos fibres become airborne, people working with asbestos may inhale particles, which remain in their lungs. Over time, these particles can cause disease. A person's chance of developing asbestos-related disease depends on how much asbestos they were exposed to and for how long.

The use of asbestos was probably at its highest in the mid to late 70s, but asbestos cement products like asbestos flues and water pipes were still being installed into the 1990s. Asbestos use in brake linings and pads and clutch plates has only recently been phased out. People who were involved in the following industries in the past were at greatest risk:

- Mining and manufacture of asbestos
- Shipbuilding
- Railway carriage construction
- Office and industrial building construction
- Power industries.
- Workers and families were at greatest risk



Workers involved in the mining, milling or manufacture of asbestos and in the construction, power and shipbuilding industries may have been exposed in the period before stringent controls were enforced.

Families of asbestos workers may also have been exposed to asbestos fibres brought home on workers' clothing.

Asbestos use in new products is now banned.

Since 31 December 2003, asbestos and all products containing asbestos have been banned Australia-wide. They cannot be imported, stored, supplied, sold, installed, used or re-used.

This ban does not extend to existing

use of asbestos-containing products such as vinyl floor tiles and asbestos cement (AC) roofing or sheeting. These products can be left in place until they need to be replaced.

The Occupational Health & Safety (Asbestos) Regulations also specify that only licensed asbestos removalists may remove fixed or installed asbestos-containing material (except in certain limited circumstances).

Transporting and disposal of asbestos

The transport and disposal of asbestos waste is controlled by the Environment Protection Authority, which stipulates the safe handling and disposal through specific licensing.

Asbestos and the building trades Today, workers in the building trades - such as plumbers, carpenters and electricians, especially those who are self-employed - could be exposed to asbestos. This will happen if they work on materials that contain asbestos in such a way that fibres are released into the air: for example, when using power tools.

Asbestos that is not disturbed and the fibres of which remain contained does not pose a risk for people using the building.

Asbestos in the home

Asbestos products are still commonly found in homes. They can be harmful only if the asbestos fibres are released into the air and breathed in. If building materials like asbestos cement sheeting (used for walls and roofs) are in good condition, the asbestos fibres are tightly bound and very few escape into the air. These materials are very unlikely to cause health problems. Even if the walls or roof are not in good condition, the number of fibres released is very small.

Asbestos fibres are most likely to be released if asbestos-containing material is disturbed: for example, during home renovations that involve drilling, cutting, sawing or breaking of the asbestos-containing material.

Ways to work safely with asbestos are outlined in Asbestos in the home - see related articles below.

Asbestos can cause serious illness

Asbestos fibres can cause health problems if they are breathed in. The body will remove most fibres that are breathed in, but some may get trapped in the lungs and cause disease many years later. Breathing in asbestos fibres can sometimes lead to:

- Asbestosis
- Lung cancer
- Pleural disorders
- Malignant mesothelioma.
- Asbestosis
- Asbestosis is not a cancer, it

is a chronic and progressive lung disease caused by inhaling asbestos fibres over a long period of time. It may take five to 20 years before symptoms develop. The accumulated, inhaled asbestos fibres produce scarring (fibrosis) of the lung. The lung develops a 'honeycomb' appearance. The scar tissue, or 'fibrosis', is hard and inflexible; this makes the lungs stiffen and stops them working properly, which is why it becomes difficult to breathe.

Asbestosis causes breathlessness, tightness in the chest, persistent coughing and the skin may have a bluish tinge from lack of oxygen. Getting enough oxygen from each breath needs a much greater effort. Asbestosis usually worsens over

time. It can lead to respiratory failure and death. There is no cure for this disease. Asbestosis can be diagnosed by x-ray (fibrosis looks cloudy in chest x-rays) or a lung function test.

People who smoke are more likely to get asbestosis than people who don't smoke. If you have been exposed to asbestos in the past, it is important to stop smoking to reduce your risk of getting asbestosis. If you stop smoking, you also reduce your risk of getting lung cancer.

Lung cancer

People exposed to large amounts of asbestos fibres over a long period of time have a significant risk of developing lung cancer. The risk is many times greater in people who also smoke. The tumour, if not treated early, spreads through the lung and eventually to other parts of the body. It is usually diagnosed when someone develops a persistent cough, weight loss and coughs up blood. It usually takes 10 to 20 years for lung cancer to develop after asbestos exposure.

Pleural disorders

The pleura is the tissue that lines the chest cavity and covers the surface of the lungs. Asbestos may produce thickened patches on the pleura (pleural plaques) or a widespread fibrosis of the pleura and pleural effusions (fluid in the chest cavity). These conditions will show up on chest x-rays but they are not cancerous. They may not cause symptoms but will reduce lung capacity as shown in lung function tests.

Malignant mesothelioma

This rare cancer affects the pleura, the outer covering of the lungs. It is strongly associated with past exposure to asbestos. The tumour begins in the pleura and spreads to the lung and chest wall. There is no cure currently available. It can take 30 to 40 years after exposure to asbestos to develop and diagnose. Australia has the highest national rate of reported mesothelioma in the world, presumably related to the large amount of asbestos used in the past. It is expected that there may be as many as 11,000 cases still to develop and be diagnosed.

Where to get help

Your local doctor - for concerns about health

Local council - for enquiries or complaints regarding the removal or disposal of asbestos in your neighbourhood

Department of Human Services (Environmental Health Unit) - for a copy of the booklet, Asbestos in the home. Tel. (03) 9637 4156 or <http://www.health.vic.gov.au/environment>

WorkSafe Victoria - for information about asbestos in the workplace and licensed asbestos removalists. Tel. (03) 9641 1555 or

<http://www.workcover.vic.gov.au>

Environment Protection Authority Victoria - for enquiries about correct disposal of asbestos-containing materials. Tel (03) 9695 2722

Things to remember

Asbestos exposure has been associated with serious lung disease.

See your doctor if you think you have been exposed to asbestos.

Smoking increases the risk of some asbestos-related diseases. If you stop smoking, it will help to protect your health

This article has been sourced by Hazelwood Health to provide up-to-date information on topical subjects.

Advocacy and Support

GIPPSLAND Asbestos Related Disease Support Group (GARDS) is non-profit, non-government, voluntary organisation dedicated to supporting the victims of asbestos and their families. GARDS also works to raise the level of asbestos awareness in the community, industry and at all levels of government.

GARDS Support

Provides support and information to sufferers, their families and carers. This includes home visits by GARDS volunteers, a telephone support service, and drop-in services at GARDS' office. GARDS Support also conducts meetings where guest presenters are invited to provide information about regional support services and other areas of interest and assistance. The meetings also provide a gathering place for experi-



ences. GARDS Support is open to anyone exposed to asbestos or suffering from asbestos disease.

GARDS Advocacy

This is the organisational, activities and advocating arm of GARDS Inc. GARDS Advocacy is focused on improving health support services and compensation arrangements to asbestos sufferers and their families, ensuring asbestos related issues are kept in the public eye and eventually, ridding our environment of asbestos.

To contact GARDS Phone: 03 51281218, Fax: 03 51261897 or email: info@gards.org or go to their website at <http://www.gards.org>



Mathison Park

THE small number of hard working development committee members and friends have started a clean up along the Eel Hole Creek path from the Kurnai College end. This is really improving the look of the path surrounds.

This maintenance work is required on an ongoing basis. We would like to invite you to help out if you have a spare ½ hr - 2 hrs during the week as well as at our regular last Saturday of the month working bees.

Contact Terry on 51221440 to find out what you can do. A committee member may be available to accompany and help you.

The Model Boat Clubs' platform has been repaired following the fire. Police are still interested in any information about the origins of that fire.

The new picnic tables have been installed. As time goes on more equipment will be placed for all to enjoy, if these are looked after.

Past Teachers, Students, Parents and Ancillary Staff of Churchill North Primary School

Are invited to share their recollections/photos of their time at Churchill North Primary School with Roz Carstairs.

Roz is compiling a short history of the school in time for its 30th Birthday in 2006.

Contact Roz:

PO Box 84, Boolarra 3870
or email rcarstairs@eftel.com
or phone during business hours
5169 6445.

Alternatively interested people may contact Churchill North Primary School Principal Mr Hilmar Batza on 5122 1976 during school hours or email the school on churchill.north.ps@edumail.vic.gov.au

CHILDREN'S CORNER

LIONS BIRTHDAY CLUB

*Proudly sponsored by the
Lions Club of Churchill & District Inc.*

Hi Kids,

If you are under 12 years old you can join the club. Ask your Mum, Dad, Guardian or Carer to ring the Editor of the CHURCHILL AND DISTRICT NEWS on 5122 2589 or write to

LIONS BIRTHDAY CLUB
PO BOX 110
CHURCHILL 3842



with your NAME, ADDRESS, PHONE NUMBER, BIRTHDATE, and whether BOY or GIRL

The lucky "Birthdayites" for May were
Riley Akers and Chelsea Kootstra

BIRTHDAYITES FOR JUNE 2005

Sarah COOK	11 years
Rachael CUSICK	5 years
Kate JOHNSON	12 years
Nathan LUGTON	11 years
Tenielle MAY	7 years
Rebecca McCORD	5 years
Christopher NICOL	11 years

The randomly chosen "BIRTHDAYITES" for June are
SARAH COOK and CHRISTOPHER NICOL

Congratulations, you have each won a \$15 voucher for Churchill Newsagency. We will contact you soon..

John Barker Publicity

Birthdayites!



**Chelsea Koostra (Left),
5 years on 22nd May**



**Riley Akers (Right),
7 years on 2nd May**

The May "Birthdayites" were all smiles as they were each presented with \$15 vouchers for Churchill Newsagency by John Barker from the Lions Club of Churchill & District.

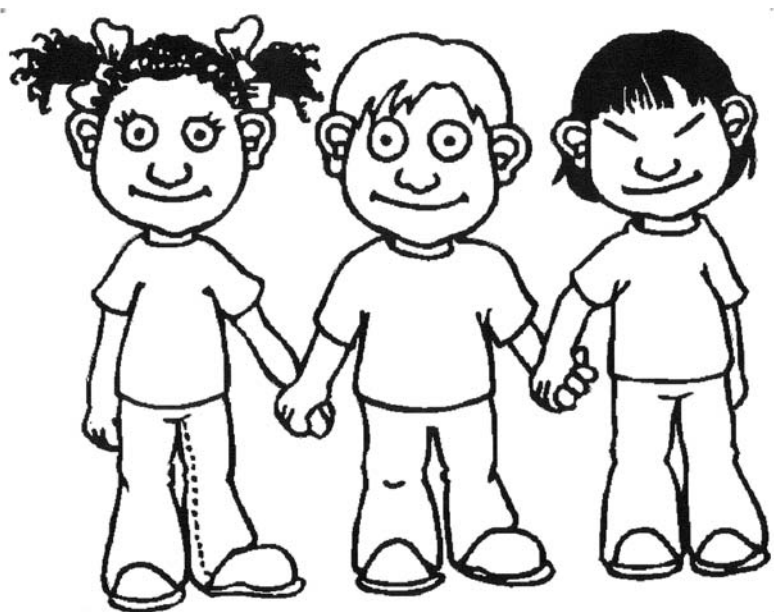
They were chosen at random from the May list.

This could have been you - make sure you join so you also have the chance to be a lucky "Birthdayite".

ELEPHANT

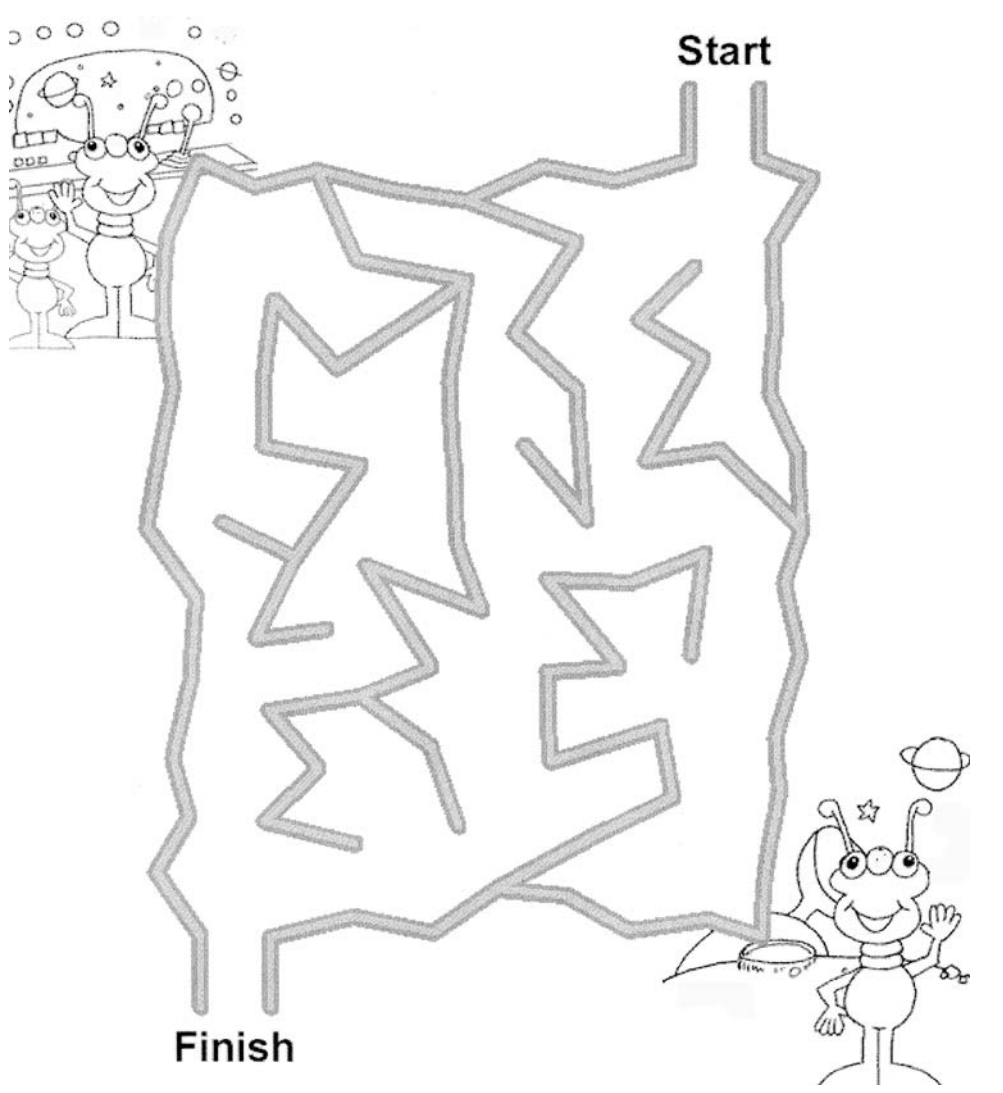
Use all the letters in the word ELEPHANT to make as many new words as you can. Each word must be 4 letters long. Try and find 10.

_____	_____
_____	_____
_____	_____
_____	_____



**A
Picture
To
Colour**

Find Your Way Through The Maze!



Churchill Fire Brigade MONEY FOR METAL OFFER

TO help your local fire brigade Smorgon Steel is organizing a steel scrap round up. Smorgon Steel will collect any scrap metal you have lying around your property, including old machinery, fencing, cars, trucks, pipes, tanks, posts and corrugated iron. Smorgon Steel Will Pay Via Two Options.

1. The money can be spent on Smorgon steel and cyclone products at rural stockists. As a bonus Smorgon Steel will increase the value of your scrap metal by 20%.

2. EFT/Cheque.

ALTERNATIVELY, you can choose to donate the total value to your nominated Volunteer Fire Brigade.

PLUS no matter which option you choose, Smorgon Steel will donate another \$15 per tonne to the brigade as well.

For more information you can call 1300 669 102 or visit scrap.org.au

PLEASE CONSIDER CLEANING UP, CASHING IN AND HELPING OUT!!

The Darren McLean Memorial.

All is now ready to go ahead with this dedication. It will take place on Saturday 18th June at 2:30pm and run for approximately half an hour. This will be followed by light refreshments served in the station. All are welcome to attend this significant event in our brigade's history as we remember a member who gave his life for his community.



Darren McLean

R.S.L. Says Thank You to Churchill For Its Support Of ANZAC Welfare Appeal

THE citizens of Churchill and district contributed \$1830 at the Churchill Supermarket selling point, to the R.S.L. Anzac Welfare Appeal.

This remarkably generous support is most appreciated, and the R.S.L. says "Thank you everybody and particularly to 'Churchill Foodworks' and 'Café le Mac for your kindness and help.

This year was the first time the new 'Brown Slouch hat with the side turned up' badge, was offered for \$5. They were in great demand. We sold out several times and had to hurriedly order more. Thank you again!

All of the Anzac Appeal proceeds are used for R.S.L. welfare needs and the following list is what is donated by Morwell R.S.L. to local organisations and charities back into the community.

Thanks also to those who use and support the R.S.L. Club.

Donations and Sponsorship for 2004 totalled \$28,500.

Organisations Included

Morwell Park Primary School

Hazelwood North Primary School

Commercial Road Primary School

Kurnai College

Lavalla College

Trafalgar High School
Latrobe Palliative care
Australian Cancer Research
Lifeline Gippsland
Army, Navy, and Airforce Cadet Units
Morwell Caledonian Pipe Band and Morwell Citizens Band

Leukaemia Foundation
Portsea Children's Camp
St. John's Ambulance
Rotary Club Morwell
Latrobe Valley Group of Legacy
Neighbourhood Watch
Moe City Rifle Club
Latrobe Valley Umpires Association
Mid Gippsland Football League
Gippsland Power
Morwell Golf Club
Churchill and Monash Golf Club
RSL Youth Club Junior Football.

We provide usage of the Clubrooms for Charitable organisations at no cost.

Fees waived = Approximately \$10,000.00 per annum.

RECIPE CORNER

Each month we will present simple, cheap, healthy recipes

HOMMUS

An easy to prepare healthy snack to serve with pre-dinner drinks, at BBQs, or when you have to "bring a plate". Much tastier than the brands bought at Supermarkets!

- 1 400gr. Can of chickpeas, drained.
- ½ cup Greek yoghurt
- 1 clove garlic, crushed
- 2 tablespoons tahini paste, (available at health food section of supermarket)
- 2 tablespoons lemon juice
- freshly ground black pepper



Place all ingredients in food processor and mix thoroughly till smooth. Serve in a bowl with crisp celery and carrot sticks and strips of capsicum or torn up Lebanese bread for dipping.

Ready! Set! Read for a Reason!

THE 2005 MS Readathon is now under way. In 2004, 60,000 young Australians helped raise valuable funds for the Multiple Sclerosis Society, funds that helped provide essential support services for people with MS and their families, and invest in research to find a cure.

You can pick up entry forms from any branch of the Latrobe City Library Service. Send off the form and you will receive a Starter's pack with all the information, reading records and forms that you will need to get you started. Reading rewards include glitter pens, stickers,



book bags, DVDs, and for the super fund raises a chance to win a laptop.

More information can be found at the MS Readathon site:

www.msreadathon.org.au

Old Time Family Dance
When: Friday 24 June
Where: Jeeralang North Hall
Time: 8pm - 11.30pm
Music: Harmony Plus
Cost: Admission \$5.00
Supper: Bring a plate to share
Sandwiches supplied by the Committee
The hall is available for hire, it has an excellent dancing floor, and is heated and is in a rural setting.
For more information ring Zelma Mildenhall on 5166 1264

Reminder - Firewood Permits Required This Winter

DEPARTMENT of Sustainability and Environment (DSE) staff would like to remind the public that it is mandatory to purchase a Firewood Permit prior to taking firewood from any State forest.

DSE Forest Rangers patrol the forests on a regular basis checking permits and penalties apply for anyone found removing firewood without authority.

Forest Officer Paul Speakman said that collecting firewood is not against the law if you obtain a permit and follow the guidelines.

"Having these controlled processes in place means the forest system is managed in a sustainable way for everyone's benefit," Mr Speakman said.

"DSE Forest Officers will be patrolling forests throughout the year and maintaining a diligent approach to firewood related offences."

Heavy penalties apply for offences under the Forest Act. Recent cases in the Bendigo Magistrates Court have resulted in convictions and fines ranging from \$200 to \$700 for people found collecting firewood from a State Forest without a

licence.

Firewood Permits cost between \$9.30 and \$14.00, depending on the type of wood and where it is collected. Concession rates are between \$5.10 and \$9.30.

Permits are available at all DSE/DPI offices and many retail outlets including general stores, milk bars and service stations around the region.

Each permit is issued with a map showing the areas from which timber can be collected and a list of conditions on the back of the map that must be adhered to.

The holder of a permit will nominate from the map at the time of purchase the area in which he or she intends to cut wood.

For further information contact your nearest DSE office or the Customer Service Centre on 136186, or visit DSE's Forests Service website www.dse.vic.gov.au/forestry - click on 'commercial activities', then 'forest products'.

Free Training
Community Regional Industry Skills Program 2005
'Pathway to Aged Care Training'

This funded training project provides the first step towards training and employment in Aged Care.

It includes training in accredited units from CHC20202 Certificate II in Community Services Work, Plus BSBCMN319A Apply Advanced First Aid.

The training takes place at RecruitNet's facility in Newborough over a period of 3 days per week for 7 weeks from 9.30am to 3.00pm.

It is expected that the program will commence on Monday 27 June 2005.

If you are interested in participating in this training please call:
 Margaret Dawson, RecruitNet Career Skills on 5128 1206.

Nationally Recognised Training
 State Government of Victoria
 Department for Victorian Communities

Sports

Churchill Monash Golf Club Golf Results



Sunday Men's Comp:
Stableford, 1.5.05 CCR68
G Britton (23) 40. DTL: J Sterrick 38, J Dickson 37. NTP: 3rd J Sterrick, 5th J Dickson, 14th D Taylor. Birdies: 3rd J Sterrick.

Sunday Ladies Comp:
Stableford 1.5.05 CCR 70
Winner: H Croft (28) 38. DTL: J Blizzard (35). NTP: 5th J Maher.
Tuesday Ladies Comp:
Medal/1st Round
Championships/S/Spoon, 3.5.05, CCR70

Scratch: Di Scurlock 87. A Grade and Medal: V Verheyen (28) 68. B Grade: V Rowley (35) 69. DTL: B. Beebe 70, C Gardam 70, M McDonald 72, Y Wotton 72, M McConville 73 C/B. NTP 12th J Busch, 5th J Blizzard, 14th L Jessop. Putts: V Rowley 28. Longest Drive: 0-32 Di Scurlock, 33-45 T O'Brien, S/Spoon - V Verheyen. Lost Handicap: V Verheyen 28-27.

Saturday Men's Comp: 1st Round Championship, 7.5.05
Scratch G Morrison 77. A Grade (0-18) G Morrison (9) 68. B Grade: (19-22) J Ambrosini (19) 70. C Grade (23-32) K Van Velt (29) 68.

DTL: V Monument 71, B Barnes 71, G Fraser 72, G Beyer 71, P Williams 71, D McCafferty 72. NTP: 3rd J Dickson, 5th P Ludlow, 12th R Sheahey, 14th C Johnson. Birdies: V Monument, T Johnson, R Sheahey, G Morrison.

Tuesday Ladies Comp: 2nd Round Championships, 10.5.05 CCR72

Scratch Y Wotton 95. A Grade: D Thomas (28) 69. B Grade: B

Beebe (35) 71. DTL: K Raber 72, C Gardam 72, C Ellis 73, S Cooke 73, K Hall Y Wotton 72. NTP: 3rd J Busch, 5th D Thomas, 12th D Mogford, 14th B Beebe. Birdies: D Thomas 5th.

Saturday Men's Comp: 2nd round Championships, 14.5.05 CCR 70

Scratch: G Morrison 80. A Grade (0-18) G Beyer 70 C/B. B Grade: (19-22) A Casey 72. C Grade: (23-32) P Fitzmaurice 69. DTL: T Sterrick 70, G Morrison 71, D Shields 71, P Williams 71, D McCafferty 72, G Frazer 72. NTP: 3rd C Waterman, 5th G Beyer, 12th P Fitzmaurice, 14th S Wotton. Birdies: S Wotton 14th.

Sunday Men's Comp:
Stableford, 15.5.05 CCR 68
B Croft (31) 34pts. DTL: T Sterrick (13) 33pts. NTP: 5th G Blizzard.

Sunday Ladies Comp:
Stableford, 15.5.05 CCR70
J Busch (27) 38pts. DTL: H Croft (38) 36pts. NTP: 3rd and 5th J Maher.

Tuesday Ladies Comp: 3rd Round Championships, 17.5.05 CCR73

Scratch: C Gardam 97. A Grade: (0-33) C Gardam (31) 66. B Grade: (34-45) H Croft (38) 76 C/B. DTL: C Ellis 76, B Beebe 76, D Thomas 76, K Raber 76. NTP: 3rd K Raber, 5th D Thomas, 12th M McConville, 14th C Ellis. Broken Handicap: C Gardam 31-28. Champions: Scratch: Di Scurlock 282, runner up: M McConville 291. A Grade: C Gardam 208nett. B Grade: B

Beebe 217nett.

Saturday Men's Comp:
Championships 3rd Round, 21.5.05
Scratch: G Morrison 241.
Handicap: D McCafferty 213. A grade: Scratch: G Morrison 241. A Grade: Handicap (0-19) D McCafferty 213. B Grade: Scratch: W Sutton 385. B Grade Handicap: (20-32) V Monument 219.

Saturday Men's Comp: Stroke - Championships, 21.5.05 CCR70
Scratch: W Peter 81. A Grade: (0-18) W Peter (16) 65. B Grade: (19-22) D Taylor (20) 70. C Grade: (23-32) s Wotton (23) 71. DTL: D McCafferty 69, G Beyer 73, W Sutton 73, V Monument 73, A Justice 74, J Dickson 74 C/B. NTP: 3rd G Blizzard, 12th D McCafferty, 14th R Sheahey. Birdies: D McCafferty 3rd and 12th.

Sunday Men's Comp:
Stableford, 22.5.05 CCR68
Winner: G Blizzard (24) 35pts. DTL: J Sterrick (29) 33pts. NTP: 3rd and 12th J Ambrosini.

Sunday Ladies Comp:
Stableford 22.5.05 CCR70
Winner: C Barnes (35) 32 Pts. DTL: J Blizzard (26) 29pts. NTP: J Maher 5th

Tuesday Ladies Comp:
Canadian, 24.5.05
Winners: M McConville (21), H Croft (38) 22 1/8 75 7/8. DTL: C Ellis (33), D Mogford (45) 29 2/8 78 6/8, C Gardam (28), B Beebe (35) 23 5/8 79 3/8. NTP: 5th J Blizzard, 14th M McConville, 12th J Leslie. Longest Drive: 33-45 T O'Brien, 0-32 M McConville.

CHURCHILL

ACCOUNTANT

TONY ANTONELLI

NTAA

National Tax Accountants

Income Tax Returns (Fee From Refund)

Financial Advice

GST Assistance

MYOB QUICKBOOKS QUICKEN

OR MANUAL

5122 2058

pba@vic.australis.com.au

STRUT RE-GAS

Tel: (03) 5166 1665 Mob: 0407 542 122

"The Strut Specialist"



- New Struts available including Stainless Steel
- Automotive applications: cars, 4wd, trucks, buses & tractors.
- Office/Medical Equipment: chairs, photocopiers etc.
- Boats, Trailers & Industrial uses.

Struts are not throw away items.

They can be RE-GASED!

Valley Trophy Centre



\$18
Gift
Boxed

Wayne & Annette Draper
60 George Street
Morwell, Victoria, 3840
Phone: (03) 5134 1493
Fax: (03) 5134 1334

PUT YOUR PHOTO ON A
CUP FOR
SOMEONE SPECIAL.

Email: vtrophy@bigpond.net.au
Web: lv.gippslander.com/valleytrophycentre

National Child Protection Week

CHURCHILL NEIGHBOURHOOD WATCH AREA
LTB 22

THE NEIGHBOURHOOD WATCH POLICE BANDS CONCERT

The Police Bands Concert is on again at 7.30 pm on Wednesday 15 June 2005 at Kernot Hall Morwell. Tickets are available from Peter McShane 51 221745 or e-mail petergmcshane@yahoo.com.au . Tickets will not be available at the door as they will be all sold before the night.

NATIONAL CHILD PROTECTION WEEK

The theme for National Child Protection Week (NCPW) 2005 (September 4 until September 11) is Child Friendly Communities Prevent Child Abuse and Neglect. This theme is based on NAPCAN repositioning itself. This new position states that the single most effective way to end child abuse and neglect is for communities to become truly child-friendly. This position arises from significant primary prevention research worldwide.

Putting an end to child abuse starts with a community that cares. Parents, families, friends, neighbourhoods, sports groups, workplaces, spiritual groups, organisations and businesses can all support children to grow up safer and happier.

NAPCAN believes that local communities can make the difference. Our vision is for every Australian community to be Child Friendly. A Child Friendly Community provides children with opportunities for

optimal growth and development: socially, emotionally, culturally and spiritually. This vision embodies a life for children, free from harmful or abusive behaviours, systems and services. Families, parents and carers are supported within their community and readily access help when experiencing difficulties. Most importantly, children are valued, respected and actively included in the community.

A community can be any group of people that are making a positive difference to the lives of children, parents and families in Australia.

NAPCAN would like to tell others about how you are helping to create a Child Friendly Community and in turn protect children, on our website, and in other NAPCAN promotions and activities such as National Child Protection Week

Please tell us how your community is making a difference.

To obtain a nomination form, please contact Maree Waterworth
NAPCAN Victoria
Ph: 54241182 / 0407 684 373

Email: napcanvic@bigpond.com

You are cordially invited to our next meeting at 7.30 p.m. on Thursday June 16, at the Neighbourhood House Room, Churchill Leisure Centre.

Area Manager Peter McShane 51221745, Email: petergmcshane@optusnet.com.au

Advertising Pays

The Churchill & District News
is Distributed Free to Every Household
in the Churchill and District Area Every Month.
We offer great rates on Advertising

Full Page	\$230.00
Half Page	\$175.00
4 Columns (19cm x 14.7cm)	\$105.00
3 Columns (11cm x 13cm)	\$70.00
3 Columns (11cm x 6.5cm)	\$40.00
2 Columns (7cm x 6.5cm)	\$29.00

All Prices Include 10% GST

To Place Your Ad Telephone Peter on
5122 2589 NOW



OUR HIGHLY TRAINED STAFF WITH 65 YEARS COMBINED SHOPFITTING/GLAZING EXPERIENCE

Guy



Debbie



Dianne



Joe



Scott



Sean



Alan



Graham

TRADING HOURS
Monday - Friday
7.30am - 5.00pm
Saturday
7.30am - 12.00pm

GUY & DEBBIE D'ALIA (OWNER OPERATORS)
543 Princes Drive, Morwell
Same Service Road as the Italian Australian Club (Next to Boltco)
PH: 5133 7000 FAX: 5133 8458
MOBILE: 0412 949 091 A/H: 5122 1377

AMAZING FACT!

Adolf Hitler's favourite movie was King Kong!

JOB OF THE MONTH



Pictured above are 5.5 meter bi-fold doors that we made and fitted to this home. They have made way for a huge outdoor entertaining area which the owners are delighted with.

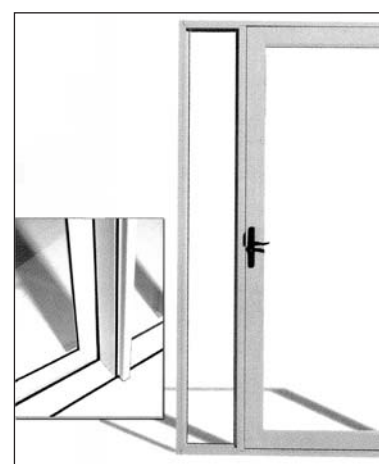
They are in the process of adding landscape gardens to the outdoor area. This will be a lovely space once they have completed it and we are sure they will spend many hours enjoying it.

GLASS ENTRY DOORS



Security, elegance and low maintenance are features of our aluminium entry door. The door can be coupled with full length side windows to allow for extra brightness.

Heavy duty hinges add to this outward opening door. And the wide profile sill is designed to accommodate fly screen doors or security doors.



CALL: 51 33 7000 FOR MORE INFORMATION



GUY'S Guarantee



"FAST GLASS REPLACEMENT"
WE GUARANTEE TO REPLACE YOUR GLASS WITHIN 24 HOURS, OR YOU WILL RECEIVE 50% OFF YOUR QUOTED PRICE!
(THIS OFFER APPLIES TO STANDARD SIZE HOUSE WINDOWS ONLY)

CUSTOMER COMMENTS!



Great work, prompt and polite!
I have no doubt I will be doing business with Guys Glass and Commercial Shopfitters again.

Maryanne Wiess

HANDYMAN HINTS

Loose Windows

Lower your electricity/gas bills and save your nerves from rattling windows. Putty is simple to install and well worth your investment.

DEB'S

NATURAL CLEANING TIPS

Cleaning Window Screens

A vacuum, without any attachments will quickly suck up the dirt and dust off them in seconds! You won't have to scrub them or even take them off the windows!!



NEXT MONTH Speciality Windows

JUST GIVE US 1% OF YOUR BUSINESS AND WE WILL EARN THE REST!

PERSPEX * ALUMINIUM WINDOWS & DOORS * HEATER GLASS * MIRRORS

INSURANCE WORK * SHOWER SCREENS * GLASS SPLASH / BACKS * GLASS